# Effective bilipschitz bounds on drilling and filling 

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We prove explicit bilipschitz bounds on the change in metric between the thick part of a cusped hyperbolic 3 -manifold $N$ and the thick part of any of its long Dehn fillings. Given a bilipschitz constant $J>1$ and a thickness constant $\epsilon>0$, we quantify how long a Dehn filling suffices to guarantee a $J$-bilipschitz map on $\epsilon$-thick parts. A similar theorem without quantitative control was previously proved by Brock and Bromberg, applying Hodgson and Kerckhoff's theory of cone deformations. We achieve quantitative control by bounding the analytic quantities that control the infinitesimal change in metric during the cone deformation.
Our quantitative results have two immediate applications. First, we relate the Margulis number of $N$ to the Margulis numbers of its Dehn fillings. In particular, we give a lower bound on the systole of any closed 3-manifold $M$ whose Margulis number is less than 0.29 . Combined with Shalen's upper bound on the volume of such a manifold, this gives a procedure to compute the finite list of 3-manifolds whose Margulis numbers are below 0.29 .
Our second application is to the cosmetic surgery conjecture. Given the systole of a one-cusped hyperbolic manifold $N$, we produce an explicit upper bound on the length of a slope involved in a cosmetic surgery on $N$. This reduces the cosmetic surgery conjecture on $N$ to an explicit finite search.

30F40, 57K10, 57K32

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## 1 Introduction

Dehn filling is the process of changing a compact 3 -manifold by attaching solid tori to some number of its torus boundary components. For each boundary torus $T$, the choice of filling is determined by a slope, that is, an isotopy class of simple closed curve on $T$ that will bound a disk in the attached solid torus. In the 1960s, Wallace and Lickorish showed that any closed, orientable 3-manifold is obtained by Dehn filling a link complement in $S^{3}$ [59; 41]. This established Dehn filling as an important technique in the study of 3-manifold topology.

Thurston pioneered the geometric study of Dehn surgery. When a compact 3-manifold with torus boundary has interior admitting a complete hyperbolic structure, the noncompact ends become cusps with torus cross-sections. The boundary torus of a cusp neighborhood inherits a Euclidean metric, and each slope inherits a Euclidean length. Thurston showed that complete hyperbolic structure on the interior of a manifold with torus boundary components can always be deformed to incomplete hyperbolic structures [58]. The space of such structures is called hyperbolic Dehn surgery space. The completions of such deformed structures are often not manifolds, but sometimes they are diffeomorphic to Dehn fillings of the original. When this happens, the completion is called a hyperbolic Dehn filling. Thurston also showed that, as the Euclidean lengths of Dehn filling slopes approach infinity, the corresponding hyperbolic Dehn fillings approach the original manifold in the Gromov-Hausdorff topology. It follows that hyperbolic Dehn filling is an important technique in the study of 3-manifold geometry. We are particularly interested in uniform and effective geometric estimates for Dehn filling. Here, uniform means that constants appearing in the estimates are independent of the underlying 3-manifold, while effective means that these constants are explicitly given. Many uniform estimates controlling fine-scale geometry under Dehn filling have previously been developed; see Brock and Bromberg [11], Bromberg [14] and Hodgson
and Kerckhoff [32]. These estimates have played an important role in proving theorems about spaces of Kleinian groups in Brock and Bromberg [11; 12], Bromberg [15] and Magid [42]; see Section 1.1 for more details. However, apart from theorems establishing the existence of hyperbolic structures of Agol [2], Hodgson and Kerckhoff [32] and Lackenby [40] and bounding volume of Futer, Kalfagianni and Purcell [22] and Hodgson and Kerckhoff [33], the previous results have not been effective. Explicit estimates are needed to apply Dehn filling techniques to the study of individual manifolds. In particular, where a computer algorithm depends on some theoretical bound in order to know when to stop searching, only an explicit bound can make the algorithm implementable. Such explicit bounds on fine-scale geometry are provided here for the first time.

The difference between effective and ineffective results can be illustrated as follows. Thurston's Dehn surgery theorem [58], which says that all but finitely many surgeries on a hyperbolic manifold yield closed hyperbolic manifolds, is powerful but not effective or uniform. It does not say which slopes one needs to exclude, or even how the number of excluded slopes depends on the manifold. By contrast, the 6 -theorem proved by Agol [2] and Lackenby [40] in 2000, which says that all surgeries of length greater than 6 yield hyperbolic manifolds, is more powerful precisely because it is effective. (The conclusion that the filled manifold is hyperbolic depends on Perelman's proof of the geometrization conjecture, which occurred several years later.) In many applications, the 6theorem is used to break a problem into cases: hyperbolic geometry handles the "generic" scenario, while ad hoc methods handle the small, concrete list of exceptions. Our results have a similar effect, enabling computer-assisted proofs for all fillings of a manifold.

We present two applications. First, for any hyperbolic knot complement $S^{3}-K$, we prove an effective upper bound on the length of a cosmetic surgery on $K$. This means that, if two different Dehn fillings on $K$ yield the same closed 3-manifold, the pair of fillings must come from an explicit finite list. See Corollary 1.10 in Section 1.5 for a precise statement. Thus, a finite computer check establishes that knots up to 16 crossings have no cosmetic surgeries (Corollary 1.11). Second, Theorems 9.25 and 9.29 , stated in Section 1.4, provide explicit control on the Margulis numbers of closed hyperbolic 3-manifolds.

### 1.1 Prior work on cone deformations

In 2002, just before the resolution of the geometrization conjecture, Hodgson and Kerckhoff proved the first effective, uniform version of Thurston's Dehn surgery theorem [32]. They showed that, for all but 60 choices of slope $s$ on a one-cusped
hyperbolic manifold $N$, the filled manifold $N(s)$ is also hyperbolic. The slopes excluded by their theorem are the ones that have shortest normalized length; see Definition 1.3. Their method was to obtain a hyperbolic metric on $N(s)$ at the end of a one-parameter family of singular metrics, with cone singularities of angle $0 \leq \alpha \leq 2 \pi$ along the core of the Dehn filling solid torus. (See Section 2 for a careful definition of cone manifolds and related notions.) When the cone angle starts at 0 , the core is not present, and one obtains the complete hyperbolic metric on the cusped manifold $N$. When the cone angle becomes $2 \pi$, the singular solid torus becomes nonsingular, and one has a complete hyperbolic metric on $N(s)$. Thus, one has succeeded in performing hyperbolic Dehn filling.

The technique of deformation through cone structures, initiated by Hodgson and Kerckhoff [30], has been highly useful. In addition to proving uniform bounds on Dehn filling, Hodgson and Kerckhoff also gave bounds on volume change under Dehn filling, on the lengths of core geodesics [32], and on the shape of hyperbolic Dehn surgery space [33]. Purcell extended their techniques to give bounds on the change of cusp shape under cone deformation, applying the result to the geometry of knots in $S^{3}$ [52; 51]. Bromberg applied their methods to study deformations that run from cone angle $2 \pi$ to 0 , a process called drilling. Bromberg also extended their results from finite-volume to infinite-volume manifolds, and gave bounds on the change in length of a short, nonsingular geodesic [14]. We remark that the above-mentioned results bounding the change in length of a closed geodesic [14; 32] are uniform (independent of manifold) but not effective. We prove and apply effective versions of these results; see Corollaries 6.13 and 7.20 , which are also stated later in the introduction.

The application of cone deformations most relevant to this paper is the bilipschitz drilling theorem of Brock and Bromberg [11]. Building on Hodgson and Kerckhoff's methods, Brock and Bromberg obtained uniform bilipschitz bounds relating the hyperbolic metrics at the two ends of the deformation. In the following theorem, $\mu_{3}$ is the 3-dimensional Margulis constant. See Definition 1.4 for a review of the thick-thin decomposition and Definition 2.7 for a review of rank-one and rank-two cusps. The hypothesis that $M$ is geometrically finite means that the convex core of $M$ has finite volume. In particular, finite-volume manifolds are geometrically finite and have no rank-one cusps.

Theorem 1.1 (Drilling theorem [11]) Fix $0<\epsilon \leq \mu_{3}$ and $J>1$. Then there is a number $\ell_{0}=\ell_{0}(\epsilon, J)>0$ such that the following holds for every geometrically finite hyperbolic 3-manifold $M$ without rank-one cusps. Suppose that $\Sigma \subset M$ is a link
composed of closed geodesics, whose total length is less than $\ell_{0}$. Then the inclusion

$$
\iota:(M-\Sigma) \hookrightarrow M
$$

restricts to a $J$-bilipschitz diffeomorphism on the complement of $\epsilon$-thin tubes about $\Sigma$.
Theorem 1.1 has several important applications. Using earlier work of Bromberg [15], Brock and Bromberg used this result to prove the Bers-Sullivan-Thurston density conjecture for freely indecomposable Kleinian groups without parabolics [11]. (The proof of the full density conjecture relies upon the ending lamination theorem, as in Ohshika [50] and Namazi and Souto [46].) In further applications, Bromberg [16] and Magid [42] used the drilling theorem to show that deformation spaces of Kleinian surface groups are not locally connected. Purcell and Souto used the drilling theorem to show that a large class of hyperbolic manifolds occurs as geometric limits of knot complements in $S^{3}$ [53]. Cooper, Futer and Purcell used it to show that there are knots in $S^{3}$ with long, geodesic unknotting tunnels [18]. For each of these applications, it was important that the length cutoff $\ell_{0}$ is independent of the manifold $M$.

However, the drilling theorem also has limitations. In particular, the constants are not effective: the dependence of the length cutoff $\ell_{0}(\epsilon, J)$ on the thickness constant $\epsilon$ and the bilipschitz constant $J$ is not quantified. This means that, while Theorem 1.1 can be used in geometric limit arguments as in the previous paragraph, it is less suitable for studying individual manifolds. This is because it is never clear whether a given $M$ satisfies the hypotheses. Furthermore, the ineffective form cannot be used in algorithms.

### 1.2 Effective bilipschitz bounds

One of the most important results of this paper is Theorem 9.30, which effectivizes Theorem 1.1. In the following corollary, $M^{\geq \epsilon}$ denotes the $\epsilon$-thick part of $M$, that is, all points of injectivity radius at least $\frac{1}{2} \epsilon$. See Definition 2.14 for full details.

Theorem 1.2 Fix $0<\epsilon \leq \log 3$ and $J>1$. Let $M$ be a finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$ whose total length $\ell$ satisfies

$$
\ell \leq \min \left\{\frac{\epsilon^{5}}{6771 \cosh ^{5}(0.6 \epsilon+0.1475)}, \frac{\epsilon^{5 / 2} \log (J)}{11.35}\right\}
$$

Then, setting $N=M-\Sigma$ and equipping it with its complete hyperbolic metric, there are natural $J$-bilipschitz inclusions

$$
\varphi: M^{\geq \epsilon} \hookrightarrow N^{\geq \epsilon / 1.2}, \quad \psi: N^{\geq \epsilon} \hookrightarrow M^{\geq \epsilon / 1.2} .
$$

Here $M^{\geq \epsilon}$ and $N^{\geq \epsilon}$ are the $\epsilon$-thick parts of $M$ and $N$, respectively. The compositions $\varphi \circ \psi$ and $\psi \circ \varphi$ are the identity wherever both maps are defined. Furthermore, $\varphi$ and $\psi$ are equivariant with respect to the symmetry group of the pair $(M, \Sigma)$.

Comparing the statements of Theorems 1.1 and 1.2 reveals several differences. Most notably, Theorem 1.2 is stronger, in that it gives looser hypotheses on $\epsilon$ as well as quantified hypotheses on $\ell=\operatorname{len}(\Sigma)$ that ensure a $J$-bilipschitz map. However, Theorem 1.2 is slightly weaker in two respects. First, it assumes that $M$ has finite volume. This assumption is convenient for our line of argument, but is not crucial: using algebraic and geometric limits, we have extended Theorem 1.2 to all hyperbolic 3-manifolds with finitely generated fundamental groups [25]. Second, Theorem 1.2 provides bilipschitz control on a smaller submanifold of $M$. While Theorem 1.1 excludes the $\epsilon$-thin tubes about $\Sigma$, Theorem 1.2 excludes all the $\epsilon$-thin regions of $M$, including all cusps as well as $\epsilon$-thin tubes about geodesics that are not involved in the cone deformation.

While we do not know how to extend Theorem 1.2 into the $\epsilon$-thin regions of $M$, we do have quantitative control over the change in complex length of a sufficiently short geodesic. Consider a closed geodesic $\gamma \subset M$, which corresponds to a loxodromic isometry $\varphi=\varphi(\gamma) \in$ Isom $^{+} \mathbb{H}^{3}$. This loxodromic isometry $\varphi$ has an invariant axis in $\mathbb{H}^{3}$, which it translates by distance $\lambda$ and rotates by angle $\tau$. We define the complex length of $\gamma$ to be $\mathcal{L}(\gamma)=\lambda+i \tau$. The tubular neighborhood of $\gamma$ of some radius $r$ is determined up to isometry by $r$ and $\mathcal{L}(\gamma)$; compare Definition 2.3. Thus, controlling the change in complex length is the first step to controlling the geometry of an entire tube about $\gamma$.

We prove the following effective version of a result of Bromberg [14, Proposition 4.3]:
Corollary 7.20 Let $M$ be a complete, finite-volume hyperbolic 3-manifold. Let $\Sigma \cup \gamma$ be a geodesic link in $M$, where $\gamma$ is connected. Let $\mathcal{L}_{M}(\gamma)=\operatorname{len}_{M}(\gamma)+$ $i \tau_{M}(\gamma)$ be the complex length of $\gamma$ in the complete metric on $M$, and suppose that $\max \left(\operatorname{len}_{M}(\Sigma), \operatorname{len}_{M}(\gamma)\right) \leq 0.0735$. Then $\gamma$ is also a geodesic in the complete metric on $N=M-\Sigma$, of complex length $\mathcal{L}_{N}(\gamma)$. Furthermore,

$$
1.9793^{-1} \leq \frac{\operatorname{len}_{N}(\gamma)}{\operatorname{len}_{M}(\gamma)} \leq 1.9793 \quad \text { and } \quad\left|\tau_{N}(\gamma)-\tau_{M}(\gamma)\right| \leq 0.05417
$$

When either $\Sigma$ or $\gamma$ is much shorter than 0.0735 , the quantitative control over $\mathcal{L}(\gamma)$ improves dramatically. See Theorem 7.19 for the exact statement. We note that

Corollary 7.20 also has an extension to all hyperbolic 3-manifolds with finitely generated fundamental groups [25].

### 1.3 How to prove bilipschitz bounds

Next, we outline some top-level steps in the proofs of Theorem 1.2 and Corollary 7.20. We begin by showing the existence of a one-parameter family of cone manifolds interpolating between the complete hyperbolic metric on $M$ and the complete hyperbolic metric on $N=M-\Sigma$.

Theorem 5.1 Let $M$ be a finite-volume hyperbolic 3-manifold. Suppose that $\Sigma=$ $\sigma_{1} \cup \cdots \cup \sigma_{n}$ is a geodesic link in $M$, whose components have lengths satisfying

$$
\ell_{j}=\operatorname{len}_{M}\left(\sigma_{j}\right) \leq 0.0996 \quad \text { and } \quad \ell=\sum_{j=1}^{n} \ell_{j} \leq 0.15601
$$

Then the hyperbolic structure on $M$ can be deformed to a complete hyperbolic structure on $M-\Sigma$ by decreasing the cone angle $\alpha_{j}$ along $\sigma_{j}$ from $2 \pi$ to 0 . The cone angles on all components of $\Sigma$ change in unison.

Theorem 5.1 is due to Hodgson and Kerckhoff [32, Corollary 6.3] in the special case where $\Sigma$ is connected. We extend the result to a link $\Sigma$ with an arbitrary number of components. The cone manifolds along the deformation are denoted by $M_{t}$, where $t \in\left[0,(2 \pi)^{2}\right]$. Every component of $\Sigma$ in $M_{t}$ has cone angle $\alpha=\sqrt{t}$. Thus, $t=0$ corresponds to the complete metric on $N=M-\Sigma$, while $t=(2 \pi)^{2}$ corresponds to the complete metric on $M$.

In fact, we show more: when $\ell=\operatorname{len}_{M}(\Sigma)$ is small, every cone manifold $M_{t}$ has a large embedded tube about $\Sigma$. See Theorem 5.14 for the full statement. In the work of Hodgson and Kerckhoff [32;33], the radius of this tube is the key ingredient in a number of analytic estimates that control the change in geometry. We work out effective versions of these estimates in Section 6.

These analytic estimates allow us to prove Theorem 8.3, which provides bilipschitz control on submanifolds of $M$ that stay thick throughout the deformation. In the following corollary of Theorem 8.3, the submanifold $M_{t}^{\geq \delta}$ is the $\delta$-thick part of the cone manifold $M_{t}$ in its singular metric $g_{t}$. See Definitions 1.4 and 2.14.

Corollary 8.16 Fix $0<\delta \leq 0.938$ and $J>1$. Let $M$ be a complete, finite-volume hyperbolic 3-manifold. Let $\Sigma \subset M$ be a geodesic link whose total length $\ell$ satisfies

$$
\ell \leq \min \left\{\frac{\delta^{2}}{17.11}, \frac{\delta^{5 / 2} \log (J)}{7.193}\right\}
$$

Let $W \subset M$ be any submanifold such that $W \subset M_{t}^{\geq \delta}$ for all $t$. Then, for all $a, b \in$ $\left[0,(2 \pi)^{2}\right]$, the identity map id: $\left(W, g_{a}\right) \rightarrow\left(W, g_{b}\right)$ is $J$-bilipschitz.

We also prove a version of Corollary 8.16 whose hypotheses are on the cusped manifold $N=M-\Sigma$ instead of the filled manifold $M$. Stating this version requires a definition.

