# COVERS AND THE CURVE COMPLEX 

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#### Abstract

The inclusion of curve complexes, induced by a covering map, is a quasi-isometric embedding.


## 1. Introduction

Suppose that $\Sigma$ is a compact connected orientable surface. A simple closed curve $\alpha \subset \Sigma$ is essential if $\alpha$ does not bound a disk in $\Sigma$. The curve $\alpha$ is non-peripheral if $\alpha$ does not bound a once-punctured disk in $\Sigma$.

Definition 1.1 (Harvey [2]). The complex of curves $\mathcal{C}(\Sigma)$ has isotopy classes of essential, non-peripheral curves as its vertices. A collection of $k+1$ vertices spans a $k$-simplex if every pair of vertices has disjoint representatives.

We are interested in the coarse geometry of $\mathcal{C}(\Sigma)$, since this is closely related to the geometry of both Teichmüller space and the study of Kleinian groups. It will be enough to study only the 1 -skeleton of $\mathcal{C}(\Sigma)$, for which we use the same notation. Giving all edges of $\mathcal{C}(\Sigma)$ length one, we denote the distance between vertices by $d_{\Sigma}(\cdot, \cdot)$.

As a bit of notation, if $A, B, c$ are non-negative real numbers, with $c \geq 1$, and if

$$
A \leq c B+c
$$

then we write $A \prec B$. If $A \prec B$ and $B \prec A$ then we write $A \asymp B$. The number $c$ is always some constant uniform over a family of $(A, B)$ pairs.

Let $\Sigma$ and $S$ be two compact connected orientable and let $p: \Sigma \rightarrow S$ be a covering map. This defines a relation between the corresponding complexes of curves. That is, $a \in \mathcal{C}(S)$ is related to $\alpha \in \mathcal{C}(\Sigma)$ if $p(\alpha)=a$. Abusing notation, we write this as $p^{*}: \mathcal{C}(S) \rightarrow \mathcal{C}(\Sigma)$. Our goal is:
Theorem 6.1. The relation $p^{*}: \mathcal{C}(S) \rightarrow \mathcal{C}(\Sigma)$ is a quasi-isometric embedding. That is, if $p(\alpha)=a$ and $p(\beta)=b$, for $\alpha, \beta \in \mathcal{C}(\Sigma)$ and

[^0]$a, b \in \mathcal{C}(S)$, then
$$
d_{\Sigma}(\alpha, \beta) \asymp d_{S}(a, b)
$$

Note that one of the inequalities, namely $d_{\Sigma}(\alpha, \beta) \leq d_{S}(a, b)$, follows immediately because disjoint curves in $S$ have disjoint lifts in $\Sigma$. The opposite inequality is harder to obtain and occupies the rest of the paper.

In a slightly different situation, where $\Sigma$ is the orientation double cover of a nonorientable $S$, Theorem 6.1 is due to Masur-Schleimer [5].

## 2. SUBSURFACE PROJECTION

Suppose that $\Sigma$ is a compact connected orientable surface. A subsurface $\Psi$ is cleanly embedded if all components of $\partial \Psi$ are essential and whenever $\gamma \subset \partial \Psi$ is istopic to $\delta \subset \partial \Sigma$ then $\gamma=\delta$. All subsurfaces we consider will be cleanly embedded.

We now recall the definition of the subsurface projection relation $\pi_{\Psi}: \mathcal{C}(\Sigma) \rightarrow \mathcal{C}(\Psi)$, supposing that $\Psi$ is not an annulus. Fix a hyperbolic metric on the interior of $\Sigma$. Let $\Sigma^{\prime}$ be the Gromov compactification of the cover of $\Sigma$ corresponding to the inclusion $\pi_{1}(\Psi) \rightarrow \pi_{1}(\Sigma)$. Thus $\Sigma^{\prime} \cong \Psi$ and we identify $\mathcal{C}\left(\Sigma^{\prime}\right)$ with $\mathcal{C}(\Psi)$. For any $\alpha \in \mathcal{C}(\Sigma)$ let $\alpha^{\prime}$ be the closure of the preimage of $\alpha$ in $\Sigma^{\prime}$. Let $\alpha^{\prime \prime}$ be any component of $\alpha^{\prime}$ which is not properly isotopic into the boundary. (If none exist then $\alpha$ is not related to any vertex of $\mathcal{C}(\Psi)$ and we write $\pi_{\Psi}(\alpha)=\emptyset$.) Let $N$ be a closed regular neighborhood of $\alpha^{\prime \prime} \cup \partial \Sigma^{\prime}$. Fix attention on $\alpha^{\prime \prime \prime}$, any boundary component of $N$ which is essential and non-peripheral. Then $\alpha \in \mathcal{C}(\Sigma)$ is related to $\alpha^{\prime \prime \prime} \in \mathcal{C}(\Psi)$ and we write $\pi_{\Psi}(\alpha)=\alpha^{\prime \prime \prime}$.

If $\Psi$ is an annulus, then the definition of $\mathcal{C}(\Psi)$ is altered. Vertices are proper isotopy classes of essential arcs in $\Psi$. Edges are placed between vertices with representatives having disjoint interiors. The projection map is defined as above, omitting the final steps involving the regular neighborhood $N$.

If $\Psi$ is a four-holed sphere or once-holed torus then the curve complex of $\Psi$ is the well-known Farey graph: since all curves intersect, edges are instead placed between curves that intersect exactly twice or exactly once. The definition of $\pi_{\Psi}$ is as in the non-annular case.

We say that $\alpha \in \mathcal{C}(\Sigma)$ cuts the subsurface $\Psi$ if $\pi_{\Psi}(\alpha) \neq \emptyset$. Otherwise we say that $\alpha$ misses $\Psi$. Suppose now that $\alpha, \beta \in \mathcal{C}(\Sigma)$ both cut $\Psi$. We define the projection distance to be

$$
d_{\Psi}(\alpha, \beta)=d_{\Psi}\left(\pi_{\Psi}(\alpha), \pi_{\Psi}(\beta)\right) .
$$

Here is the Bounded Geodesic Image Theorem:

Theorem 2.1 (Masur-Minsky [4]). Fix a surface $\Sigma$. There is a constant $\mathrm{B}=\mathrm{B}(\Sigma)$ so that for any vertices $\alpha, \beta \in \mathcal{C}(\Sigma)$, for any geodesic $\Gamma \subset \mathcal{C}(\Sigma)$ connecting $\alpha$ to $\beta$, and for any $\Omega \subsetneq \Sigma$, if $d_{\Omega}(\alpha, \beta) \geq \mathrm{B}$ then there is a vertex of $\Gamma$ which misses $\Omega$.

Fix $\alpha$ and $\beta$ in $\mathcal{C}(\Sigma)$. Fix threshholds $\mathrm{T}_{0}>0$ and $\mathrm{T}_{1}>0$. We say that

$$
\mathcal{J}=\mathcal{J}\left(\Sigma, \alpha, \beta, \mathbf{T}_{0}, \mathbf{T}_{1}\right)
$$

a set of subsurfaces $\Omega \subsetneq \Sigma$, is an antichain if $\mathcal{J}$ satisfies the following properties.

- If $\Omega, \Omega^{\prime} \in \mathcal{J}$ then $\Omega$ is not a subsurface of $\Omega^{\prime}$.
- If $\Omega \in \mathcal{J}$ then $d_{\Omega}(\alpha, \beta) \geq \mathrm{T}_{0}$.
- If $\Omega \in \mathcal{J}$ and $\Omega \subsetneq \Psi \subsetneq \bar{\Sigma}$, then $d_{\Psi}(\alpha, \beta) \leq \mathrm{T}_{1}$.

Notice that there may be many different antichains for the given data $\left(\Sigma, \alpha, \beta, \mathrm{T}_{0}, \mathrm{~T}_{1}\right)$. One particularly nice example is when $\mathrm{T}_{0}<\mathrm{T}_{1}$ and $\mathcal{J}$ is defined to be the maxima of the set

$$
\mathcal{B}=\left\{\Omega \subsetneq \Sigma \mid d_{\Omega}(\alpha, \beta) \geq \mathrm{T}_{0}\right\}
$$

as ordered by inclusion. We call this an antichain of maxima. By $|\mathcal{J}|$ we mean the number of elements of $\mathcal{J}$.

We may now state and prove our first result.
Theorem 2.2. For every surface $\Sigma$ and for every pair of sufficiently large threshholds $\mathrm{T}_{0}, \mathrm{~T}_{1}$ there is an accumulation constant $\mathrm{A}=\mathrm{A}\left(\Sigma, \mathrm{T}_{0}, \mathrm{~T}_{1}\right)$ so that, if $\mathcal{J}$ is an antichain then

$$
d_{\Sigma}(\alpha, \beta) \geq|\mathcal{J}| / \mathrm{A}
$$

Proof. We prove the theorem by induction: for the Farey graph it suffices for both threshholds to be larger than 3 and then $A=1$.