Definition 1.3 Let $N$ be a hyperbolic 3-manifold with rank-two cusps $C_{1}, \ldots, C_{n}$. Choose a slope $s_{j}$ for each cusp torus $\partial C_{j}$. The normalized length of $s_{j}$ is

$$
L_{j}=L\left(s_{j}\right)=\frac{\operatorname{len}\left(s_{j}\right)}{\sqrt{\operatorname{area}\left(\partial C_{j}\right)}}
$$

where len $\left(s_{j}\right)$ is the length of a geodesic representative of $s_{j}$ on $\partial C_{j}$.
Let $\boldsymbol{s}=\left(s_{1}, \ldots, s_{n}\right)$ be the vector of all the slopes. We define the total normalized length $L=L(s)$ via the formula

$$
\frac{1}{L^{2}}=\sum_{j=1}^{n} \frac{1}{L_{j}^{2}}
$$

Observe that each normalized length $L_{j}$ is scale-invariant, and hence does not depend on the choice of horospherical neighborhood of a cusp $C_{j}$.

Hodgson and Kerckhoff [33] proved that if $s$ is a vector of slopes in $N$ whose total normalized length is $L(s) \geq 7.5832$, then there is a family of cone manifolds $M_{t}$ interpolating from the complete metric on $N=M_{0}$ to the complete metric on $N\left(s_{1}, \ldots, s_{n}\right)=M_{(2 \pi)^{2}}$. See Theorem 5.17.

Neumann and Zagier [47, Proposition 4.3] showed that (asymptotically, for very long fillings) the normalized length of a slope $s_{j} \subset N$ closely predicts the length of the corresponding core curve in the filled manifold $N\left(s_{1}, \ldots, s_{n}\right)$. Using the work of Hodgson and Kerckhoff [32;33] and Magid [42], we make this relationship completely quantitative.

Corollary 6.13 Suppose that $M$ is a complete, finite-volume hyperbolic 3-manifold and $\Sigma \subset M$ is a geodesic link such that one of the following hypotheses holds:
(1) In the complete structure on $N=M-\Sigma$, the total normalized length of the meridians of $\Sigma$ is $L \geq 7.823$.
(2) In the complete structure on $M$, each component of $\Sigma$ has length at most 0.0996 and the total length of $\Sigma$ is $\ell \leq 0.1396$.

Then

$$
\frac{2 \pi}{L^{2}+16.17}<\ell<\frac{2 \pi}{L^{2}-28.78} .
$$

Using an estimate closely related to Corollary 6.13, we can prove an analogue of Corollary 8.16 with hypotheses on the cusped manifold $N=M-\Sigma$.

Corollary 8.17 Fix $0<\delta \leq 0.938$ and $J>1$. Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in M. Suppose that, in the complete structure on $N=M-\Sigma$, the total normalized length $L$ of the meridians of $\Sigma$ satisfies

$$
L^{2} \geq \max \left\{\frac{107.6}{\delta^{2}}+14.41, \frac{45.20}{\delta^{5 / 2} \log (J)}+14.41\right\}
$$

Let $W \subset M$ be any submanifold such that $W \subset M_{t}^{\geq \delta}$ for all $t$. Then, for all $a, b \in$ $\left[0,(2 \pi)^{2}\right]$, the identity map id: $\left(W, g_{a}\right) \rightarrow\left(W, g_{b}\right)$ is $J$-bilipschitz.

Now, to derive Theorem 1.2 from Corollary 8.16, we need a way to ensure (using only hypotheses on $M$ or only hypotheses on $N=M-\Sigma$ ) that a given submanifold $W$ remains in the thick part of a cone manifold throughout a cone deformation. We do so via the following result:

Theorem 9.15 Fix $0<\epsilon \leq \log 3$ and $1<J \leq e^{1 / 5}$. Let $M$ be a complete, finitevolume hyperbolic 3-manifold and $\Sigma \subset M$ a geodesic link. Suppose that $\ell=\operatorname{len}(\Sigma)$ satisfies

$$
\ell \leq \frac{\epsilon^{5} \log J}{496.1 J^{5} \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.1475\right)}
$$

Then, for every $a, t \in\left[0,(2 \pi)^{2}\right]$, the manifolds $M_{a}$ and $M_{t}$ in the deformation from $M-\Sigma$ to $M$ satisfy

$$
M_{a}^{\geq \epsilon} \subset M_{t}^{>\epsilon / J}
$$

The proof of Theorem 9.15 combines our previous work [24] with a close analogue of Corollary 8.16 (which provides stronger estimates under stronger hypotheses) to control the injectivity radius at a point $x \in M_{t}$ for a subinterval of time. Then it uses
a delicate crawling argument (a continuous analogue of induction) to show that this subinterval must be the entire time interval $\left[0,(2 \pi)^{2}\right]$.
Setting $J_{0}=1.2<e^{1 / 5}$ in Theorem 9.15, we learn that, under appropriate hypotheses on $\ell$, the containment $M^{\geq \epsilon} \subset M_{t}^{\geq \epsilon / 1.2}$ holds for all $t$. Thus, on the submanifold $W=M^{\geq \epsilon}$, Corollary 8.16 gives bilipschitz control for all $t$. This proves Theorem 1.2.

A similar crawling argument, using the analytic estimates of Section 6, also proves Corollary 7.20. See also Corollary 7.24 for a very similar statement with hypotheses on $N=M-\Sigma$ rather than $M$.

### 1.4 Application to Margulis numbers

Brock and Bromberg's Theorem 1.1 requires the thickness constant $\epsilon$ to be less than the Margulis constant $\mu_{3}$, whose value is currently unknown. (See Theorem 1.5 for the current state of knowledge.) By contrast, Theorem 1.2 makes no hypotheses regarding the Margulis constant. In fact, information flows in the opposite direction: we are able to use Corollary 8.16 and Theorem 9.15 to control the topology of the thin parts of the cone manifolds $M_{t}$ occurring during the deformation. This provides a strong application to Margulis numbers of (complete, nonsingular) hyperbolic manifolds.

Definition 1.4 Let $M$ be a hyperbolic 3-manifold. The $\epsilon$-thin part of $M$ is $M^{<\epsilon}$, which consists of all points of $M$ lying on essential loops of length less than $\epsilon$. We say that $\epsilon>0$ is a Margulis number for $M$ if every component of $M^{<\epsilon}$ is isometric to either a horocusp or an equidistant tube about a closed geodesic.

Note that if $\epsilon$ is a Margulis number for $M$, then so is every $\delta<\epsilon$, although $M^{<\delta}$ may have fewer components than $M^{<\epsilon}$. The optimal Margulis number of $M$ is

$$
\mu(M)=\sup \{\epsilon: \epsilon \text { is a Margulis number for } M\} .
$$

The (3-dimensional) Margulis constant is

$$
\mu_{3}=\inf \{\mu(M): M \text { is a hyperbolic 3-manifold }\}
$$

Margulis proved that $\mu_{3}>0$, but the exact value is unknown. The following theorem summarizes current knowledge about Margulis numbers and the Margulis constant:

Theorem 1.5 Suppose that $M$ is a nonsingular hyperbolic 3-manifold.
(1) $\mu(M) \geq 0.104$ for every $M$, and hence $\mu_{3} \geq 0.104$.
(2) $\mu\left(M_{W}\right) \leq 0.776$ for the Weeks manifold $M_{W}$, and hence $\mu_{3} \leq 0.776$.
(3) $\mu(M) \geq \log 3=1.098 \ldots$ for every $M$ that has infinite volume and for every $M$ such that $\operatorname{dim} H_{1}(M, \mathbb{Q}) \geq 3$.
(4) $\mu(M) \geq 0.292$ for every $M$ such that $\operatorname{dim} H_{1}(M, \mathbb{Q}) \geq 1$. This includes all nonclosed hyperbolic 3-manifolds.
(5) $\mu(M) \geq 0.29$ for every $M$ with $\operatorname{vol}(M) \geq 52.78$.
(6) $\mu(M) \geq 0.29$ for all but finitely many hyperbolic 3-manifolds $M$.

Proof by references Conclusion (1) is a theorem of Meyerhoff [43, Section 9]. Conclusion (2) is the result of a computation by Yarmola (personal communication).

Conclusion (3) is a consequence of the "log 3 theorem" of Culler and Shalen [19, Theorem 9.1], combined with the tameness and density theorems for Kleinian groups of Agol [4], Calegari and Gabai [17], Namazi and Souto [46] and Ohshika [49]. See Shalen [56, Proposition 3.12] for the derivation.

Conclusion (4) is a theorem of Culler and Shalen [20]. Conclusion (5) is a special case of a theorem of Shalen [56, Theorem 7.1], substituting $\lambda=0.29$. Finally, (6) is a theorem of Shalen [55], proved using (4) and an algebraic limit argument.

Observe that Theorem 1.5(6) is an ineffective statement: the algebraic limit argument does not give any way to find the finite list of manifolds with $\mu(M)<0.29$. On the other hand, combining Theorem 1.5(5) with our results gives the following effective theorem. In this theorem, $\operatorname{sys}(M)$ denotes the systole of $M$, namely the length of the shortest closed geodesic in $M$.

Theorem 9.29 Let $M$ be a nonsingular hyperbolic 3-manifold.
(1) If $\mu(M) \leq 0.2408$, then $M$ is closed and $\operatorname{vol}(M) \leq 36.12$. Furthermore, $\operatorname{sys}(M) \geq 2.93 \times 10^{-7}$.
(2) If $\mu(M) \leq 0.29$, then $M$ is closed and $\operatorname{vol}(M) \leq 52.78$. Furthermore, $\operatorname{sys}(M) \geq$ $2.73 \times 10^{-8}$.
(3) If $\mu(M) \leq 0.9536$, then $M$ has finite volume and $k \in\{0,1,2\}$ cusps. The $3-k$ shortest geodesics in $M$ have total length at least $5.561 \times 10^{-5}$.

We emphasize that parts (1) and (2) of the above statement are completely effective, because there exist algorithms to produce the finite list of manifolds with volume
bounded above and systole bounded below by the given numbers. See Kobayashi and Rieck [39] for the details.

The proof of Theorem 9.29 uses many of the ingredients that were mentioned above. We will prove the contrapositive. For example, in the second case, suppose $M$ contains a geodesic $\sigma$ whose length is $\ell<2.73 \times 10^{-8}$. Then there is a cone deformation between $M$ and $N=M-\sigma$. Theorem 9.15 says that, for every $t$, the thin part $M_{t}^{<0.29}$ must be contained in the thin part $N^{<0.292}$, which is a union of tubes and cusps by Theorem 1.5(4). Then a somewhat delicate argument using immersed tubes (see Theorem 9.1) shows that $M_{t}^{<0.29}$ is also a union of tubes and cusps. In particular, $\mu(M) \geq 0.29$.

By a similar argument, we can show that long Dehn fillings of a cusped 3-manifold $N$ have Margulis numbers similar to those of $N$.

Theorem 9.25 Fix $0<\epsilon \leq \log 3$ and $1<J \leq e^{1 / 5}$. Let $N$ be a cusped hyperbolic 3-manifold such that $\epsilon$ is a Margulis number of N. Let $\boldsymbol{s}$ be a tuple of slopes on cusps of $N$ whose normalized length $L=L(s)$ satisfies

$$
L(s)^{2} \geq \frac{2 \pi \cdot 496.1 J^{5} \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.1475\right)}{\epsilon^{5} \log J}+11.7
$$

Then $\delta=\min \{\epsilon / J, 0.962\}$ is a Margulis number for $M=N(s)$.

### 1.5 Application to cosmetic surgeries

The next application of our results is topological: we control cosmetic surgeries on 3-manifolds.

Definition 1.6 Let $N$ be a compact oriented 3-manifold whose boundary is a single torus. Let $s_{1}$ and $s_{2}$ be distinct slopes on $\partial N$. We call $\left(s_{1}, s_{2}\right)$ a cosmetic surgery pair if there is a homeomorphism $\varphi: N\left(s_{1}\right) \rightarrow N\left(s_{2}\right)$. The pair is called chirally cosmetic if $\varphi$ is orientation-reversing and is called purely cosmetic if $\varphi$ is orientation-preserving.

There are many examples of chirally cosmetic surgeries where $N$ is Seifert fibered. See Bleiler, Hodgson and Weeks [6] for a survey and Ni and Wu [48] for more examples. There is also one known example of a chirally cosmetic surgery pair where $N$ and $N\left(s_{i}\right)$ are hyperbolic, discovered by Ichihara and Jong [35]. By contrast, no purely cosmetic surgeries are known apart from the case where $N$ is a solid torus. This has led Gordon [28] to propose:

Conjecture 1.7 (cosmetic surgery conjecture) Let $N$ be a compact, oriented 3manifold such that $\partial N$ is an incompressible torus. If $s_{1}$ and $s_{2}$ are a purely cosmetic pair of slopes on $\partial N$, then $s_{1}=s_{2}$.

A well-known classical argument, recorded by Bleiler, Hodgson and Weeks [6], implies that Conjecture 1.7 holds for long fillings on a hyperbolic manifold.

Theorem 1.8 (Bleiler, Hodgson and Weeks [6]) Let $N$ be a one-cusped hyperbolic 3-manifold. Then there is a number $E>0$ such that Conjecture 1.7 holds for all pairs of slopes longer than $E$.

This useful but ineffective result is a fairly direct application of Thurston's Dehn surgery theorem and Mostow rigidity. By contrast, we prove the following effective result:

Theorem 7.30 Let $N$ be a one-cusped hyperbolic 3-manifold. Suppose that $s_{1}$ and $s_{2}$ are distinct slopes such that the normalized length of each $s_{i}$ satisfies

$$
L\left(s_{i}\right) \geq \max \left\{10.1, \sqrt{\frac{2 \pi}{\operatorname{sys}(N)}+58}\right\}
$$

Then $\left(s_{1}, s_{2}\right)$ cannot be a purely cosmetic pair. If $\left(s_{1}, s_{2}\right)$ is a chirally cosmetic pair, then there is a homeomorphism of $N$ sending $s_{1}$ to $s_{2}$. In particular, Conjecture 1.7 holds if $\operatorname{sys}(N) \geq 0.1428$ and $L\left(s_{i}\right) \geq 10.1$ for $i=1,2$.

In fact, Theorem 7.30 is a special case of a theorem that also holds for tuples of slopes. Our result addresses the following generalization of Conjecture 1.7:

Conjecture 1.9 (hyperbolic cosmetic surgery conjecture) Let $N$ be a finite-volume hyperbolic 3-manifold with one or more cusps. Let $\boldsymbol{s}_{1}$ and $\boldsymbol{s}_{2}$ be tuples of slopes on the cusps of $N$. If there is an orientation-preserving homeomorphism $\varphi: N\left(\boldsymbol{s}_{1}\right) \rightarrow N\left(\boldsymbol{s}_{2}\right)$ and this manifold is hyperbolic, then $\varphi$ restricts (after an isotopy) to a homeomorphism $N \rightarrow N$ sending $\boldsymbol{s}_{1}$ to $\boldsymbol{s}_{2}$.

Compare Kirby [38, Problem 1.81(B)] and Jeon [37, Section 1.1 and Theorem 1.6] for related statements. The above-mentioned result of Ichihara and Jong [35] shows that restricting to purely cosmetic surgeries is necessary, even when $N$ has a single cusp.

We prove Conjecture 1.9 for sufficiently long tuples of slopes, where "long" is explicitly quantified. For these long tuples of slopes, the only purely or chirally cosmetic surgeries come from symmetries of $N$ itself.

Theorem 7.29 Let $N$ be a hyperbolic 3-manifold with cusps. Suppose that $\boldsymbol{s}_{1}$ and $\boldsymbol{s}_{2}$ are distinct tuples of slopes on the cusps of $N$ whose normalized lengths satisfy

$$
L\left(s_{i}\right) \geq \max \left\{10.1, \sqrt{\frac{2 \pi}{\operatorname{sys}(N)}+58}\right\} .
$$

Then any homeomorphism $\varphi: N\left(\boldsymbol{s}_{1}\right) \rightarrow N\left(\boldsymbol{s}_{2}\right)$ restricts (after an isotopy) to a selfhomeomorphism of $N$ sending $\boldsymbol{s}_{1}$ to $\boldsymbol{s}_{2}$.

Given any lower bound on the systole of $N$, Theorems 7.29 and 7.30 provide an effective estimate on the normalized length after which the cosmetic surgery conjecture holds. However, even if $N$ has just one cusp, there could hypothetically be infinitely many purely cosmetic pairs, where $s_{1}$ is short but $s_{2}$ is arbitrarily long. This possibility is ruled out in Theorem 1.13 below. Before setting up that result, we treat the special case where $N$ is the complement of a knot in $S^{3}$. The following result follows by combining Theorem 7.30 with the work of Ni and Wu [48]:

Corollary 1.10 Let $K \subset S^{3}$ be a hyperbolic knot. Let $\mu$ and $\lambda$ be the meridian and longitude of $K$. Suppose that $s$ and $s^{\prime}$ are a purely cosmetic pair on the cusp of $S^{3}-K$. Then, after possibly swapping $s$ and $s^{\prime}$, the following holds:

$$
\begin{equation*}
L(s)<\max \left\{10.1, \sqrt{\frac{2 \pi}{\operatorname{sys}\left(S^{3}-K\right)}+58}\right\} . \tag{1}
\end{equation*}
$$

(2) If $s=p \mu+q \lambda$, then $s^{\prime}=p \mu-q \lambda$, and furthermore $p$ divides $q^{2}+1$.

Proof Conclusion (1) is a restatement of Theorem 7.30. Meanwhile, conclusion (2) is part of the statement of [48, Theorem 1.2].