Let $C$ be a constant so that the following holds: If $\Omega \subset \Psi \subset \Sigma$ and $\alpha^{\prime}, \beta^{\prime}$ are the projections of $\alpha, \beta$ to $\Psi$ then

$$
\left|d_{\Omega}(\alpha, \beta)-d_{\Omega}\left(\alpha^{\prime}, \beta^{\prime}\right)\right| \leq C
$$

In the general case, we take the threshholds large enough so that:

- the theorem still applies to any strict subsurface $\Psi$ with thresholds $\mathrm{T}_{0}-C, \mathrm{~T}_{1}+C$, and
- $\mathrm{T}_{0} \geq \mathrm{B}(\Sigma)$; thus by Theorem 2.1 any surface in $\mathcal{J}$ is disjoint from some curve $\gamma$ of the geodesic in $\mathcal{C}(\Sigma)$ connecting $\alpha$ and $\beta$.
Now fix such a curve $\gamma$. Let $\Psi$ (and $\Psi^{\prime}$ ) be the component(s) of $\Sigma \backslash \gamma$.
Claim. Let $\mathrm{A}_{\Psi}=\mathrm{A}\left(\Psi, \mathrm{T}_{0}-C, \mathrm{~T}_{1}+C\right)$. The number of elements of $\mathcal{J}_{\Psi}=\{\Omega \in \mathcal{J} \mid \Omega \subsetneq \Psi\}$ is at most

$$
\mathrm{A}_{\Psi} \cdot\left(\mathrm{T}_{1}+C\right) .
$$

By the claim it will suffice to take $\mathrm{A}\left(\Sigma, \mathrm{T}_{0}, \mathrm{~T}_{1}\right)$ equal to

$$
\left(\mathrm{A}_{\Psi}+\mathrm{A}_{\Psi}^{\prime}\right)\left(\mathrm{T}_{1}+C\right)+3 .
$$

This is because any element of $\mathcal{J}$ which is disjoint from $\gamma$ is either a strict subsurface of $\Psi$ or $\Psi^{\prime}$, an annular neighborhood of $\gamma$, or $\Psi$ or $\Psi^{\prime}$ themselves. Since every surface in $\mathcal{J}$ is disjoint from some curve $\gamma$ of the geodesic connecting $\alpha$ and $\beta$, the theorem follows from the pigeonhole principle.

It remains to prove the claim. If $\Psi$ is a subsurface of an element of $\mathcal{J}$ there is nothing to prove. Likewise, if $\Psi$ contains no elements of $\mathcal{J}$ then there is nothing to prove.

Thus we may assume that

$$
\mathrm{T}_{1} \geq d_{\Psi}(\alpha, \beta)
$$

Let $\alpha^{\prime}$ and $\beta^{\prime}$ be the projections of $\alpha$ and $\beta$ to $\Psi$. From the definition of $C, \mathcal{J}_{\Psi}$ satisfies the conditions of the theorem with the data $\left(\Psi, \alpha^{\prime}, \beta^{\prime}, \mathrm{T}_{0}-C, \mathrm{~T}_{1}+C\right)$. Thus,

$$
\mathrm{T}_{1} \geq d_{\Psi}(\alpha, \beta) \geq d_{\Psi}\left(\alpha^{\prime}, \beta^{\prime}\right)-C \geq\left|\mathcal{J}_{\Psi}\right| / \mathrm{A}_{\Psi}-C
$$

and so

$$
\mathrm{T}_{1}+C \geq\left|\mathcal{J}_{\Psi}\right| / \mathrm{A}_{\Psi}
$$

## 3. TeichmüLLER SPACE

We also need several definitions involving $\mathcal{T}(\Sigma)$, the Teichmüller space of interior $(\Sigma)$. Suppose that $\alpha, \beta$ are vertices of $\mathcal{C}(\Sigma)$. Fix $\sigma, \tau$ points of $\mathcal{T}(\Sigma)$ so that $\alpha$ and $\beta$ have bounded length at $\sigma$ and $\tau$ respectively. Let $\Gamma:\left[t_{\sigma}, t_{\tau}\right] \rightarrow \mathcal{T}(S)$ be a geodesic connecting $\sigma$ to $\tau$. For any curve $\gamma$ let $l_{t}(\gamma)$ be the length of the geodesic representative of $\gamma$ in the surface $\Gamma_{t}$.