To verify Conjecture 1.7 for a given manifold $N=S^{3}-K$, it suffices to check the finitely many pairs $(s,-s)$ where $L(s)$ satisfies (1). This is a practical computational task; see our [23]. In practice, the vast majority of knot complements enumerated by Hoste, Thistlethwaite and Weeks [34] have systole greater than 0.15 , which means that the normalized length cutoff in the corollary is 10.1. By work of Agol [2, Lemma 8.2], there are at most 104 slopes on $\partial N$ of normalized length less than 10.1. Among those short slopes, there are typically at most eight slopes that have the form $s=p \mu+q \lambda$ where $p$ divides $q^{2}+1$. Thus, checking the cosmetic surgery conjecture for a typical knot $K$ amounts to distinguishing eight or fewer pairs of closed manifolds. We ran a computer program to show the following:

Corollary 1.11 The cosmetic surgery Conjecture 1.7 holds for all prime knots with at most 16 crossings.

Contemporaneously with our work, Hanselman has obtained an independent proof of Corollary 1.11 in [29]. To do this, he proved a finiteness theorem in the same spirit as Corollary 1.10 , constraining the slopes to check to a short (and frequently empty) list that depends on the knot genus $g(K)$ and the thickness of the knot Floer homology of $K$. For knots up to 16 crossings, his criterion only requires checking slopes $\pm 1$ and $\pm 2$ for 337 knots.

Very recently, Detcherry discovered a criterion on the Jones polynomial at the fifth root of unity that severely constrains the slopes involved in cosmetic surgeries [21]. By combining his criterion with Hanselman's results, he verified Conjecture 1.7 for knots up to 17 crossings.

Sketch proof of Corollary $\mathbf{1 . 1 1}$ For each of the 1701935 prime knots with at most 16 crossings, we begin by computing the (symmetrized) Alexander polynomial $\Delta_{K}(t)$ and its second derivative. By a theorem of Boyer and Lines [9, Proposition 5.1], any knot $K$ such that $\Delta_{K}^{\prime \prime}(1) \neq 0$ has no purely cosmetic surgery. This criterion eliminates 1513776 knots, roughly $89 \%$ of the total.

For the remaining knots, we compute the Jones polynomial $V_{K}(t)$ and its third derivative. By a theorem of Ichihara and Wu [36, Theorem 1.1], any knot $K$ such that $V_{K}^{\prime \prime \prime}(1) \neq 0$ has no purely cosmetic surgery. This criterion eliminates another 152740 knots, roughly $9 \%$ of the total.

The remaining 35419 knots are all hyperbolic. For each knot $K$ on the remaining list, we compute $\operatorname{sys}(N)=\operatorname{sys}\left(S^{3}-K\right)$ and calculate the list of short slopes satisfying the conclusion of Corollary 1.10 . For each short slope $s$, we compute the hyperbolic structures on $N(s)$ and $N(-s)$ using SnapPy and compare the verified volume and verified Chern-Simons invariants. In each case, these invariants distinguish the pair. Code will be included with [23].

Returning to the setting of a general one-cusped hyperbolic manifold, we describe a practical finiteness theorem that can be used to verify whether $N$ has any cosmetic surgeries at all. We need the following definition:

Definition 1.12 Let $N$ be a one-cusped hyperbolic 3-manifold. Define the finite set of slopes

$$
\mathcal{S}_{1}(N)=\left\{s \left\lvert\, L(s)<\max \left(10.1, \sqrt{\frac{2 \pi}{\operatorname{sys}(N)}+58}\right)\right.\right\} .
$$

Next, define

$$
V(N)=\max \left\{\operatorname{vol}(N(s)) \mid s \in \mathcal{S}_{1}(N)\right\}
$$

Here, we employ the convention that the volume of any nonhyperbolic manifold is 0 , and hence will not realize the maximum. Using the theorem of Gromov and Thurston [58, Theorem 6.5.6] that $V(N)<\operatorname{vol}(N)$, define the finite set of slopes

$$
\mathcal{S}_{2}(N)=\left\{s \left\lvert\, \operatorname{len}(s) \leq 2 \pi\left(1-\left(\frac{V(N)}{\operatorname{vol}(N)}\right)^{2 / 3}\right)^{-1 / 2}\right.\right\} .
$$

Here, len $(s)$ is ordinary Euclidean length on the boundary of the maximal cusp in $N$.
Theorem 1.13 Let $N$ be a one-cusped hyperbolic 3-manifold. Then each of Conjectures 1.7 and 1.9 holds for $N$ if and only if it holds for all pairs of slopes in the finite set $\mathcal{S}_{1}(N) \times \mathcal{S}_{2}(N)$.

Proof The "only if" direction is obvious. For the "if" direction, suppose that ( $s_{1}, s_{2}$ ) are a (purely or chirally) cosmetic pair for $N$. Assume, without loss of generality, that $L\left(s_{1}\right) \leq L\left(s_{2}\right)$. Then Theorem 7.30 implies $s_{1} \in \mathcal{S}_{1}(N)$. With $V(N)$ as above, Futer, Kalfagianni and Purcell [22, Theorem 1.1] proved that, if some Dehn filling $N(s)$ satisfies $\operatorname{vol}(N(s)) \leq V(N)$, then $s \in \mathcal{S}_{2}(N)$. Thus, any potential counterexample to Conjectures 1.7 or 1.9 must lie in $\mathcal{S}_{1}(N) \times \mathcal{S}_{2}(N)$.

For manifolds with reasonable systole, the set $\mathcal{S}_{1}(N) \times \mathcal{S}_{2}(N)$ is practical to compute using SnapPy, and not too large in size. In forthcoming work [23], we use Theorem 1.13 to verify Conjecture 1.7 for all one-cusped manifolds in the SnapPy census. We also use the work of Detcherry [21] and Hanselman [29] to verify the conjecture for all knots up to 19 crossings.

## Organization

In Section 2, we review background on cone manifolds and their properties. Section 3 reviews a number of results on tubes in cone manifolds, as well as distances between nested tubes; many of these results were proved in [24]. In Section 4, we control the areas of embedded multitubes, analogous to similar results in [32;33], which will ensure that cone deformations exist. We also prove Theorem 4.26, which controls the injectivity radius on the tube boundary and may be of independent interest.

The above results are combined in Section 5 to produce cone deformations that maintain a large embedded tube about the singular locus $\Sigma$. The technical Section 6 presents
results (phrased as bounds on so-called boundary terms) that will be needed in future sections to control the change in geometry during the cone deformation.

Section 7 contains the first pair of our main results, Theorems 7.19 and 7.21 , which bound the change in length of short geodesics under cone deformation. At the end of Section 7, we apply these results to the cosmetic surgery conjecture, proving Theorems 7.29 and 7.30.

Section 8 proves Theorem 8.3, which provides effective bilipschitz bounds on submanifolds of $M$ that stay thick throughout the cone deformation.

Section 9 contains results related to the thick-thin decomposition and Margulis numbers. A main result, Theorem 9.15 , ensures that submanifolds of $M$ stay thick throughout the deformation. This result is applied to show Theorem 9.29 about Margulis numbers, as well as Theorem 9.30, which provides bilipschitz bounds without any hypotheses on cone manifolds.

Finally, there is a short appendix, on hyperbolic trigonometry, which we use throughout the paper.

## Acknowledgements

As should be clear, this paper owes an enormous debt to the ideas of Jeff Brock, Ken Bromberg, Craig Hodgson and Steve Kerckhoff. We thank all four of them for sharing their insights and explaining many technical points.

We thank Steve Boyer, Jonathan Hanselman, Kazuhiro Ichihara, Tye Lidman, Tim Morris and Matthew Stover for many enlightening suggestions regarding cosmetic surgeries. We thank Marc Culler, David Gabai, Peter Shalen and Andrew Yarmola for helpful input about Margulis numbers. Finally, we thank the intrepid referee for carefully reading the paper and making a number of suggestions that improved our exposition.

During this project, Futer was supported by the NSF and the Simons Foundation. Purcell was supported by the NSF and the ARC. Schleimer was supported by EPSRC. All three authors were able to gather in a common location on a few occasions, thanks to support from MSRI and the Institute for Advanced Study, as well as support from NSF grants DMS-1107452, 1107263 and 1107367, RNMS: geometric structures and representation varieties (the GEAR Network).

## 2 Cone manifold basics

In this section we set up notation and definitions about cone manifolds, geodesics and injectivity radii.

Definition 2.1 Let $\sigma \subset \mathbb{H}^{3}$ be a bi-infinite geodesic. Let $\widehat{H}^{3}$ denote the metric completion of the universal cover of $\left(\mathbb{H}^{3}-\sigma\right)$. Let $\hat{\sigma}$ be the set of points added in the completion.
The space $\hat{\mathbb{H}}^{3}$ can be regarded as an infinite cyclic branched cover of $\mathbb{H}^{3}$, branched over $\sigma$. The branch set $\widehat{\sigma} \subset \widehat{\mathbb{H}}^{3}$ is a singular geodesic of cone angle $\infty$.
There is a natural action of $\mathbb{C}$ (thought of as an additive group) on $\widehat{\mathbb{H}}^{3}$, where $z=$ $\zeta+i \theta \in \mathbb{C}$ translates $\hat{\sigma}$ by distance $\zeta$ and rotates by angle $\theta$. Since $\hat{\sigma}$ has cone angle $\infty$, angles of rotation are indeed real-valued. Conversely, every isometry $\varphi$ of $\widehat{\mathbb{H}}^{3}$ that preserves orientation on both $\hat{\mathbb{H}}^{3}$ and $\hat{\sigma}$ comes from this action and has a well-defined complex length $z=\zeta+i \theta$. We can therefore write $\varphi=\varphi_{\zeta+i \theta}$.
We endow $\widehat{\mathbb{H}}^{3}$ with a system of cylindrical coordinates $(r, \zeta, \theta)$, as follows. Choose a ray perpendicular to $\hat{\sigma}$ and let the points of this ray have coordinates $(r, 0,0)$, where $r \geq 0$ measures distance from $\hat{\sigma}$. Then let $(r, \zeta, \theta)$ be the image of $(r, 0,0)$ under the isometry $\varphi_{\zeta+i \theta}$. The distance element in these coordinates is

$$
\begin{equation*}
d s^{2}=d r^{2}+\cosh ^{2} r d \zeta^{2}+\sinh ^{2} r d \theta^{2} \tag{2.2}
\end{equation*}
$$

Definition 2.3 Consider a group $G=\mathbb{Z} \times \mathbb{Z}$ of isometries of $\hat{\mathbb{H}}^{3}$, generated by an elliptic $\psi_{i \alpha}$ and a loxodromic $\varphi=\varphi_{\lambda+i \tau}$, where $\alpha>0$ and $\lambda>0$. The quotient space $N_{\alpha, \lambda, \tau}$ is an open solid torus whose core curve is a closed geodesic of length $\lambda$ and which has a cone singularity of angle $\alpha$ at the core. We call $N=N_{\alpha, \lambda, \tau}$ a model solid torus.
For $r>0$, a model tube $U_{\alpha, \lambda, \tau}$ is the open $r$-neighborhood of the core curve of $N_{\alpha, \lambda, \tau}$. We note that the closure $\bar{U}_{\alpha, \lambda, \tau}$ is compact.

Definition 2.4 A hyperbolic cone manifold $(M, \Sigma)$ is a metric space where every point has a neighborhood isometric to a ball in a model solid torus. More precisely, $M$ is a topological 3-manifold and $\Sigma$ is a link in $M$ such that every component of $\Sigma$ has a neighborhood isometric to a model tube $U_{\alpha, \lambda, \tau}$. Meanwhile, every point $x \in M-\Sigma$ has a neighborhood isometric to a ball in $\mathbb{H}^{3}$.
We allow components of $\Sigma$ to be nonsingular, ie have cone angle $2 \pi$. When the link $\Sigma$ is clear from context, we will often suppress it from the notation.

### 2.1 Covers and deck transformations

Definition 2.5 Let $(M, \Sigma)$ be a hyperbolic cone manifold. Then the universal branched cover of $(M, \Sigma)$, denoted by $\widehat{M}$, is the metric completion of $\tilde{X}$, where $\tilde{X}$ is the universal cover of $X=M-\Sigma$. Every component of $\Sigma$ lifts to a disjoint union of singular geodesics in $\widehat{M}$, with cone angle $\infty$. Thus, $\widehat{M}$ is locally modeled on $\widehat{\mathbb{H}}^{3}$, as in Definition 2.1. The deck transformation group for $\widehat{M}$ is isomorphic to $\pi_{1}(M-\Sigma)$.
Let $\widetilde{\sigma} \subset \widehat{M}$ be a lift of $\sigma \subset \Sigma$. Then there is a map

$$
D: \widehat{M} \rightarrow \widehat{\mathbb{H}}^{3},
$$

which shares some features of an exponential map based on the normal bundle to a geodesic. Let $\tilde{U} \subset \widehat{M}$ be a regular $r$-neighborhood of $\widetilde{\sigma}$ and let $D: \tilde{U} \hookrightarrow \widehat{\mathbb{H}}^{3}$ be an isometric embedding sending $\widetilde{\sigma}$ to $\widehat{\sigma} \subset \widehat{\mathbb{H}}^{3}$. Then extend the map along geodesic rays: if $\gamma \subset \widehat{M}$ is a geodesic ray orthogonal to $\widetilde{\sigma}$, then $\left.D\right|_{\gamma}$ is an isometry to a geodesic ray orthogonal to $\hat{\sigma}$.
In the special case where $M$ is a model solid torus with core curve $\Sigma$, we have $\widehat{M}=\widehat{\mathbb{H}}{ }^{3}$ by Definition 2.3, and hence $D$ is a global isometry. On the other hand, if $(M, \Sigma)$ is nonelementary, and hence a singular geodesic $\sigma \subset M$ has multiple preimages in $\widehat{M}$, then the map $D$ will fail to be even a local isometry outside a neighborhood of $\tilde{\sigma}$. Indeed, given a geodesic segment $\gamma_{0} \subset \widehat{M}$ that runs from $\tilde{\sigma}$ to another singular geodesic, there is a one-parameter family of distinct geodesic rays in $\widehat{M}$ that all contain $\gamma_{0}$ and then separate; these rays will be mapped to the unique ray in $\widehat{\mathbb{H}}^{3}$ containing $D\left(\gamma_{0}\right)$.

An important property of the universal branched cover is:
Proposition 2.6 Let $(M, \Sigma)$ be a hyperbolic cone manifold. Then $\widehat{M}$ is a complete CAT(-1) space.

Proof This is a consequence of the Cartan-Hadamard theorem [10, Chapter II.4, Theorem 4.1(2)]. See Soma [57, Lemma 1.2] for the derivation.

If $M$ is a finite-volume hyperbolic manifold and $\Sigma \subset M$ is a geodesic link, Kerckhoff showed that $M-\Sigma$ admits a complete metric of negative sectional curvature. (See Agol [3] for a summary and for more details of the construction.) The same construction applies if $(M, \Sigma)$ is a cone manifold of finite volume. By Thurston's hyperbolization, this implies $M-\Sigma$ admits a complete hyperbolic metric.

Definition 2.7 Let $G \subset \operatorname{Isom}^{+}\left(\mathbb{H}^{3}\right)$ be a discrete, free abelian group of parabolic isometries of $\mathbb{H}^{3}$. The quotient $\mathbb{H}^{3} / G$ is called a model cusp. If $H \subset \mathbb{H}^{3}$ is an open
horoball stabilized by $G$, the quotient $U=H / G$ is called a horocusp. A horocusp or model cusp is called rank one if $G \cong \mathbb{Z}$ and rank two if $G \cong \mathbb{Z}^{2}$.

Definition 2.8 Let $(M, \Sigma)$ be a complete, finite-volume hyperbolic cone manifold. Let $\varphi \in \pi_{1}(M-\Sigma)$ be a nontrivial element. We say that $\varphi$ is peripheral if a loop representing $\varphi$ is freely homotopic into a horocusp of $M-\Sigma$.

Lemma 2.9 Let $(M, \Sigma)$ be a complete, finite-volume hyperbolic cone manifold, with universal branched cover $\widehat{M}$. Let $\varphi \in \pi_{1}(M-\Sigma)$ be a nontrivial deck transformation of $\widehat{M}$. Then the following are equivalent:
(1) $\varphi$ corresponds to a peripheral homotopy class.
(2) $\varphi$ stabilizes either a horoball in $\widehat{M}$ or a singular geodesic covering a component of $\Sigma$.
(3) $\varphi$ does not act by translation on any nonsingular geodesic in $\widehat{M}$.

Proof $(1) \Longrightarrow$ (2) Suppose $\varphi$ is peripheral. Then a loop representing $\varphi$ is homotopic into the neighborhood of some cusp of $M-\Sigma$. In the cone metric on $(M, \Sigma)$, this cusp of $M-\Sigma$ either stays a cusp or becomes a neighborhood of some component $\sigma_{i} \subset \Sigma$. In the first case, the deck transformation $\varphi$ stabilizes the universal cover of a horocusp in $\widehat{M}$. In the second case, the deck transformation $\varphi$ stabilizes some preimage of $\sigma_{i}$ in $\widehat{M}$.
(2) $\Longrightarrow$ (1) Suppose that the deck transformation $\varphi$ stabilizes a horoball $H \subset \widehat{M}$ that covers a horocusp in $(M, \Sigma)$. Then, for an appropriate choice of basepoint, a path-lift $\widetilde{\varphi}$ of the loop $\varphi$ starts and ends in $H$. After a free homotopy of $\varphi$, we may assume that the entire path-lift $\widetilde{\varphi}$ lies in a subhoroball of $H$ that covers a horocusp of $(M, \Sigma)$, and hence $\varphi$ is peripheral. The case of tubes is similar.
(2) $\Longleftrightarrow$ (3) The deck transformation $\varphi$ must act on $\widehat{M}$ by isometry. This isometry is either elliptic (meaning it has fixed points), parabolic (meaning it has no fixed points, but the infimal translation is 0 ) or hyperbolic (meaning that the infimal translation distance is $d>0$ and is realized). If $\varphi$ is elliptic, then recalling that it is a deck transformation implies that it must rotate about a singular axis; hence, (2) and (3) both hold. If $\varphi$ is parabolic, then it stabilizes a horoball, and hence (2) and (3) both hold.
Finally, suppose $\varphi$ is hyperbolic. Since $\widehat{M}$ is a complete CAT(-1) space by Proposition $2.6, \varphi$ must translate along a unique geodesic axis. If this axis is singular, then (2) and (3) both hold. If the geodesic is nonsingular, then (2) and (3) both fail.

### 2.2 Injectivity radii, cusps and tubes

We will be looking at tubes with injectivity radius less than some value $\epsilon>0$ or $\delta>0$. At times we will need to discuss the injectivity radius over an entire cone manifold. At other times we only need to consider injectivity radius within a tube. We encapsulate these separate notions in Definitions 2.10 and 2.17.

Definition 2.10 Let $(M, \Sigma)$ be a hyperbolic cone manifold and $x \in M$. Then the injectivity radius, denoted by $\operatorname{injrad}(x)$, is the supremal radius $r$ such that a metric $r$-ball about $x$ is isometric to a ball $B_{r}(y) \subset \mathbb{H}^{3}$. (Since we are using open balls, the supremal radius is attained unless $M=\mathbb{H}^{3}$, in which case injrad $(x)=\infty$.) If $x$ lies on the singular set of $M$, we set $\operatorname{injrad}(x)=0$.

Lemma 2.11 Let $(M, \Sigma)$ be a hyperbolic cone manifold, where every component of $\Sigma$ is singular. Choose a point $x \in M-\Sigma$ and a lift $\tilde{x} \in \widehat{M}$. Then $\operatorname{injrad}(x)$ can be characterized by
(2.12) $2 \operatorname{injrad}(x)=\inf \{\operatorname{len}(\gamma): \gamma$ is a nontrivial loop in $M-\Sigma$ based at $x\}$

$$
\begin{equation*}
=\min \left\{d(\tilde{x}, \varphi \tilde{x}): 1 \neq \varphi \in \pi_{1}(M-\Sigma)\right\} . \tag{2.13}
\end{equation*}
$$

Furthermore, the infimum in (2.12) is realized by a pointed geodesic unless $d(x, \Sigma)=$ $\operatorname{injrad}(x)$ and the isometry $\varphi$ in (2.13) is elliptic.

In the case where $M$ is a nonsingular hyperbolic manifold, and hence $\Sigma=\varnothing$, the result of Lemma 2.11 is well known. In the case where $M$ is a model solid torus, the result is contained in [24, Lemma 2.5]. Thus, Lemma 2.11 generalizes those previously known cases to general cone manifolds.

Proof of Lemma 2.11 Let $\epsilon=2 \operatorname{injrad}_{\Sigma}(x)$. Then, for an arbitrary $y \in \mathbb{H}^{3}$, there is an isometric embedding $f: B_{\epsilon / 2}(y) \rightarrow M$ such that $f(y)=x$. It follows that any nontrivial loop through $x$ must have length at least $\epsilon$. Similarly, any nontrivial element $\varphi \in \pi_{1}(M-\Sigma)$ must translate $B_{\epsilon / 2}(\tilde{x})$ by distance at least $\epsilon$. Thus, both (2.12) and (2.13) give lower bounds on $\epsilon$.

Next, we show that these expressions give upper bounds on $\epsilon$. Since $\operatorname{injrad}(x)=\frac{1}{2} \epsilon$, the continuous extension of $f$ to $\overline{B_{\epsilon / 2}(y)}$ either hits $\Sigma$ or fails to be one-to-one. We consider these cases in turn.

First, suppose that the image ball $f\left(\overline{B_{\epsilon / 2}(y)}\right)$ has a point of self-tangency in $M-\Sigma$. This means that two distinct lifts of this ball, namely $B_{\epsilon / 2}(\tilde{x})$ and $B_{\epsilon / 2}(\varphi \tilde{x})$, are tangent in $\widehat{M}$, which means that $d(\tilde{x}, \varphi \tilde{x})=\epsilon$. The geodesic $\tilde{\gamma}$ connecting $\tilde{x}$ to $\varphi \tilde{x}$ projects to
a geodesic loop $\gamma \subset M-\Sigma$ of length exactly $\epsilon$. This means that (2.12) is an equality, and hence the infimum is realized in this case.

Next, suppose there is a point $z \in f\left(\overline{B_{\epsilon / 2}(y)}\right) \cap \Sigma$. Then we construct a closed loop $\gamma$ of length $\epsilon+\delta$ for arbitrarily small $\delta$. This closed loop has the form of an "eyeglass": walk from $x$ to a point near $z$, walk around a loop of length $\delta$ about $\Sigma$, and then return to back to $x$. Thus, (2.12) is an upper bound on $\epsilon$. The homotopy class $[\gamma] \in \pi_{1}(M-\Sigma, x)$ corresponds to an elliptic isometry of $\widehat{M}$, which fixes a lift $\tilde{z}$ of $z$. This elliptic isometry must move the ball $B_{\epsilon / 2}(\tilde{x})$ to a disjoint ball $B_{\epsilon / 2}(\varphi \tilde{x})$, with the two balls tangent at $\tilde{z}$. Thus, $d(\tilde{x}, \varphi \tilde{x})=\epsilon$.

Definition 2.14 Let $(M, \Sigma)$ be a hyperbolic cone manifold. For $\epsilon>0$, the $\epsilon$-thick part of $M$ is

$$
M^{\geq \epsilon}=\left\{x \in M: \operatorname{injrad}(x) \geq \frac{1}{2} \epsilon\right\}
$$

The $\epsilon$-thin part is $M^{<\epsilon}=M-M^{\geq \epsilon}$. We define $M^{\leq \epsilon}$ and $M^{>\epsilon}$ similarly.
We emphasize that our definition of the $\epsilon$-thick part corresponds to injectivity radius $\frac{1}{2} \epsilon$ (and hence translation length $\epsilon$ ) rather than injectivity radius $\epsilon$. Both choices seem to be common in the literature on Kleinian groups. Our convention agrees with that of Minsky [44; 45] and Brock, Canary and Minsky [13], while differing from the convention of Brock and Bromberg [11] and Namazi and Souto [46].

Definition 2.15 Let $(M, \Sigma)$ be a hyperbolic cone manifold. We say that $\epsilon>0$ is a Margulis number for $M$ if every component of the $\epsilon$-thin part $M^{<\epsilon}$ is isometric to either a model tube (Definition 2.3) or a horocusp (Definition 2.7). The optimal Margulis number $\mu(M)$ is the supremum of all Margulis numbers for $M$.

In Theorem 9.27, we will prove an effective Margulis lemma for cone manifolds: 0.29 is a Margulis number for all cone manifolds satisfying certain hypotheses. See also Theorem 9.26.

In addition to studying embedded tubes and cusps in a cone manifold $M$, we will study their immersed analogues.

Definition 2.16 Let $(M, \Sigma)$ be a hyperbolic cone manifold. An immersed tube in $M$ is a local isometry $f: U \rightarrow M$, where $U$ is a model tube, and furthermore $f^{-1}(\Sigma)$ is either the core of $U$ or $\varnothing$. (The "furthermore" condition is automatic when each
component of $\Sigma$ is singular.) Similarly, an immersed horocusp in $M$ is a local isometry $f: U \rightarrow M$, where $U$ is a horocusp.

If $f$ is an embedding, we refer to the image $f(U)$ as an embedded tube or embedded horocusp in $M$. In this case, we will often conflate the domain $U$ with the image $f(U)$.

Definition 2.17 Let $(M, \Sigma)$ be a hyperbolic cone manifold. Let $U \subset M$ be an embedded tube or horocusp in $M$. Let $\pi: \hat{U} \rightarrow U$ be the universal covering map. Thus, $\pi$ is an ordinary cover with deck group $G \cong \mathbb{Z}$ if $U \cap \Sigma=\varnothing$, and a branched cover with deck group $G \cong \mathbb{Z} \times \mathbb{Z}$ if $U \cap \Sigma \neq \varnothing$. If $U$ is a horocusp, then $\hat{U}$ is the usual universal cover with deck group $G \in\left\{\mathbb{Z}, \mathbb{Z}^{2}\right\}$.

Let $x \in U$. Let $\hat{x}$ be a lift of $x$ in $\hat{U}$, and consider all translates of $\hat{x}$ under the action of $G$. Define

$$
\begin{equation*}
\operatorname{injrad}(x, U)=\frac{1}{2} \min \{d(\hat{x}, \varphi(\hat{x})): 1 \neq \varphi \in G\} \tag{2.18}
\end{equation*}
$$

For $x \in \partial U$, we may define $\operatorname{injrad}(x, U)$ by extending (2.18) by continuity.

When every component of $\Sigma$ is singular, the injectivity radius is well behaved under immersions of tubes or cusps.

Lemma 2.19 Let $(M, \Sigma)$ be a hyperbolic cone manifold, where every component of $\Sigma$ is presumed to be singular. Let $f: U \rightarrow M$ be an immersed tube or horocusp. Then, for all $x \in \bar{U}$,

$$
\operatorname{injrad}(f(x)) \leq \operatorname{injrad}(x, U)
$$

Proof By continuity, it suffices to assume that $x \in U$. As in Definition 2.17, let $\hat{U}$ be the universal cover of $U$, which is branched if $U$ is singular. Let $G$ be the group of deck transformations of $\hat{U}$.

The local isometry $f: U \rightarrow M$ gives an elevation, a local isometry $\hat{f}: \widehat{U} \rightarrow \widehat{M}$. We claim that $\hat{f}$ must be one-to-one: since $\hat{U}$ is convex, any pair of points are connected by a geodesic segment. The image of this segment is a geodesic segment in $\widehat{M}$, which necessarily has distinct endpoints by Proposition 2.6. Since $\hat{f}$ is one-to-one, we get an inclusion $f_{*}: G \hookrightarrow \pi_{1}(M-\Sigma)$. (Compare Baker and Cooper [5, Propositions 2.1 and 2.2].) Thus, the minimum in (2.18) is taken over a smaller set than the minimum in (2.13), and hence $\operatorname{injrad}(f(x)) \leq \operatorname{injrad}(x, U)$.

## 3 Distance estimates in tubes and cusps

This section contains several estimates about tubes and cusps that will be needed in subsequent arguments. Most of the results listed here are proved in [24]. We begin with a general estimate that applies to all cone manifolds.

Lemma 3.1 Let $M$ be a hyperbolic cone manifold. Let $x$ and $y$ be points of $M$ such that $2 \operatorname{injrad}(x)=\delta>0$ and $2 \operatorname{injrad}(y)=\epsilon>\delta$. Then

$$
d(x, y) \geq \frac{1}{2}(\epsilon-\delta)
$$

Proof This was observed in [24, Lemma 5.1] in the case where $M$ is a model tube. The same proof works in general.

Let $h=d(x, y)$. If $h \geq \frac{1}{2} \epsilon$, there is nothing to prove. Thus, we may assume that $h<\frac{1}{2} \epsilon$. By Definition 2.10, there is an embedded ball $B=B_{\epsilon / 2}(y)$ that is isometric to a ball in $\mathbb{H}^{3}$. Since $h<\frac{1}{2} \epsilon$, we have $x \in B$. By the triangle inequality, there is an embedded ball $B_{\epsilon / 2-h}(x)$ contained in $B$, implying

$$
\operatorname{injrad}(x)=\frac{1}{2} \delta \geq \frac{1}{2} \epsilon-h
$$

### 3.1 Tube radii

Definition 3.2 Let $N=N_{\alpha, \lambda, \tau}$ be a model solid torus, as in Definition 2.3. For $\epsilon>\lambda$, let $U^{\epsilon}$ be a component of $N^{<\epsilon}$. Then $U^{\epsilon}$ is a tube about a core geodesic $\gamma$, and $T^{\epsilon}=\partial U^{\epsilon}$ is a torus consisting of points whose injectivity radius is exactly $\frac{1}{2} \epsilon$. All of the points of $T^{\epsilon}$ lie at the same radius from $\gamma$. We denote this radius by

$$
r(\epsilon)=r_{\alpha, \lambda, \tau}(\epsilon)
$$

We let $T_{r}$ denote the equidistant torus at radius $r$ from the core of $N$. Subscripts denote radius, while superscripts denote thinness. Thus,

$$
T^{\epsilon}=T_{r(\epsilon)}
$$

If $N$ is a model solid torus, modeling a neighborhood of $\sigma_{i}$, a component of $\Sigma$ in $M$, we will often write $r\left(\epsilon, \sigma_{i}\right), T^{\epsilon}\left(\sigma_{i}\right)$ and $U^{\epsilon}\left(\sigma_{i}\right)$ to refer to the radius, equidistant torus and tube (respectively) about a particular component of $\Sigma$.

Lemma 3.3 Let $T^{\epsilon}=\partial U^{\epsilon}$, where $U^{\epsilon}$ is a tube about a singular geodesic $\sigma$ with cone angle $\alpha<2 \pi$. Then

$$
\operatorname{area}\left(T^{\epsilon}\right) \geq \frac{\sqrt{3}}{2} \epsilon^{2}
$$

Proof This follows by a standard packing argument, because $T^{\epsilon}$ contains an embedded disk of radius $\frac{1}{2} \epsilon$. See [24, equation (7.4)]. Compare Proposition 4.3 and Theorem 4.16 for a much more involved packing argument.

Lemma 3.4 Let $N=N_{\alpha, \lambda, \tau}$ be a model solid torus whose core has cone angle $\alpha<2 \pi$. Then

$$
\sinh 2 r_{\alpha, \lambda, \tau}(\epsilon) \geq \frac{\sqrt{3} \epsilon^{2}}{\alpha \lambda}>\frac{\sqrt{3} \epsilon^{2}}{2 \pi \lambda}
$$

Proof This follows from Lemma 3.3 and (2.2). See also [24, Lemma 7.2].

### 3.2 Distances between tori of fixed injectivity radius

Definition 3.5 Let $0<\delta \leq \epsilon$. For a model solid torus $N=N_{\alpha, \lambda, \tau}$ with $\lambda \leq \delta$, the distance between equidistant tori $T^{\delta}=T_{r(\delta)}$ and $T^{\epsilon}=T_{r(\epsilon)}$ is

$$
d_{\alpha, \lambda, \tau}(\delta, \epsilon)=d\left(N^{\leq \delta}, N^{\geq \epsilon}\right)=r_{\alpha, \lambda, \tau}(\epsilon)-r_{\alpha, \lambda, \tau}(\delta)
$$

For a model horocusp $N$, we similarly define

$$
d_{N}(\delta, \epsilon)=d\left(N^{\leq \delta}, N^{\geq \epsilon}\right)
$$

If $N$ is a tube, the distance $d_{\alpha, \lambda, \tau}(\delta, \epsilon)$ depends on the parameters of the tube. Nevertheless, we have upper and lower bounds on $d_{\alpha, \lambda, \tau}(\delta, \epsilon)$ that hold independent of the parameters $\alpha, \lambda$ and $\tau$.

Theorem 3.6 Suppose that $0<\delta<\epsilon \leq \log 3$. Let $N=N_{\alpha, \lambda, \tau}$ be a model solid torus with cone angle $\alpha \leq 2 \pi$ and core geodesic of length $\lambda \leq \delta$, or a model horocusp whose $\epsilon$-thick part is not empty. Then

$$
\max \left\{\frac{1}{2}(\epsilon-\delta), \operatorname{arccosh}\left(\frac{\epsilon}{\sqrt{7.256 \delta}}\right)-0.1475\right\} \leq d_{\alpha, \lambda, \tau}(\delta, \epsilon) \leq \operatorname{arccosh} \sqrt{\frac{\cosh \epsilon-1}{\cosh \delta-1}} .
$$

We remark that the argument of arccosh in the lower bound of Theorem 3.6 may be less than 1 , making $\operatorname{arccosh}(\cdot)$ undefined. To remedy this, we employ the convention that an undefined value does not realize the maximum. Observe that the lower bound $\frac{1}{2}(\epsilon-\delta)$ follows by Lemma 3.1.

Proof If $N$ is a model solid torus, this is a special case of [24, Theorem 8.8]. In the notation of that theorem, substituting $\epsilon_{\max }=\log (3)$ implies a value $j_{\max }=0.14798 \ldots$,
which gives an additive constant $\operatorname{arcsinh}\left(j_{\max }\right) \leq 0.1475$ in the lower bound on $d_{\alpha, \lambda, \tau}(\delta, \epsilon)$.

If $N$ is a horocusp, the estimate follows by taking a geometric limit of model solid tori converging to $N$.

Under stronger hypotheses on $\epsilon$, we obtain a stronger lower bound on $d_{\alpha, \lambda, \tau}(\delta, \epsilon)$.
Theorem 3.7 Suppose that $0<\delta<\epsilon \leq 0.3$. Let $N=N_{\alpha, \lambda, \tau}$ be a model solid torus with cone angle $\alpha \leq 2 \pi$ and core geodesic of length $\lambda \leq \delta$, or a model horocusp whose $\epsilon$-thick part is not empty. Then
$\max \left\{\frac{1}{2}(\epsilon-\delta), \operatorname{arccosh}\left(\frac{\epsilon}{\sqrt{7.256 \delta}}\right)-0.0424\right\} \leq d_{\alpha, \lambda, \tau}(\delta, \epsilon) \leq \operatorname{arccosh} \sqrt{\frac{\cosh \epsilon-1}{\cosh \delta-1}}$.
Proof If $N$ is a model solid torus, this is [24, Theorem 1.1]. If $N$ is a cusp, take a geometric limit of tubes.