By the work of the first author, there are constants $\epsilon_{1} \geq \epsilon_{2}$, both smaller than the Margulis constant and depending only on $\Sigma$, so that for any subsurface $\Omega$ there is a (possibly empty) accessible interval $I_{\Omega} \subset$ domain $(\Gamma)$ with the following properties:

- For all $t \in I_{\Omega}$, every component $\gamma \subset \partial \Omega \backslash \partial \Sigma$ satisfies $l_{t}(\gamma) \leq \epsilon_{2}$.
- For all $t \notin I_{\Omega}$ there is a component $\gamma \subset \partial \Omega \backslash \partial \Sigma$ which satisfies $l_{t}(\gamma) \geq \epsilon_{1}$.
- If $\gamma$ is essential and non-peripheral in $\Omega$ then there is a $t \in I_{\Omega}$ so that $l_{t}(\gamma) \geq \epsilon_{1}$.
- Furthermore, there is a constant $\mathbf{D}$ depending only on $\Sigma$ so that if $d_{\Omega}(\alpha, \beta) \geq \mathrm{D}$ then $I_{\Omega}$ is non-empty.

We say that $\Gamma_{t}$ is $\epsilon$-thick if the shortest closed geodesic $\gamma$ in $\Gamma_{t}$ has length at least $\epsilon$.
Theorem 3.1. Fix $\Sigma$. For any $\epsilon>0$ there is a constant $\mathrm{D}>0$ so that for any $\alpha, \beta$ and $\Gamma:\left[t_{\sigma}, t_{\tau}\right] \rightarrow \mathcal{T}(S)$ as above, if $\Gamma_{t}$ is $\epsilon$-thick at every time $t$ then

$$
\mathrm{D}\left(t_{\tau}-t_{\sigma}\right)+\mathrm{D} \geq d_{\Sigma}(\alpha, \beta) \geq \frac{1}{\mathrm{D}}\left(t_{\tau}-t_{\sigma}\right)-\mathrm{D}
$$

In general $\Gamma$ may stray into the thin part of $\mathcal{T}(S)$. We take $\Gamma^{\geq \epsilon}$ to be the set of times in the domain of $\Gamma$ which are $\epsilon$-thick. Notice that $\Gamma^{\geq \epsilon}$ is a union of closed intervals. Let $\Gamma(\epsilon, L)$ be the union of intervals of $\Gamma^{\geq \epsilon}$ which have length at least $L$. We use $|\Gamma(\epsilon, L)|$ to denote the sum of the lengths of the components of $\Gamma(\epsilon, L)$.
Theorem 3.2.

$$
d_{\Sigma}(\alpha, \beta) \succ|\Gamma(\epsilon, L)| .
$$

Proof. Sketch: Pick an interval $[s, t] \in \Gamma(\epsilon, L)$. Let $\gamma_{s}, \gamma_{t}$ be a pair of bounded length curves in $\Gamma_{s}$ and $\Gamma_{t}$. Note that $d_{\Sigma}\left(\gamma_{s}, \gamma_{t}\right) \asymp t-s$, by Theorem 3.1. Also, by Masur-Minsky [3], the bounded length curves of $\Gamma_{t}$, as $t$ varies, forms a unparametrized quasi-geodesic in $\mathcal{C}(\Sigma)$. In particular, these curves do not backtrack. It follow that

$$
d_{\Sigma}(\alpha, \beta) \succ \sum_{[s, t] \in \Gamma(\epsilon, L)} t-s
$$

## 4. An estimate of distance

Theorem 4.1. For any surface $\Sigma, \exists \mathrm{T}_{0}>0 \forall \mathrm{~T} \geq \mathrm{T}_{0} \exists \epsilon_{0}>0 \forall \epsilon \in$ $\left(0, \epsilon_{0}\right] \exists L_{0}>0 \forall L \geq L_{0}$ so that for any $\alpha$, $\beta$, and Teichmüller geodesic $\Gamma$ as above we have

$$
d_{\Sigma}(\alpha, \beta) \asymp|\mathcal{J}|+|\Gamma(\epsilon, L)| .
$$

Here $\mathcal{J}$ is the antichain of maxima with both threshholds equal to T .
Proof. The inequality