### 3.3 Euclidean bounds

Consider an equidistant torus $T_{r}=\partial U_{r}$. Then the Euclidean path-metric on $T_{r}$ lifts to a Euclidean metric on $\widetilde{T}_{r}$, which we denote by $d_{E}$.

Lemma 3.8 Let $\widetilde{T}_{r} \subset \widehat{\mathbb{H}}^{3}$ be a plane at fixed distance $r>0$ from the singular geodesic $\hat{\sigma}$. Let $p, q \in \widetilde{T}_{r}$ be points whose $\theta$-coordinates differ by at most $A \leq \pi$ and whose $\zeta$-coordinates differ by at most $B$. Then

$$
\frac{1-\cos A}{A^{2}} d_{E}(p, q)^{2} \leq \cosh d(p, q)-1 \leq \frac{\cosh B-1}{B^{2}} d_{E}(p, q)^{2}
$$

Proof See [24, Lemma 6.2].
If an equidistant plane in $\widehat{\mathbb{H}}^{3}$ is replaced by a horosphere in $\mathbb{H}^{3}$, Lemma 3.8 becomes the following (well-known) statement:

Lemma 3.9 Let $\widetilde{T} \subset \mathbb{H}^{3}$ be a horosphere and let $p, q \in \widetilde{T}$. Let $d_{E}(p, q)$ be the distance between $p$ and $q$ in the Euclidean metric on $\widetilde{T}$. Then

$$
2 \sinh \left(\frac{1}{2} d(p, q)\right)=d_{E}(p, q) \quad \text { or, equivalently, } \quad \cosh d(p, q)-1=\frac{1}{2} d_{E}(p, q)^{2}
$$

Proof See [18, Lemma A.2].
We observe that, as $A, B \rightarrow 0$, the upper and lower bounds in Lemma 3.8 both approach $\frac{1}{2} d_{E}(p, q)^{2}$. Thus, Lemma 3.9 realizes this limiting value.

## 4 Maximal tubes and multitubes

The goal of this section is to control the area and injectivity radius of maximal tubes in cone manifolds. The main results are Theorem 4.16, giving a lower bound on area, and Theorem 4.26, giving a lower bound on injectivity radius. Theorem 4.16 is essentially due to Hodgson and Kerckhoff [32, Theorem 4.4], while Theorem 4.26 is new. Before getting to those results, we must carefully construct maximal tubes of many components.

Definition 4.1 Let $(M, \Sigma)$ be a hyperbolic cone manifold. Let $\Sigma^{+}$be a geodesic link in $M$ such that $\Sigma \subset \Sigma^{+}$. Let $\sigma_{1}, \ldots, \sigma_{n}$ be the components of $\Sigma^{+}$. For a positive vector $\boldsymbol{r}=\left(r_{1}, \ldots, r_{n}\right)$, let $U_{i}=U_{r_{i}}\left(\sigma_{i}\right)$ be the set of all points whose distance to $\sigma_{i}$ is less than $r_{i}$. Let

$$
U_{\boldsymbol{r}}=\bigcup_{i=1}^{n} U_{r_{i}}\left(\sigma_{i}\right)
$$

We say that $U_{\boldsymbol{r}}$ is a multitube if every $U_{i}$ is isometric to a model tube as in Definition 2.3, and the $U_{i}$ are pairwise disjoint.

We choose a particular construction of maximal tubes.
Definition 4.2 Let $M$ be a nonelementary hyperbolic cone manifold, and $\Sigma^{+}$a geodesic link containing the singular locus. We construct a maximal multitube about $\Sigma^{+}$ as follows:
(1) For a sufficiently small $r>0$, choosing a constant vector $\boldsymbol{r}=(r, \ldots, r)$ produces an embedded multitube $U_{r}$. Let $R_{1}$ be the largest value of $r$ for which this holds. The hypothesis that $M$ is nonelementary ensures that such an $R_{1}$ exists.

Setting $r=R_{1}$, we have an (open) multitube $U_{\boldsymbol{r}}$ whose closure $\bar{U}_{\boldsymbol{r}}$ is not a disjointly embedded union of closed tubes. In other words, either some tube has bumped into itself, or some number of tubes have bumped into one another. Any tube $U_{i}$ that cannot be expanded further without intersecting itself or another tube is declared maximal, and its radius will remain fixed for the rest of the construction.
(2) Suppose, after relabeling, that $U_{1}, \ldots, U_{k}$ are maximal, but $U_{k+1}, \ldots, U_{n}$ are not. We expand the radii $r_{k+1}, \ldots, r_{n}$ at a uniform rate until some tube $U_{i}$ for $i \geq k+1$ bumps into some other tube $U_{j}$ (it may happen that $i=j$ or $j \leq k$ ). We then declare the tubes that have just bumped to be maximal, and freeze their radii.
(3) Repeat step (2) as needed until no tube can be expanded further. We call the resulting union of maximal tubes the maximal multitube, and denote it by $U_{\max }\left(\Sigma^{+}\right)$ or $U_{\max }$ for short. We order the components of $\Sigma^{+}$so that the vector of radii $\boldsymbol{r}=$ ( $R_{1}, \ldots, R_{n}$ ) appears in nondecreasing order, with $R_{1}$ the smallest radius.

Proposition 4.3 Let $M$ be a nonelementary hyperbolic cone manifold and $\Sigma^{+}$a geodesic link containing the singular locus $\Sigma$. Let $U_{\max }\left(\Sigma^{+}\right)$be the maximal multitube about $\Sigma^{+}$, with smallest tube radius $R=R_{1}$. Suppose that a component $U_{i} \subset U_{\max }$ that becomes maximal by bumping into a component $U_{j}$. Then the radii of these tubes satisfy $R_{1} \leq R_{j} \leq R_{i}$ and $T_{i}=\partial U_{i}$ contains an embedded ellipse whose semimajor axes are
(4.4) $\quad a\left(R_{i}, R_{j}\right)=\frac{\cosh R_{i} \sinh R_{j}}{S\left(R_{j}\right) \cosh \left(R_{i}+R_{j}\right)} \quad$ and $\quad b\left(R_{i}, R_{j}\right)=\frac{\sinh R_{i} \sinh R_{j}}{\sinh \left(R_{i}+R_{j}\right)}$.

Here $S\left(R_{j}\right)$ is defined via

$$
S(r)= \begin{cases}\frac{\sqrt{2} / 4}{\operatorname{arcsinh}(\sqrt{2} / 4)}=1.02013 \ldots & \text { if } \sinh r \leq \frac{1}{\sqrt{2}}  \tag{4.5}\\ \frac{\sinh r / \cosh (2 r)}{\operatorname{arcsinh}(\sinh r / \cosh (2 r))} & \text { if } \sinh r \geq \frac{1}{\sqrt{2}}\end{cases}
$$

Furthermore, if the tube $U_{i}$ became maximal by bumping into itself, $T_{i}=\partial U_{i}$ contains two disjoint ellipses as in (4.4), with parallel major axes.

Proof This result is essentially due to Hodgson and Kerckhoff [32, Section 4]. They prove an identical statement when $\Sigma^{+}$is connected, and briefly mention that the argument extends to multiple tubes. We make small modifications to their argument in order to handle maximal multitubes of disparate radii. It is worth noting that our construction of maximal multitubes differs somewhat from that of Hodgson and Kerckhoff.

As in Definition 2.5, let $\widehat{M}$ be the universal branched cover of $M$, branched over $\Sigma^{+}$. Every component of $\Sigma^{+}$lifts to a singular geodesic in $\widehat{M}$, with cone angle $\infty$, and the space is locally modeled on $\widehat{H}^{3}$, as in Definition 2.1. For any singular basepoint in $\widehat{M}$, we have the exponential-like map $D: \widehat{M} \rightarrow \widehat{\mathbb{H}}^{3}$.

Consider the tube $U_{i} \subset U_{\text {max }}$. Since $U_{i}$ is maximal, the expansion of $U_{i}$ came to a halt because $U_{i}$ bumped into some other tube $U_{j}$, which became maximal no later than $U_{i}$ did. By the construction of Definition 4.2, we have

$$
\begin{equation*}
R_{i} \geq R_{j} \geq R_{1}=R \tag{4.6}
\end{equation*}
$$

Since $\partial U_{i}$ is tangent to $\partial U_{j}$, there is a geodesic arc $\gamma$ of length $R_{i}+R_{j}$ that travels radially outward from the core circle $\sigma_{i}$, enters into $U_{j}$ at a point of tangency, and meets the core circle $\sigma_{j}$ perpendicularly at its endpoint. This arc $\gamma$ lifts to an arc $\widetilde{\gamma} \subset \widehat{M}$ from a lift $\tilde{\sigma}_{i}$ of $\sigma_{i}$ to a lift $\tilde{\sigma}_{j}$ of $\sigma_{j}$. By construction, $\tilde{\gamma}$ is a shortest geodesic from $\tilde{\sigma}_{i}$ to any other singular geodesic in $\widehat{M}$. In other words, we have:

Claim 4.7 The geodesic $\tilde{\sigma}_{i} \subset \widehat{M}$ has an embedded neighborhood $\tilde{V}_{i}$ of radius $R_{i}+R_{j}$. If we choose a basepoint on $\widetilde{\sigma}_{i}$, the map $D: \widetilde{V}_{i} \rightarrow \widehat{\mathbb{H}}^{3}$ is an isometric embedding.

Let $\Gamma$ be the set of all lifts of $\gamma$ starting at $\widetilde{\sigma}_{i}$, oriented outward from $\widetilde{\sigma}_{i}$. Let $Q$ be the set of their forward endpoints. As in Definition 2.4 , there is a $\mathbb{Z} \times \mathbb{Z}$ group of deck transformations of $\widehat{M}$ acting effectively and transitively on $\Gamma$, and hence on $Q$.

Claim 4.8 Let $q, q^{\prime} \in Q$ be endpoints of distinct lifts of $\gamma$. Then

$$
d\left(D(q), D\left(q^{\prime}\right)\right)=d\left(q, q^{\prime}\right) \geq 2 R_{j}
$$

The equality of distances holds by Claim 4.7. The inequality holds because $q$ and $q^{\prime}$ lie on distinct lifts of $\sigma_{j}$, and $\sigma_{j}$ has an embedded tube of radius $R_{j}$. See [32, Lemma 4.1] for more details.

For each $q \in Q$, let $B(q) \subset \widehat{\mathbb{H}}^{3}$ be a ball of radius $R_{j}$ centered at $D(q) \in \widehat{\mathbb{H}}^{3}$. By Claim 4.8, these balls are disjointly embedded in $\widehat{\mathbb{H}}^{3}$. In other words, each $B(q)$ is disjoint from its translates under $\mathbb{Z} \times \mathbb{Z}$.

Let $(r, \theta, \zeta)$ be cylindrical coordinates on $\widehat{\mathbb{H}}^{3}$, as in Definition 2.1. We normalize things so that the geodesic arc $D(\tilde{\gamma})$ lies on the geodesic ray $\{(r, 0,0): r>0\}$. Let $B(q)$ be the ball of radius $R_{j}$ centered at ( $R_{i}+R_{j}, 0,0$ ). By [32, Lemma 4.3], the projection of $B(q)$ to the $(\theta, \zeta)$-plane consists of all points $(\theta, \zeta)$ that satisfy

$$
\begin{equation*}
\sinh ^{2} \zeta \cosh ^{2}\left(R_{i}+R_{j}\right)+\sin ^{2} \theta \sinh ^{2}\left(R_{i}+R_{j}\right) \leq \sinh ^{2} R_{j} \tag{4.9}
\end{equation*}
$$

Claim 4.10 Let $(\theta, \zeta)$ be a point in the projection of $B(q)$ to the $(\theta, \zeta)$-plane. With $S\left(R_{j}\right)$ is as in (4.5), we have $|\sinh \zeta| \leq S\left(R_{j}\right)|\zeta|$. Furthermore, $S\left(R_{j}\right)$ is a decreasing function of $R_{j}$.

To see this, observe that (4.9), combined with (4.6), implies

$$
\begin{equation*}
|\sinh \zeta| \leq \frac{\sinh R_{j}}{\cosh \left(R_{i}+R_{j}\right)} \leq \frac{\sinh R_{j}}{\cosh \left(2 R_{j}\right)} \tag{4.11}
\end{equation*}
$$

Now, setting $x=\sinh r$, observe that the function

$$
\frac{\sinh r}{\cosh (2 r)}=\frac{x}{2 x^{2}+1}
$$

reaches a global maximum value of $\sqrt{2} / 4$ when $x=1 / \sqrt{2}$, and declines to 0 thereafter. Since $|\sinh \zeta / \zeta|$ is increasing in $|\zeta|$, we have

$$
\left|\frac{\sinh \zeta}{\zeta}\right| \leq \frac{\sinh (\operatorname{arcsinh}(\sqrt{2} / 4))}{\operatorname{arcsinh}(\sqrt{2} / 4)}=S(0)=1.02013 \ldots \quad \text { for all values of } R_{j}
$$

as observed by Hodgson and Kerckhoff [32, pages 401-402]. Furthermore, substituting $x=\sinh R_{j} \geq 1 / \sqrt{2}$, we have

$$
\left|\frac{\sinh \zeta}{\zeta}\right| \leq \frac{\sinh R_{j} / \cosh \left(2 R_{j}\right)}{\operatorname{arcsinh}\left(\sinh R_{j} / \cosh \left(2 R_{j}\right)\right)}=S\left(R_{j}\right)
$$

which is increasing in $\sinh R_{j} / \cosh \left(2 R_{j}\right)$, and hence decreasing in $R_{j}$. This proves the claim.

Combining (4.9), Claim 4.10 and the standard fact $|\sin \theta| \leq|\theta|$ gives:

Claim 4.12 Let $B(q)$ be the ball of radius $R_{j}$ centered at $\left(R_{i}+R_{j}, 0,0\right)$. Then the projection of $B(q)$ to the $(\theta, \zeta)$-plane contains the elliptical region consisting of points $(\theta, \zeta)$ that satisfy

$$
\begin{equation*}
\zeta^{2} S\left(R_{j}\right)^{2} \cosh ^{2}\left(R_{i}+R_{j}\right)+\theta^{2} \sinh ^{2}\left(R_{i}+R_{j}\right) \leq \sinh ^{2} R_{j} \tag{4.13}
\end{equation*}
$$

Now recall the tube $U_{i}$ about $\sigma_{i}$, with radius $R_{i}$. This tube lifts to a tube $\tilde{U}_{i}$ about $\widetilde{\sigma}_{i}$, which isometrically embeds in $\widehat{\mathbb{H}}^{3}$ by Claim 4.7. We consider the shadow of $B(q)$ on the Euclidean plane $D\left(\partial \tilde{U}_{i}\right)$. Since $\left(\zeta \cosh R_{i}\right)$ and $\left(\theta \sinh R_{i}\right)$ are Euclidean coordinates on the plane at radius $R_{i}$ from the singular geodesic of $\widehat{\mathbb{H}}^{3}$, the elliptical region of (4.13) can be rewritten in coordinates as

$$
\left(\frac{S\left(R_{j}\right) \cosh \left(R_{i}+R_{j}\right)}{\cosh R_{i} \sinh R_{j}}\right)^{2}\left(\zeta \cosh R_{i}\right)^{2}+\left(\frac{\sinh \left(R_{i}+R_{j}\right)}{\sinh R_{i} \sinh R_{j}}\right)^{2}\left(\theta \sinh R_{i}\right)^{2} \leq 1
$$

Since the elliptical region is disjoint from its translates under $\mathbb{Z} \times \mathbb{Z}$, it follows that the quotient torus $T_{i}=\partial U_{i}$ contains an embedded ellipse whose semimajor axes are

$$
a\left(R_{i}, R_{j}\right)=\frac{\cosh R_{i} \sinh R_{j}}{S\left(R_{j}\right) \cosh \left(R_{i}+R_{j}\right)} \quad \text { and } \quad b\left(R_{i}, R_{j}\right)=\frac{\sinh R_{i} \sinh R_{j}}{\sinh \left(R_{i}+R_{j}\right)}
$$

as required in (4.4).

If the tube $U_{i}$ became maximal by bumping into itself, the arc $\gamma$ must have both of its endpoints on $\sigma_{i}$. This means there are two distinct $\mathbb{Z} \times \mathbb{Z}$ orbits of lifts of $\gamma$ with an endpoint on $\widetilde{\sigma}_{i}$, giving rise to two orbits of balls $B(q)$ and two disjoint ellipses on $\partial U_{i}$. This is the case that Hodgson and Kerckhoff analyze in [32, Theorem 4.4].

Remark 4.14 It follows from equations (4.13) and (4.6) that the ellipse constructed in the last proof has $\theta$-coordinate bounded as follows:

$$
|\theta| \leq \frac{\sinh R_{j}}{\sinh \left(R_{i}+R_{j}\right)} \leq \frac{\sinh R_{j}}{\sinh \left(2 R_{j}\right)}=\frac{1}{2 \cosh R_{j}}<\frac{1}{2}
$$

### 4.1 Areas of maximal tubes

We present two applications of Proposition 4.3 that will be crucial in the sequel. The first application, developed by Hodgson and Kerckhoff [32; 33], concerns the area of maximal multitubes. We will use the area of the ellipse constructed in Proposition 4.3 to get a lower bound on $\operatorname{area}\left(T_{i}\right)$. To do this, we need to remove the dependence on the tube $T_{j}$.

Lemma 4.15 Let $a\left(R_{i}, R_{j}\right)$ and $b\left(R_{i}, R_{j}\right)$ be as in (4.4). Then the function that is their product,

$$
a b\left(R_{i}, R_{j}\right)=\frac{\sinh R_{i} \cosh R_{i} \sinh ^{2} R_{j}}{S\left(R_{j}\right) \sinh \left(R_{i}+R_{j}\right) \cosh \left(R_{i}+R_{j}\right)},
$$

is increasing in both variables.