$$
d_{\Sigma}(\alpha, \beta) \succ|\mathcal{J}|+|\Gamma(\epsilon, L)|
$$

follows Theorems 2.2 and 3.2. This completes the proof in one direction. It remains to show that

$$
d_{\Sigma}(\alpha, \beta) \prec|\mathcal{J}|+|\Gamma(\epsilon, L)| .
$$

Let $\mathcal{E}$ be the set of endpoints of all intervals in $\Gamma(\epsilon, L)$ and of all intervals $I_{\Omega}$ where $\Omega \in \mathcal{J}$. Write $\mathcal{E}=\left\{t_{0}, \ldots, t_{n}\right\}$, indexed so that $t_{i}<t_{i+1}$. Note that $|\mathcal{E}| \prec|\mathcal{J}|$.

Remark 4.2. To see this: we choose $\epsilon_{0}$ sufficently small so that if $l_{t}(\gamma) \leq \epsilon_{0}$ then there exists a subsurface $\Psi$ disjoint from $\gamma$ where $d_{\Psi}(\alpha, \beta) \geq \mathrm{T}_{0}$. This $\Psi$ is contained in some element $\Omega \in \mathcal{J}$. We then choose $L_{0}$ large enough so that any $\Omega \in \mathcal{J}$ is so associated to at most two endpoints of intervals in $\Gamma(\epsilon, L)$.

Let $\gamma_{i}$ be a curve of bounded length in $\Gamma_{t_{i}}$.

## Claim 4.3.

$$
d_{\Sigma}\left(\gamma_{i}, \gamma_{i+1}\right) \asymp \begin{cases}t_{i+1}-t_{i}, & \text { if }\left[t_{i}, t_{i+1}\right] \subset I \in \Gamma(\epsilon, L) \\ 1, & \text { otherwise }\end{cases}
$$

Proof of Claim. Sketch: The first case follows from Theorem 3.1. So suppose that the interior of $I=\left[t_{i}, t_{i+1}\right]$ is disjoint from the interior of $\Gamma(\epsilon, L)$. If $I$ is contained in an interval $I_{\Omega}$, for $\Omega \in \mathcal{J}$ then $d_{\Sigma}\left(\gamma_{i}, \gamma_{i+1}\right) \leq$ 2 and we are done. So suppose that $I$ is also disjoint from the interior of all $I_{\Omega}, \Omega \in \mathcal{J}$.

Then $I$ is a union of intervals

$$
I_{1} \cup I_{\Psi_{1}} \cup \ldots \cup I_{\Psi_{n-1}} \cup I_{n}
$$

where the $I_{k}$ lie in the $\epsilon$-thick part of $\mathcal{T}(\Sigma)$ and the $I_{\Psi_{k}}$ are accessible intervals for the subsurface $\Psi_{k}$. These intervals may overlap (and some of the $I_{k}$ may be empty) but they do cover $I$. This is essentially due to Remark 4.2. Let $\delta_{k}$ be a boundary component of $\Psi_{k}$.

By assumption $\Psi_{k} \notin \mathcal{J}$ for all $k$. Since $\mathcal{J}$ is an antichain of maxima, every $\Psi_{k}$ is a subsurface of some $\Omega_{k} \in \mathcal{J}$. Let $k$ be the last index so that $\sup I_{\Omega_{k}} \leq t_{i}$. Since $\pi_{\Sigma}(\Gamma)$ does not backtrack, it follows that $\gamma_{i}$ lies close to the geodesic (in $\mathcal{C}(\Sigma)$ ) between $\partial \Omega_{k}$ and $\delta_{k}$. But these are disjoint and we conclude that $d_{\Sigma}\left(\gamma_{i}, \delta_{k}\right)=O(1)$. Now, the same reasoning applies to $\delta_{k+1}$, a boundary component of $\Psi_{k+1}$, except this time we find that $\inf I_{\Omega_{k+1}} \geq t_{i+1}$. Thus $d_{\Sigma}\left(\delta_{k+1}, \gamma_{i+1}\right)=O(1)$.