Proof Since $S\left(R_{j}\right)^{-1}$ is increasing in $R_{j}$ by Claim 4.10, it suffices to show that $S\left(R_{j}\right) a b\left(R_{i}, R_{j}\right)$ is increasing. To that end, we substitute the variable names $x=R_{i}$ and $y=R_{j}$, and simplify:

$$
\operatorname{Sab}(x, y)=\frac{(\sinh x \cosh x) \sinh ^{2} y}{\sinh (x+y) \cosh (x+y)}=\frac{\sinh (2 x) \cdot \frac{1}{2}(\cosh (2 y)-1)}{\sinh (2 x+2 y)}
$$

Now, we can compute the partial derivatives:

$$
\begin{aligned}
\frac{\partial S a b}{\partial x} & =\frac{2 \sinh (2 x+2 y) \cosh (2 x)-2 \sinh (2 x) \cosh (2 x+2 y)}{\sinh ^{2}(2 x+2 y)} \cdot \frac{1}{2}(\cosh (2 y)-1) \\
& =\frac{\sinh (2 y)}{\sinh ^{2}(2 x+2 y)} \cdot(\cosh (2 y)-1)>0
\end{aligned}
$$

when $y>0$. Similarly,

$$
\begin{aligned}
\frac{\partial S a b}{\partial y} & =\frac{\sinh (2 x+2 y) \sinh (2 y)-(\cosh (2 y)-1) \cosh (2 x+2 y)}{\sinh ^{2}(2 x+2 y)} \cdot \sinh (2 x) \\
& =\frac{[\sinh (2 x+2 y) \sinh (2 y)-\cosh (2 y) \cosh (2 x+2 y)]+\cosh (2 x+2 y)}{\sinh ^{2}(2 x+2 y)} \cdot \sinh (2 x) \\
& =\frac{\cosh (2 x+2 y)-\cosh (2 y)}{\sinh ^{2}(2 x+2 y)} \cdot \sinh (2 x)>0
\end{aligned}
$$

when $x>0$ and $y>0$.
We can now show the following:
Theorem 4.16 Let $M$ be a nonelementary hyperbolic cone manifold and $\Sigma^{+}$a geodesic link containing the singular locus $\Sigma$. Let $U_{\max }\left(\Sigma^{+}\right)$be the maximal multitube about $\Sigma^{+}$, with smallest tube radius $R$. Let $T_{i}=\partial U_{i}$ be the boundary torus of any component of $U_{\max }$. Then

$$
\begin{equation*}
\operatorname{area}\left(T_{i}\right) \geq \frac{\sqrt{3} \sinh ^{2} R}{S(R) \cosh (2 R)} \geq 1.69785 \frac{\sinh ^{2} R}{\cosh (2 R)} \tag{4.17}
\end{equation*}
$$

If the tube $U_{i}$ became maximal by bumping into itself (for instance if $\Sigma^{+}$is connected), then $\operatorname{area}\left(T_{i}\right)$ is bounded below by twice the estimate of (4.17).

Proof This result is essentially [32, Theorem 4.4]. To derive the theorem from Proposition 4.3, perform an area-preserving affine transformation on $T_{i}$ that turns the ellipse of Proposition 4.3 into a circle. The area of this circle is

$$
\pi a b\left(R_{i}, R_{j}\right) \geq \pi a b(R, R)=\frac{\pi \sinh R \cosh R \sinh ^{2} R}{S(R) \sinh (2 R) \cosh (2 R)}=\frac{\pi \sinh ^{2} R}{2 S(R) \cosh (2 R)}
$$

where the inequality is Lemma 4.15. By a theorem of Böröczky [8], the maximal density of a circle packing in the torus is $\pi /(2 \sqrt{3})$. Therefore,

$$
\operatorname{area}\left(T_{i}\right) \geq \frac{2 \sqrt{3}}{\pi} \pi a b(R, R)=2 \sqrt{3} a b(R, R)=\frac{\sqrt{3} \sinh ^{2} R}{S(R) \cosh (2 R)}
$$

Recall from Claim 4.10 that $S(R) \leq S(0)=1.02013 \ldots$, and hence $\sqrt{3} / S(R) \geq$ 1.69785.

If the tube $U_{1}$ became maximal by bumping into itself, the two ellipses guaranteed by Proposition 4.3 become two circles of identical radius. Thus, the estimate of (4.17) becomes doubled. This is the case that Hodgson and Kerckhoff analyze in Theorem 4.4 of [32].

We apply Theorem 4.16 to bound the visual area of $\Sigma^{+}$.
Definition 4.18 Let $M$ be a nonelementary hyperbolic cone manifold, and let $\Sigma^{+}=$ $\sigma_{1} \cup \cdots \cup \sigma_{n}$ be a geodesic link containing the singular locus. Let $\alpha_{j}$ be the cone angle along $\sigma_{j}$ and let $\lambda_{j}=\operatorname{len}\left(\sigma_{j}\right)$ be the length of $\sigma_{j}$. We define the visual area of $\sigma_{j}$ to be

$$
\mathcal{A}_{j}=\alpha_{j} \lambda_{j}
$$

The visual area of $\Sigma^{+}$is defined by summation: $\mathcal{A}=\sum_{j} \mathcal{A}_{j}$. Note that if $T_{j}$ is the boundary of some tube $U_{j} \subset U_{\text {max }}$, then (2.2) implies

$$
\begin{equation*}
\operatorname{area}\left(T_{j}\right)=\mathcal{A}_{j} \sinh R_{j} \cosh R_{j}=\frac{1}{2} \mathcal{A}_{j} \sinh \left(2 R_{j}\right) \tag{4.19}
\end{equation*}
$$

Definition 4.20 Define a function

$$
h(r)=3.3957 \frac{\tanh (r)}{\cosh (2 r)}=3.3957 \frac{z\left(1-z^{2}\right)}{1+z^{2}}
$$

where $z=\tanh r$.
Theorem 4.21 Let $M$ be a nonelementary hyperbolic cone manifold and $\Sigma^{+}$a geodesic link containing the singular locus. Let $U_{\max }\left(\Sigma^{+}\right)$be the maximal multitube about $\Sigma^{+}$, with smallest tube radius $R$. Then

$$
\mathcal{A} \geq h(R)
$$

Proof This result is due to Hodgson and Kerckhoff [33, Theorem 5.6]. We repeat the short proof for completeness. If $T_{i}$ is a boundary torus of some component of $U_{\max }$, equation (4.19) gives

$$
\operatorname{area}\left(T_{i}\right)=\mathcal{A}_{i} \sinh R_{i} \cosh R_{i}
$$

If $U_{1}$ became maximal by bumping into itself, Theorem 4.16 guarantees

$$
\mathcal{A} \geq \mathcal{A}_{1}=\frac{\operatorname{area}\left(T_{1}\right)}{\sinh R \cosh R} \geq 3.3957 \frac{\sinh ^{2} R / \cosh (2 R)}{\sinh R \cosh R}=h(R)
$$

as desired. Meanwhile, if $U_{1}$ became maximal by bumping into another tube $U_{2}$, then $R_{1}=R_{2}=R$, and Theorem 4.16 bounds the area of each of $T_{1}=\partial U_{1}$ and $T_{2}=\partial U_{2}$. Therefore,

$$
\mathcal{A} \geq \mathcal{A}_{1}+\mathcal{A}_{2}=\frac{\operatorname{area}\left(T_{1}\right)+\operatorname{area}\left(T_{2}\right)}{\sinh R \cosh R} \geq 3.3957 \frac{\sinh ^{2} R / \cosh (2 R)}{\sinh R \cosh R}=h(R)
$$

In Section 5, we will apply Theorem 4.21 to prove the existence of cone deformations maintaining a given tube radius about $\Sigma$. To set up this application, we need to establish some important properties of $h(r)$.

Lemma 4.22 [32, Lemma 5.2] For $r>0$, the function $h(r)$ of Definition 4.20 has a unique critical point at $r_{0}=\operatorname{arctanh} \sqrt{\sqrt{5}-2} \approx 0.5306375$. This critical point is a global maximum, and hence $h(r)$ is strictly decreasing when $r \geq 0.531$.

Remark 4.23 Recall from Definition 4.20 that $h(r)$ can be expressed as a rational function of $z=\tanh r$. This leads us to define

$$
\operatorname{haze}(z)=h\left(\tanh ^{-1}(z)\right)=3.3957 \frac{z\left(1-z^{2}\right)}{1+z^{2}}
$$

By Lemma 4.22, haze $(z)$ is decreasing and invertible in the range $z \in[\sqrt{\sqrt{5}-2}, 1)$. The functions haze and haze ${ }^{-1}$ will play an important role in Sections 6 and 7. Because inverting haze $(z)$ amounts to solving a cubic equation, Cardano's formula can be used to obtain a closed-form expression for haze ${ }^{-1}(h)$ :
(4.24) $\operatorname{haze}^{-1}(3.3957 x)$

$$
=\frac{2}{3} \sqrt{x^{2}+3} \cos \left(\frac{1}{3} \pi+\frac{1}{3} \tan ^{-1}\left(\frac{-3 \sqrt{-3 x^{4}-33 x^{2}+3}}{x^{3}+18 x}\right)\right)-\frac{1}{3} x .
$$

Returning to the function $h(r)$, we define $h_{\max }=h(0.531) \approx 1.01967$. By Lemma 4.22, this is slightly less than the true maximal value of $h$. Now, Theorem 4.21 and Lemma 4.22 have the following immediate corollary:

Corollary 4.25 The function $h$ of Definition 4.20 has a well-defined inverse

$$
h^{-1}:\left(0, h_{\max }\right] \rightarrow[0.531, \infty)
$$

which can be computed via (4.24). Furthermore, $h^{-1}$ is a decreasing function such that the maximal tube radius satisfies

$$
R \geq h^{-1}(\mathcal{A})
$$

provided $R \geq 0.531$.

### 4.2 Injectivity radii

Recall the definition of $\operatorname{injrad}\left(x, U_{i}\right)$ from Definition 2.17.

Theorem 4.26 Let $M$ be a nonelementary hyperbolic cone manifold and $\Sigma^{+}$a geodesic link containing the singular locus. Let $U_{\max }\left(\Sigma^{+}\right)$be the maximal multitube about $\Sigma^{+}$, with smallest tube radius $R$.

Then, for every tube $U_{i} \subset U_{\max }$ and every $x \in \partial U_{i}$,

$$
\begin{align*}
2 \operatorname{injrad}\left(x, U_{i}\right) & \geq 1.361 \sqrt{1-\cos \left(\frac{1}{\cosh (R)}\right)} \cdot \frac{\sinh R}{S(R)}  \tag{4.27}\\
& >1.1227 \tanh R-0.1604 \tag{4.28}
\end{align*}
$$

where $S(R)$ is as defined in (4.5). The functions on the right-hand side of (4.27) and (4.28) are increasing in $R$.

Proof First, we check that the function expressing the lower bound in (4.27) is increasing in $R$, and calculate its limit as $R \rightarrow \infty$. We define

$$
f_{1}(R)=\sqrt{1-\cos \left(\frac{1}{\cosh (R)}\right)} \cdot \cosh (R), \quad f_{2}(R)=\frac{1}{S(R)}, \quad f_{3}(R)=\tanh R
$$

so that the lower-bound function in (4.27) becomes $f(R)=1.361 f_{1}(R) f_{2}(R) f_{3}(R)$. The first nonconstant term in the product can be written as

$$
f_{1}(R)=\sqrt{1-\cos \left(\frac{1}{\cosh (R)}\right)} \cdot \cosh (R)=\sqrt{\frac{1-\cos (A)}{A^{2}}} \text { for } A=\frac{1}{\cosh (R)}
$$

For $A$ between 0 and 1 , the function $f_{1}(R)$ is decreasing in $A$, and hence increasing in $R$. It satisfies $\lim _{R \rightarrow \infty} f_{1}(R)=1 / \sqrt{2}$. The second term is $f_{2}(R)=S(R)^{-1}$, which is increasing by Claim 4.10 and approaches 1 as $R \rightarrow \infty$. Finally, the third term is $f_{3}(R)=\tanh R$, which is also increasing in $R$ and approaches 1 as $R \rightarrow \infty$. Thus, $f(R)=1.361 f_{1}(R) f_{2}(R) f_{3}(R)$ increases at least as fast as $Z=\tanh R$ and satisfies
(4.29) $\lim _{R \rightarrow \infty} f(R)=1.361 \lim _{R \rightarrow \infty} f_{1}(R) f_{2}(R) f_{3}(R)=\frac{1.361}{\sqrt{2}}=0.96237 \ldots$

Next, we check that the function in (4.27) is larger than the one (4.28). Set $Z=\tanh R$, as above. When $Z \in[0.99995,1)$, the increasing function in (4.27) is bounded below by 0.9623 , whereas $1.1227 Z-0.1604$ is bounded above by 0.9623 . Meanwhile, when $Z \in[0,0.99995]$, we check using interval arithmetic in Sage that the function in (4.27) is larger than $1.1227 Z-0.1604$. This is established by breaking the domain [0, 0.99995] into small intervals and checking the desired inequality on each subinterval. See the ancillary files for details.

Now, we proceed to the main portion of the proof: the lower bound on $\operatorname{injrad}\left(x, U_{i}\right)$ expressed in (4.27). Consider the torus $T_{i}=\partial U_{i}$. Proposition 4.3 has the following consequence:

Claim 4.30 The torus $T_{i}=\partial U_{i}$ contains an embedded open disk of radius

$$
\frac{b(R, R)}{S(R)}=\frac{\sinh ^{2} R}{S(R) \sinh (2 R)}=\frac{\tanh R}{2 S(R)}
$$

where $b(\cdot, \cdot)$ is a semimajor axis as in (4.4) and $S(\cdot)$ is as in (4.5).

This can be seen as follows. By Proposition 4.3, the torus $T_{i}$ contains an embedded ellipse, whose semimajor axes are

$$
a\left(R_{i}, R_{j}\right)=\frac{\cosh R_{i} \sinh R_{j}}{S\left(R_{j}\right) \cosh \left(R_{i}+R_{j}\right)} \quad \text { and } \quad b\left(R_{i}, R_{j}\right)=\frac{\sinh R_{i} \sinh R_{j}}{\sinh \left(R_{i}+R_{j}\right)}
$$

This ellipse contains a disk of radius $\min \{a, b\}$. We would like to determine this minimum. By Lemma A.2,

$$
\frac{\cosh R_{i}}{\cosh \left(R_{i}+R_{j}\right)}>\frac{\sinh R_{i}}{\sinh \left(R_{i}+R_{j}\right)}, \quad \text { and hence } \quad S\left(R_{j}\right) a\left(R_{i}, R_{j}\right)>b\left(R_{i}, R_{j}\right)
$$

Since $S\left(R_{j}\right)>1$, it follows that

$$
\min \left\{a\left(R_{i}, R_{j}\right), b\left(R_{i}, R_{j}\right)\right\} \geq \min \left\{a\left(R_{i}, R_{j}\right), \frac{b\left(R_{i}, R_{j}\right)}{S\left(R_{j}\right)}\right\}=\frac{b\left(R_{i}, R_{j}\right)}{S\left(R_{j}\right)} \geq \frac{b(R, R)}{S(R)}
$$

Here, the last inequality follows because $b\left(R_{i}, R_{j}\right)$ is monotonically increasing in both variables, by a calculation similar to Lemma 4.15. Meanwhile, $S(R)$ is monotonically decreasing by Claim 4.10, and hence the quotient is increasing. This proves the claim.

Proceeding toward the main proof, let $\widehat{M}$ be the universal branched cover of $M$, branched over $\Sigma^{+}$. Choose a preimage $\tilde{U}_{i}$ of $U_{i}$. Then $\widetilde{T}_{i}=\partial \tilde{U}_{i}$ is a Euclidean plane that covers $T_{i}$. Our goal, following Definition 2.17, is to give a lower bound on the distance between a lift $\tilde{x}$ of $x$ and any of its translates under $\pi_{1}\left(T_{i}\right)=\mathbb{Z} \times \mathbb{Z}$.

By Claim 4.30, $\widetilde{T}_{i}$ contains a $\mathbb{Z} \times \mathbb{Z}$-equivariant family of disjoint disks, of radius $b(R, R) / S(R)$. Fix $p=\tilde{x}$ and let $q=\varphi(\tilde{x})$ be the closest translate of $p$. Since $\operatorname{injrad}\left(x, U_{i}\right)$ is constant over points of $T_{i}$, we may assume that $p$ and $q$ lie at centers of disks in this family. Thus, $d_{E}(p, q) \geq 2 b(R, R) / S(R)$, where $d_{E}$ denotes the Euclidean distance on $\widetilde{T}_{i}$, as in Section 3.3.

Claim 4.31 We have

$$
d(p, q) \geq f(R)=1.361 \sqrt{1-\cos \left(\frac{1}{\cosh (R)}\right)} \cdot \frac{\sinh R}{S(R)}
$$

Before proving this claim, we make some quick reductions. First, as we computed in (4.29), the function $f(R)$ is bounded above by 0.9625 . Thus, it suffices to assume $d(p, q) \leq 0.9625$. Second, it suffices to assume that the disks of radius $b / S$ centered at $p$ and $q$ are tangent, because any lower bound on distance for tangent disks will still apply as $p$ and $q$ are moved further apart.