Finally, either $I_{\Psi_{k}}$ and $I_{\Psi_{k}}$ overlap, and so $d_{\Sigma}\left(\delta_{k}, \delta_{k+1}\right)=1$, or the two intervals are separated by $I_{k+1}$ lying in the $\epsilon$-thick part of $\mathcal{T}(\Sigma)$. However, we have assumed that $I_{k}$ does not lie in $\Gamma(\epsilon, L)$ and so $\left|I_{k}\right| \leq$ $L$. Thus $d_{\Sigma}\left(\delta_{k}, \delta_{k+1}\right)=O(1)$ by Theorem 3.1. This completes the proof of the claim.

It follows that

$$
\begin{aligned}
d_{\Sigma}(\alpha, \beta) & \leq d_{\Sigma}\left(\gamma_{0}, \gamma_{1}\right)+\ldots+d_{\Sigma}\left(\gamma_{n-1}, \gamma_{n}\right) \\
& \prec 2 n+|\Gamma(\epsilon, L)| \\
& \prec|\mathcal{J}|+|\Gamma(\epsilon, L)|
\end{aligned}
$$

This completes the proof of Theorem 4.1.

## 5. Symmetric curves and surfaces

Definition 5.1. A curve $\alpha \subset \Sigma$ is symmetric if there is a curve $a \subset S$ so that $p(\alpha)=a$. We make the same definition for a subsurface $\Omega \subset \Sigma$ lying over a subsurface $Z \subset S$.

For the rest of the paper, fix symmetric curves $\alpha$ and $\beta$. Let $x, y \in$ $\mathcal{T}(S)$ be points in the Teichmüller space of $S$ such that $a$ has bounded length in $x$ and $b$ is bounded in $y$. Let $\sigma$ and $\tau$ be the lifts of $x$ and $y$ respectively. Let $G$ be the Teichmüller geodesic connecting $x$ to $y$ and $\Gamma$ be the lift.
Theorem 5.2. There is a constant $K$ such that, for any subsurface $\Omega \subset \Sigma$, if $d_{\Omega}(\alpha, \beta) \geq K$, then $\Omega$ is symmetric.

Proof. Consider the interval $I=I_{\Omega}$ given above. Since the boundary of $\Omega$ is short, so is its image $p(\partial \Omega)$ in $S$ during the corresponding interval. Therefore, all components of the image are simple. (This is a version of the "Collar Lemma". See Theorem 4.2.2 of [1].) It follows that the boundary of $\Omega$ is symmetric. Curves in $p^{-1}(p(\Omega))$ can not intersect $\Omega$, because of the third property of $I_{\Omega}$. Thus, the subsurface $\Omega$ is symmetric.

## 6. The quasi-ISometric embedding

We are now equipped to prove:
Theorem 6.1. The relation $p^{*}: \mathcal{C}(S) \rightarrow \mathcal{C}(\Sigma)$ is a quasi-isometric embedding. That is, if $p(\alpha)=a$ and $p(\beta)=b$, for $\alpha, \beta \in \mathcal{C}(\Sigma)$ and $a, b \in \mathcal{C}(S)$, then

$$
d_{\Sigma}(\alpha, \beta) \asymp d_{S}(a, b)
$$

Proof. Here is a rough sketch.
Suppose that $D$ is the degree of the covering. $d_{S}(a, b)$ is less than $|\mathcal{J}|+|G(\epsilon, L)|$ where $\mathcal{J}$ is the antichain of maxima with a large enough threshhold. Let $\mathcal{J}^{\prime}$ be the set of components of covers of elements of $\mathcal{J}$. (So $\mathcal{J}^{\prime}$ is at most $D$ times larger that $\mathcal{J}$.) The projection distance of an element $\Omega \in \mathcal{J}^{\prime}$ may be smaller than that of the surface, $Z$, which $\Omega$ covers, but applying the theorem inductively to $Z$ there is a
multiplicative bound on how much the projection distance drops. So, we may take the lower and upper threshholds for $\mathcal{J}$ to be at least this multiplicative constant times the lower bound for all threshholds for $\Sigma$. Taking the upper and lower threshholds of $\mathcal{J}^{\prime}$ to be equal, we find that $\mathcal{J}^{\prime}$ is an antichain for $\Sigma$ and so $d_{\Sigma}(\alpha, \beta) \succ\left|\mathcal{J}^{\prime}\right|$.

Notive that $\Gamma_{t}$ is at least as thick as $G_{t}$. It follows that $|\Gamma(\epsilon, L)| \geq$ $|G(\epsilon, L)|$. Applying the theorems above completes the proof.

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