Our lower bound on $d(p, q)$ will come from Lemma 3.8. In preparation for applying that lemma, we note that, since $d(p, q) \leq 0.9625$, we have

$$
\begin{equation*}
\frac{\cosh d(p, q)-1}{d(p, q)^{2}} \leq \frac{\cosh 0.9625-1}{0.9625^{2}}=0.53981 \ldots \tag{4.32}
\end{equation*}
$$

By Remark 4.14, the $\theta$-coordinates of an ellipse centered at $(r, 0,0)$ must satisfy

$$
\begin{equation*}
|\theta| \leq \frac{1}{2 \cosh \left(R_{j}\right)} \leq \frac{1}{2 \cosh (R)}=\frac{A}{2} \tag{4.33}
\end{equation*}
$$

where recall that we defined $A=1 / \cosh (R)$. This means that the $\theta$-coordinates of $p$ and $q$, whose disks are assumed to be tangent, must differ by at most $A$, which is at most $1<\pi$. Finally, if the disks centered at $p$ and $q$ are tangent, Claim 4.30 implies

$$
\begin{equation*}
d_{E}(p, q)=\frac{2 b(R, R)}{S(R)}=\frac{\tanh R}{S(R)} . \tag{4.34}
\end{equation*}
$$

Now we may plug (4.32) and (4.34) into the lower bound of Lemma 3.8. Using the upper bound from (4.32), we obtain

$$
0.53982 d(p, q)^{2} \geq \cosh d(p, q)-1 \geq \frac{1-\cos A}{A^{2}} d_{E}(p, q)^{2}=\frac{1-\cos A}{A^{2}} \cdot \frac{\tanh ^{2} R}{S(R)^{2}}
$$

Using the value $A=1 / \cosh R$ from (4.33), this simplifies to

$$
\begin{aligned}
d(p, q) & \geq \sqrt{\frac{1}{0.53982}} \cdot \frac{\sqrt{1-\cos A}}{A} \cdot \frac{\tanh R}{S(R)} \\
& =1.36105 \cdots \sqrt{1-\cos \left(\frac{1}{\cosh (R)}\right)} \cdot \cosh R \cdot \frac{\tanh R}{S(R)}
\end{aligned}
$$

proving the claim. Since $q$ was assumed to be the closest translate of $p=\tilde{x}$, Claim 4.31 proves the theorem.

Remark 4.35 If the cone manifold $M$ has cusps, the constructions and results of this section also apply to a maximal neighborhood consisting of tubes and horocusps in $M$. To extend Definition 4.2, first construct a maximal multitube as in that definition. Then choose any ordering on the cusps and expand each cusp neighborhood until it bumps into a tube or a previously expanded cusp.

After such a construction, Theorems 4.16 and 4.26 hold for the boundary tori of both tubes and horocusps. One way to see this is to view horocusps as limiting cases of tubes with radius $R_{i} \rightarrow \infty$. A key point in the proofs of both Theorems 4.16 and 4.26 is that the relevant estimates are monotonically increasing in $R_{i}$. Thus, they will also hold if $R_{i}$ is replaced by $\infty$.

If there are no compact tubes at all, but only a union of maximal cusps, both theorems become well-known statements from the literature. Theorem 4.16 becomes the wellknown estimate due to Meyerhoff [43, Section 5] that every cusp torus $T_{i}=\partial U_{i}$ satisfies

$$
\operatorname{area}\left(T_{i}\right) \geq \frac{\sqrt{3}}{2}=\lim _{R \rightarrow \infty} \frac{\sqrt{3} \sinh ^{2} R}{S(R) \cosh (2 R)}
$$

Meanwhile, Theorem 4.26 becomes a well-known estimate observed by Adams [1, Lemma 2.4]: every nontrivial element $\varphi \in \pi_{1}\left(T_{i}\right)$ corresponds to a horocycle of length $\geq 1$. In other words, for every $\tilde{x} \in \widetilde{T}_{i}$ and every $1 \neq \varphi \in \pi_{1}\left(T_{i}\right)$, we have $d_{E}(\tilde{x}, \varphi \tilde{x}) \geq 1$. By Lemma 3.9, this implies

$$
2 \operatorname{injrad}\left(x, U_{i}\right)=\min \{d(\tilde{x}, \varphi(\tilde{x})): \varphi \neq 1\} \geq 2 \operatorname{arcsinh}\left(\frac{1}{2}\right)=0.96242 \ldots,
$$

which is nearly the same as the asymptotic limit computed in (4.29).

## 5 Existence of cone deformations

This section proves that, if $M$ is a hyperbolic manifold and $\Sigma \subset M$ is a geodesic link that is sufficiently short, then there exists a cone deformation interpolating between $M$ and $M-\Sigma$. See Theorem 5.1 for a precise statement. This result is closely related to theorems of Hodgson and Kerckhoff [32] and Bromberg [14] showing that cone deformations exist under certain conditions. However, we need a version that has explicitly quantified hypotheses, allows for multiple components of $\Sigma$, and allows $M$ to be a cusped manifold. Such a version did not previously appear in the literature. Still, our proof in this section relies heavily on the cone deformation theory developed by Hodgson and Kerckhoff [30; 32; 33]. In order to explain the statement and set up the proof, we review necessary background material from their work. Reviewing background from cone deformation theory will also allow us to define several important quantities and set up notation that will be used in the subsequent sections.

On the way to proving Theorem 5.1, we will establish Theorem 5.14, which provides quantitative control on the radius of a maximal multitube about $\Sigma$. This result will be used repeatedly in the sequel.

A related theorem of Hodgson and Kerckhoff [33, Theorem 1.2] provides an interpolation by cone manifolds from $M-\Sigma$ to $M$ (ie in the opposite direction of Theorem 5.1) provided that all meridians on the cusps of $M-\Sigma$ are sufficiently long. We recall their result below, in Theorem 5.17, again adding quantitative control over the radius of a multitube about $\Sigma$.

In this section and in the sequel, $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ is a geodesic link. We use the notation $\ell_{j}=\operatorname{len}\left(\sigma_{j}\right)$ to denote the initial length of $\sigma_{j}$ in a nonsingular metric, and $\lambda_{j}=\lambda_{j}(t)=\operatorname{len}_{t}\left(\sigma_{j}\right)$ to denote the length of $\sigma_{j}$ in a changing metric $g_{t}$.

Theorem 5.1 Let $M$ be a finite-volume hyperbolic 3-manifold. Suppose that $\Sigma=$ $\sigma_{1} \cup \cdots \cup \sigma_{n}$ is a geodesic link in $M$, whose components have lengths satisfying

$$
\ell_{j}=\operatorname{len}\left(\sigma_{j}\right) \leq 0.0996 \quad \text { for all } j \quad \text { and } \quad \ell=\sum_{j=1}^{n} \ell_{j} \leq 0.15601
$$

Then the hyperbolic structure on $M$ can be deformed to a complete hyperbolic structure on $M-\Sigma$ by decreasing the cone angle $\alpha_{j}$ along $\sigma_{j}$ from $2 \pi$ to 0 . The cone angles on all components of $\Sigma$ change in unison.

Hodgson and Kerckhoff have shown this result in the setting where $M$ is a closed hyperbolic 3-manifold and $\Sigma$ is connected [32, Corollary 6.3]. In this special case, it suffices to assume that $\ell=\operatorname{len}(\Sigma) \leq 0.11058$. Bromberg extended their result to geometrically finite manifolds without rank one cusps [14, Theorem 1.2]. However, his hypotheses are not explicitly quantified, while we need explicit bounds under explicit hypotheses.

### 5.1 Background on cone deformations

Hodgson and Kerckhoff [30] show that an infinitesimal deformation of a cone manifold structure on $M$, with singular locus $\Sigma$, can be represented as a harmonic 1-form $\omega$ with values in the bundle $E$ of infinitesimal isometries of $X=M-\Sigma$. Explicit information about $\omega$ is used to determine the effect of the deformation on the singular locus.

Since $X$ is a hyperbolic 3-manifold, its bundle of infinitesimal isometries can be identified with $T X \otimes \mathbb{C} \cong T X \oplus i T X$. Here $(v, i w) \in T X \oplus i T X$ corresponds to an infinitesimal translation in the direction of $v$ and an infinitesimal rotation about an axis
in the direction of $w$. In [33], Hodgson and Kerckhoff show that $\omega$ can be taken to be harmonic, which means it will have the form

$$
\begin{equation*}
\omega=\eta+i * D \eta \tag{5.2}
\end{equation*}
$$

where $\eta$ is a $T X$-valued 1-form on $X$ and $*$ is the Hodge star operator on forms on $X$ that takes the vector-valued 2-form $D \eta$ to a vector-valued 1-form. The forms $\eta$ and $* D \eta$ are both symmetric and traceless. Under an appropriate $L^{2}$ integrability condition, $\omega$ is the unique closed and coclosed harmonic form in its cohomology class; see Remark 5.18 for details.

Given any component $\sigma_{j}$ of the singular locus $\Sigma$, Hodgson and Kerckhoff use cylindrical coordinates about $\sigma_{j}$ to compute two explicit closed and coclosed forms. The first, $\omega_{m}=\eta_{m}+i * D \eta_{m}$, represents an infinitesimal deformation which decreases the cone angle but does not affect the real part of the complex length of the meridian. The second, $\omega_{\ell}=\eta_{\ell}+i * D \eta_{\ell}$, stretches the singular locus but leaves the holonomy of the meridian unchanged. The effects of $\omega_{m}$ and $\omega_{\ell}$ on the complex length of any peripheral curve were computed in [30, pages $32-33$ ] and recorded in [32, Lemma 2.1].

In the following lemma, $t$ is a dummy variable expressing the "direction" of an infinitesimal change of metric. Part of the content of Theorem 5.6 will be that infinitesimal deformations can actually be promoted to local deformations, parametrized by $t$.

Lemma 5.3 [32, Lemma 2.1] The effects of $\omega_{m}$ and $\omega_{\ell}$ on the complex length $\mathcal{L}$ of any peripheral curve are as follows:
(1) If $\omega=\omega_{m}$, then $\frac{d}{d t}(\mathcal{L})=-2 \mathcal{L}$.
(2) If $\omega=\omega_{\ell}$, then $\frac{d}{d t}(\mathcal{L})=2 \operatorname{Re}(\mathcal{L})$.

Any harmonic infinitesimal deformation affecting $\sigma_{j}$ alone can be written in terms of these forms as

$$
\begin{equation*}
\omega=s_{j} \omega_{m}+\left(x_{j}+i y_{j}\right) \omega_{\ell}+\omega_{c} \tag{5.4}
\end{equation*}
$$

where $s_{j}, x_{j}$ and $y_{j}$ are real constants and $\omega_{c}$ is an infinitesimal deformation that does not affect the holonomy of the meridian and longitude on the torus $T_{j}$ of distance $R$ from $\sigma_{j}$. We define $\omega_{0}$ to be $\omega-\omega_{c}$.

Because only $\omega_{m}$ affects the cone angle, the coefficient $s_{j}$ determines the change in cone angle at $\sigma_{j}$ for our given parametrization.

Lemma 5.3 implies that the effect of $\omega_{0}$ on the complex length $\mathcal{L}_{j}$ of $\sigma_{j}$ is given by

$$
\begin{equation*}
\frac{d}{d t}\left(\mathcal{L}_{j}\right)=-2 s_{j} \mathcal{L}_{j}+2\left(x_{j}+i y_{j}\right) \operatorname{Re}\left(\mathcal{L}_{j}\right) \tag{5.5}
\end{equation*}
$$

A central result of Hodgson and Kerckhoff [30] is that there always exists a local cone deformation that changes the cone angle on each component of $\Sigma$ at the desired rate. In fact, we may let the deformation preserve some number of closed geodesics whose cone angle is not changing. The following is a special case of [30, Theorem 4.8], with parametrization information added as in [33, page 1073].

Theorem 5.6 Let $M$ be a finite-volume hyperbolic cone manifold with singular locus $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ such that each component of $\Sigma$ has cone angle $\alpha_{j} \leq 2 \pi$. Let $\Sigma^{+}=$ $\sigma_{1} \cup \cdots \cup \sigma_{m}$ be a geodesic link containing $\Sigma$. Pick a vector $\left(s_{1}, \ldots, s_{m}\right) \in \mathbb{R}^{m}$, where $s_{j}=0$ for $j>n$. Then there is a local cone deformation $\left(M, \Sigma^{+}, g_{t}\right)$, parametrized by $t$, such that

$$
\begin{equation*}
\frac{d \alpha_{j}}{d t}=-2 \alpha_{j} s_{j} \tag{5.7}
\end{equation*}
$$

Furthermore, the metric $g_{t}$ is determined up to isometry by the vector

$$
\left(\alpha_{1}(t), \ldots, \alpha_{n}(t), \alpha_{n+1}, \ldots, \alpha_{m}\right)
$$

In our setting, we will consider deformations where each component of $\Sigma$ has the same cone angle. As in [33], we choose the parametrization $t=\alpha^{2}$ for $0 \leq \alpha \leq 2 \pi$, and insist that $\alpha_{j}=\alpha$ for every $j \leq n$. When $\alpha>0$, equation (5.7) becomes

$$
\begin{equation*}
s_{j}=-\frac{1}{2 \alpha} \frac{d \alpha}{d t}=-\frac{1}{4 \alpha^{2}} \quad \text { for all } j \leq n \tag{5.8}
\end{equation*}
$$

### 5.2 Visual area and maximal tubes

Recall from Definition 4.18 that the visual area of the $j^{\text {th }}$ component of $\Sigma$ is $\mathcal{A}_{j}=\alpha_{j} \lambda_{j}$, and the total visual area is $\mathcal{A}=\sum \mathcal{A}_{j}$. Recall as well the notion of a maximal multitube from Definition 4.2. Our goal is to ensure that the radius of $U_{\max }$ does not degenerate to 0 during the course of the cone deformation. We do this by showing that $\mathcal{A}$ is monotonic in $\alpha$ (Lemma 5.9) and that small visual area implies deep tubes (Corollary 4.25).

Lemma 5.9 Consider a local cone deformation $\left(M, \Sigma, g_{t}\right)$, parametrized by $t=\alpha^{2}$. Let $U_{\max }(\Sigma)$ be the maximal multitube about $\Sigma$ and let $R$ be the smallest radius of the
tubes in $U_{\max }$. Let $\operatorname{len}_{t}(\Sigma)=\sum_{j} \lambda_{j}$ denote the total length of $\Sigma$ in the cone metric $g_{t}$. If $Z=\tanh R \geq 1 / \sqrt{3}$ and $t>0$, then

$$
\begin{equation*}
\frac{d}{d t} \operatorname{len}_{t}(\Sigma) \geq \frac{\operatorname{len}_{t}(\Sigma)}{2 t} \cdot \frac{3 Z^{2}-1}{Z^{2}\left(3-Z^{2}\right)} \geq 0 \tag{5.10}
\end{equation*}
$$

Furthermore,

$$
\begin{equation*}
\frac{d \mathcal{A}}{d t} \geq \frac{\mathcal{A}}{2 t}\left(\frac{3 Z^{2}-1}{Z^{2}\left(3-Z^{2}\right)}+1\right) \geq \frac{\mathcal{A}}{2 t}>0 \tag{5.11}
\end{equation*}
$$

Proof In our setting, every component of $\Sigma$ has the same angle $\alpha_{j}=\alpha$. Define $v=\mathcal{A} / \alpha^{2}=\operatorname{len}(\Sigma) / \alpha$. Then

$$
\operatorname{len}(\Sigma)=\sum \lambda_{j}=\frac{\mathcal{A}}{\alpha}=\alpha v=\sqrt{t} v
$$

Consequently,

$$
\frac{d \operatorname{len}(\Sigma)}{d t}=\frac{d(\sqrt{t} v)}{d t}=\sqrt{t} \frac{d v}{d t}+\frac{v}{2 \sqrt{t}}=\frac{v}{2 \sqrt{t}}\left(\frac{2 t}{v} \frac{d v}{d t}+1\right)=\frac{\operatorname{len}(\Sigma)}{2 t}\left(\frac{2 t}{v} \frac{d v}{d t}+1\right)
$$

By [33, Proposition 5.5], the hypothesis $R \geq \operatorname{arctanh}(1 / \sqrt{3})$ implies

$$
\frac{1}{v} \frac{d v}{d t} \geq-\frac{1}{\sinh ^{2} R}\left(\frac{2 \cosh ^{2} R-1}{2 \cosh ^{2} R+1}\right) \frac{1}{\alpha} \frac{d \alpha}{d t}=-\left(\frac{1-Z^{4}}{Z^{2}\left(3-Z^{2}\right)}\right) \frac{1}{2 t}
$$

where the last equality uses $Z=\tanh R$ and $t=\alpha^{2}$. Then

$$
\begin{equation*}
\frac{2 t}{v} \frac{d v}{d t}+1 \geq-\frac{1-Z^{4}}{Z^{2}\left(3-Z^{2}\right)}+1=\frac{3 Z^{2}-1}{Z^{2}\left(3-Z^{2}\right)} \tag{5.12}
\end{equation*}
$$

Since $Z=\tanh R<1$, the denominator of the last expression is always positive. The numerator will be nonnegative whenever $Z \geq 1 / \sqrt{3}$, and hence the whole expression in (5.12) is nonnegative. Thus,

$$
\frac{d \operatorname{len}(\Sigma)}{d t}=\frac{\operatorname{len}(\Sigma)}{2 t}\left(\frac{2 t}{v} \frac{d v}{d t}+1\right) \geq \frac{\operatorname{len}_{t}(\Sigma)}{2 t} \cdot \frac{3 Z^{2}-1}{Z^{2}\left(3-Z^{2}\right)} \geq 0
$$

establishing (5.10). For (5.11), we recall that $\mathcal{A}=\alpha^{2} v=t v$. Thus,

$$
\frac{d \mathcal{A}}{d t}=t \frac{d v}{d t}+v=\frac{v}{2}\left(\frac{2 t}{v} \frac{d v}{d t}+2\right)=\frac{\mathcal{A}}{2 t}\left(\frac{2 t}{v} \frac{d v}{d t}+2\right) \geq \frac{\mathcal{A}}{2 t}\left(\frac{3 Z^{2}-1}{Z^{2}\left(3-Z^{2}\right)}+1\right)
$$

Since the expression in (5.12) is nonnegative, (5.11) follows.

Our goal is to bound the tube radius throughout a cone deformation. Following Hodgson and Kerckhoff, we do this by using Corollary 4.25 , which can be rephrased as follows:
if the tube radius at some initial time $t$ is larger than 0.531 and $\mathcal{A}(t)$ remains smaller than $h_{\max } \approx 1.0196$ throughout the cone deformation, then the tube radius will remain large.

To apply Lemma 5.9, we need to ensure that the cone locus $\Sigma$ has a tube of radius $R \geq \operatorname{arctanh}(1 / \sqrt{3})>0.531$. This minimal assumption on tube radius will appear in many results below.

### 5.3 Decreasing cone angles to 0

Recall that, by Theorem 5.6, there always exists a local cone deformation on $(M, \Sigma)$ that decreases the cone angle on each component of $\Sigma$ from $\alpha$ to $\alpha-\epsilon$ for some small $\epsilon>0$. To show that the cone deformation can be continued, we apply a result of Hodgson and Kerckhoff.

Theorem 5.13 [32, Theorem 3.12] Suppose $M_{t}$ for $t \in\left[0, t_{\infty}\right)$ is a smooth path of finite-volume hyperbolic cone manifold structures on $(M, \Sigma)$ with cone angle $\alpha_{j}(t)$ along the $j^{\text {th }}$ component of the singular locus $\Sigma$. Suppose $\alpha_{j}(t) \in[0,2 \pi]$ for all $t$ and $\alpha_{j}(t) \rightarrow a_{j}$ as $t \rightarrow t_{\infty}$. Suppose there is a constant $R_{\min }>0$ such that there is an embedded tube of radius at least $R_{\min }$ around $\Sigma$ for all $t$. Then the path extends continuously to $t=t_{\infty}$ so that, as $t \rightarrow t_{\infty}, M_{t}$ converges in the bilipschitz topology to a cone manifold structure $M_{\infty}$ on $M$ with cone angle $a_{j}$ along the $j{ }^{\text {th }}$ component of $\Sigma$.

Proof This theorem is exactly [32, Theorem 3.12], except for three minor differences in the statement:
(1) The result [32, Theorem 3.12] is stated for closed manifolds rather than finitevolume manifolds.
(2) It is stated for cone structures where all cone angles around the singular locus agree. In fact, we can be more flexible with parametrizing the deformation.
(3) It is stated for cone manifolds satisfying a uniform upper volume bound, independent of $t$.

Hypothesis (3) can be omitted because it holds automatically. This follows from a construction of Agol [3], as follows. Agol uses the cone metric $g_{t}$ (which is nonsingular outside a tube about $\Sigma$ ) to construct a complete metric of pinched negative curvature on $M-\Sigma$, which we denote by $h_{t}$. The sectional curvatures of this metric are bounded in
terms of the constant $R_{\min }>0$, while $\operatorname{vol}\left(h_{t}\right)$ differs from $\operatorname{vol}\left(g_{t}\right)$ by a multiplicative factor that depends only on $R_{\text {min }}$. Furthermore, by a result of Boland, Connell and Souto [7], vol $\left(h_{t}\right)$ differs by a bounded multiplicative factor from the volume of the complete hyperbolic metric, denoted by $\operatorname{vol}(M-\Sigma)$. Consequently, Agol's work gives a uniform upper bound on $\operatorname{vol}\left(M_{t}\right)$ as a function of $R_{\min }$ and $\operatorname{vol}(M-\Sigma) .{ }^{1}$

Hypothesis (2) can be omitted because it is never used in the proof of [32, Theorem 3.12]. The proof goes through verbatim without this assumption.

Issue (1) can now be resolved by an appeal to (2). Let $\Sigma^{+}$consist of geodesics and cusps, where the cusps have cone angle 0 . Now apply [32, Theorem 3.12] to $\Sigma^{+}$, so that the cone angle remains 0 on all cusps that remain unfilled. This immediately gives the result for finite-volume manifolds.

Theorem 5.14 Suppose that $M$ is a finite-volume hyperbolic 3-manifold and $\Sigma=$ $\sigma_{1} \cup \cdots \cup \sigma_{n}$ is a geodesic link in $M$ of total length

$$
\ell=\operatorname{len}(\Sigma) \leq \frac{h(\operatorname{arctanh}(1 / \sqrt{3}))}{2 \pi}=0.15601 \ldots
$$

Let $R$ be the radius of a maximal embedded tube about $\Sigma$ and assume $R \geq 0.531$. Define $R_{\min }=h^{-1}(2 \pi \ell)$, and note that this value exists by Corollary 4.25.

Then the hyperbolic structure on $M$ can be deformed to the complete hyperbolic structure on $M-\Sigma$ by decreasing the cone angles on $\Sigma$ from $2 \pi$ to 0 in such a way that, at any time $t$,
(1) every component of $\Sigma$ has cone angle $\alpha=\sqrt{t}$,
(2) the tube radius in $M_{t}$ about $\Sigma$ is $R(t) \geq R_{\min } \geq \operatorname{arctanh}(1 / \sqrt{3})$,
(3) if $t>0$, we have $\mathcal{A}^{\prime}(t)>0$.

Proof By Theorem 5.6, there exists a cone deformation with cone angles near $2 \pi$, parametrized by $t=\alpha^{2}$. At the maximal value of $t$, namely $t=(2 \pi)^{2}$, we have

$$
\mathcal{A}(t)=2 \pi \ell=h\left(R_{\min }\right) \leq h\left(\operatorname{arctanh}\left(\frac{1}{\sqrt{3}}\right)\right)<h_{\max }
$$

and hence $R \geq R_{\min } \geq \operatorname{arctanh}(1 / \sqrt{3})$ by Corollary 4.25. By Lemma 5.9, we have $\mathcal{A}^{\prime}\left((2 \pi)^{2}\right)>0$.

[^0]Let $I \subset\left[0,(2 \pi)^{2}\right]$ be the maximal subinterval containing $(2 \pi)^{2}$ such that conclusions (1), (2) and (3) all hold for $t \in I$. In the previous paragraph, we checked that $I$ contains $(2 \pi)^{2}$, so is not empty.

Next we show that $I$ is open. Suppose $t_{0} \in I$, so there exists a hyperbolic cone manifold structure on $M$ with cone angles $\alpha_{0}=\sqrt{t_{0}}$. On a small neighborhood of $t_{0}$, condition (1) holds as a consequence of Theorem 5.6: there exists a local cone deformation with cone angles near $\alpha_{0}$, parametrized by $t=\alpha^{2}$ for $t$ near $t_{0}$. Condition (3) is an open condition, and hence $\mathcal{A}^{\prime}(t)>0$ in a small neighborhood of $t_{0}$ in $\left[0,(2 \pi)^{2}\right]$. Therefore, in the union of $I$ and this small neighborhood, we have $\mathcal{A}(t) \leq \mathcal{A}\left((2 \pi)^{2}\right) \leq h\left(R_{\min }\right)$, and hence $R \geq R_{\min } \geq \operatorname{arctanh}(1 / \sqrt{3})$ by Corollary 4.25. So condition (2) is satisfied as well in this neighborhood, and $I$ is open.

Now we show that $I$ is closed. Let $t_{\infty}=\inf I$. By Theorem 5.13, the assumption that $R(t) \geq \operatorname{arctanh}(1 / \sqrt{3})$ for $t \in I$ implies that the cone deformation extends to time $t_{\infty}$, and hence (1) holds. Second, note that (2) is a closed condition, and hence $R\left(t_{\infty}\right) \geq R_{\min }$ by continuity. Third, by Lemma $5.9, R\left(t_{\infty}\right) \geq \operatorname{arctanh}(1 / \sqrt{3})$ implies that, if $t_{\infty}>0$, then $\mathcal{A}^{\prime}\left(t_{\infty}\right)>0$, and hence condition (3) holds. Finally, if $t_{\infty}=0$, then condition (3) holds vacuously. Therefore, $I$ is closed.

Since $I$ is open, closed and nonempty, it follows that $I=\left[0,(2 \pi)^{2}\right]$, and hence the desired cone deformation interpolates all the way between cone angle $2 \pi$ and 0 .

The style of argument in the above proof will be employed several more times in the paper. Conditions (1)-(3) are mutually reinforcing, with the property that, if they hold on an interval $I$, then they also hold on a slightly larger interval. If $I$ is closed, the conclusions hold on a neighborhood of the endpoint; if $I$ is open, they hold on the closure. This continuous analogue of induction will be called a crawling argument.

We will prove Theorem 5.1 by applying Theorem 5.14 . Theorem 5.14 needs a hypothesis on the length $\ell$ and a hypothesis on the radius of the maximal tube. Meanwhile, Theorem 5.1 only has hypotheses on length. It turns out that, for nonsingular manifolds, the tube radius can be estimated from length alone.

Lemma 5.15 Let $M$ be a hyperbolic 3-manifold. Let $\Sigma \subset M$ be a geodesic link with components $\sigma_{1}, \ldots, \sigma_{n}$ such that $\operatorname{len}\left(\sigma_{j}\right) \leq 0.0996$ for every $j$. Then the maximal embedded tube about $\Sigma$ has radius $R>0.531$.

See [27, Proposition 1.10] for a very similar statement, with slightly different numbers in the hypotheses and the conclusion. Our proof, using results of Meyerhoff [43], is based on the proof of that proposition.

Proof of Lemma 5.15 This follows from a theorem of Meyerhoff [43, Section 3]. For each $j$, let $\mathcal{L}_{j}=\ell_{j}+i \tau_{j}$ be the complex length of $\sigma_{j}$. For each $j$, Meyerhoff constructs an embedded tube about $\sigma_{j}$ whose radius $r_{j}$ satisfies

$$
\sinh ^{2} r_{j}=\frac{\sqrt{1-2 k\left(\mathcal{L}_{j}\right)}}{2 k\left(\mathcal{L}_{j}\right)}-\frac{1}{2}, \quad \text { where } k\left(\mathcal{L}_{j}\right)=\min _{m \in \mathbb{N}}\left\{\cosh \left(m \ell_{j}\right)-\cos \left(m \tau_{j}\right)\right\}
$$

Furthermore, the tubes about different components are disjoint [43, Section 7].
Observe that $\sqrt{1-2 k} /(2 k)$ is a decreasing function of $k$ when $k \in(0, \sqrt{2}-1)$, and that $r_{j}=0.531$ when $k\left(\mathcal{L}_{j}\right)=0.34932 \ldots$ Thus, it remains to show that $k\left(\mathcal{L}_{j}\right) \leq 0.34932$ for all $\ell_{j} \in[0,0.0996]$ and $\tau_{j} \in[0,2 \pi]$. Since $\cosh \left(m \ell_{j}\right)$ is an increasing function of $\ell_{j}$, it suffices to set $\ell_{j}=0.0996$. Since $\cos \left(m \tau_{j}\right)$ is an even function of $\tau_{j}$, it suffices to consider values $\tau_{j} \in[0, \pi]$.

Finally, we claim that, for every $\tau_{j} \in[0, \pi]$, there is an integer $m \in\{1, \ldots, 8\}$ such that $\cosh (m \cdot 0.0996)-\cos \left(m \tau_{j}\right) \leq 0.34932$. This is verified using interval arithmetic in Sage; see the ancillary files for details.

Proof of Theorem 5.1 Suppose that $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ is a geodesic link in $M$ such that each component has length len $\left(\sigma_{j}\right) \leq 0.0996$ and $\sum \operatorname{len}\left(\sigma_{j}\right) \leq 0.15601$. Since $\operatorname{len}\left(\sigma_{j}\right) \leq 0.0996$ for each $j$, Lemma 5.15 says the maximal tubular neighborhood of $\Sigma$ has radius $R>0.531$. Since $\ell=\sum \operatorname{len}\left(\sigma_{j}\right) \leq 0.15601$, Theorem 5.14 implies that we may deform the cone angles on $\sigma_{j}$ downward from $2 \pi$ to 0 .

### 5.4 Increasing cone angles from 0

Next we present a companion result to Theorem 5.14, whose hypotheses are on the drilled manifold $M-\Sigma$ rather than the on the filled manifold $M$ where $\Sigma$ is nonsingular. Recall that normalized length was defined in Definition 1.3. If the total normalized length of all meridians in $M-\Sigma$ is sufficiently large, one obtains a cone deformation from $M-\Sigma$ to $M$, with control on tube radii.

Definition 5.16 Define a function $I:(0,1) \rightarrow \mathbb{R}$ by

$$
I(z)=\frac{(2 \pi)^{2}}{3.3957(1-z)} \exp \left(\int_{z}^{1} \frac{1+4 w+6 w^{2}+w^{4}}{(1+w)\left(1+w^{2}\right)^{2}} d w\right)
$$

where $z=\tanh r$ as usual. This function has a unique critical point: a global minimum when $z=\sqrt{\sqrt{5}-2}$, with minimum value $56.469 \ldots$. The function is monotonically increasing for larger $z$, and hence for $r \geq 0.531$. It blows up as $z \rightarrow 1$. See [32, pages 409-410].

Hodgson and Kerckhoff proved the following result:
Theorem 5.17 Let $M$ be a 3-manifold with empty or toroidal boundary, and $\Sigma$ a smoothly embedded link in $M$. Suppose that $M-\Sigma$ is a cusped hyperbolic manifold such that the total normalized length of the meridians of $\Sigma$ satisfies

$$
L^{2} \geq I\left(Z_{\min }\right), \quad \text { where } Z_{\min }=\tanh \left(R_{\min }\right) \geq \frac{1}{\sqrt{3}}
$$

Then $M$ admits a hyperbolic metric in which $\Sigma$ is isotopic to a union of geodesics. Furthermore, the hyperbolic structure on $M-\Sigma$ can be deformed to that of $M$ via a family of cone manifolds $M_{t}$, while maintaining the following properties:
(1) Every component of $\Sigma$ has the same cone angle in $M_{t}$,
(2) The tube radius in $M_{t}$ about $\Sigma$ is $R(t) \geq R_{\min } \geq \operatorname{arctanh}(1 / \sqrt{3})$,
(3) $\mathcal{A}(t)<h_{\text {max }}$.

Proof This is essentially [33, Theorem 5.11], with information about tube radius extracted from the proof. By the remark following [30, Theorem 4.8], there is a family of cone manifolds $\left(M, \Sigma, g_{t}\right)$ for $t \in[0, \epsilon)$, in which the cone angles on $\Sigma$ agree for each $t$. In [33, Theorem 5.8], Hodgson and Kerckhoff prove that the deformation can be continued so long as $R(t) \geq \operatorname{arctanh}(1 / \sqrt{3})$. Meanwhile, in [33, Theorem 5.7] and the discussion preceding the theorem, they show that, so long as $L^{2} \geq I\left(Z_{\min }\right)$ and the cone angles are at most $2 \pi$, the tube radius $R(t)$ will stay bounded below by $R_{\min } \geq \operatorname{arctanh}(1 / \sqrt{3})$. Thus, the deformation can be continued all the way up to cone angle $2 \pi$, where we reach the complete hyperbolic metric on $M$. The link $\Sigma$ is geodesic in each cone metric $g_{t}$, and hence is also geodesic in the nonsingular metric at cone angle $2 \pi$.

We conclude this section with a particularly natural choice of the harmonic form $\omega$.
Remark 5.18 Recall from Section 5.1 that an infinitesimal deformation of the cone metric $g_{t}$ is determined by a harmonic 1 -form $\omega$ defined on $X=M-\Sigma$, with values in the bundle $E \cong T X \oplus i T X$ of infinitesimal isometries of $X$. By Theorem 5.6, the local family of cone metrics $g_{t}$ is determined up to isometry by its cone angles, but
different choices of $\omega$ within the same cohomology class in $H^{1}(X, E)$ lead to different choices of cone metric within the same isometry class. In our bilipschitz theorem in Section 8 , it will be important to have a natural way to identify points of $\left(M, \Sigma, g_{a}\right)$ with points of $\left(M, \Sigma, g_{b}\right)$, for the purpose of comparing the metrics $g_{a}$ and $g_{b}$ at a point $p \in X$. To that end, we pin down a canonical choice of $\omega$.

Suppose $\widetilde{\omega}$ is a smooth $E$-valued 1-form on $X=M-\Sigma$. In [30, Theorem 2.7], Hodgson and Kerckhoff prove that, so long as all cone angles are at most $2 \pi$, which is always the case in our setting, there is a unique closed and coclosed harmonic form $\omega$ such that $[\widetilde{\omega}]=[\omega] \in H^{1}(X, E)$ and, furthermore, $\widetilde{\omega}-\omega=d s$, where $s$ is a globally defined $L^{2}$ section of $E$. This choice of $\omega$ determines the one-parameter family of cone metrics $g_{t}$ on the nose, and defines a natural identity map id: $\left(M-\Sigma, g_{a}\right) \rightarrow\left(M-\Sigma, g_{b}\right)$ that allows us to compare the metrics at any given point. Because of the canonical way in which $\omega$ is chosen, the identity map conjugates every isometry of $\left(M, \Sigma, g_{a}\right)$ to an isometry of $\left(M, \Sigma, g_{b}\right)$. We will say, for short, that the identity map is equivariant with respect to the symmetry group of $(M, \Sigma)$.

In Sections 8 and 9 , we will always use this 1 -form $\omega$ and the accompanying identity map. In Section 7, where we will need the flexibility to enlarge $\Sigma$ to a larger link $\Sigma^{+}$ containing a nonsingular geodesic, we will accordingly choose a harmonic form $\omega$ with reference to $\Sigma^{+}$.

## 6 Bounding the boundary terms

In this section, we will find explicit bounds on certain boundary terms that arise in the cone deformation. These boundary terms were used in [30] to prove that there are no infinitesimal deformations of hyperbolic cone manifolds fixing the cone angles. They have been used in many other applications of cone deformations to obtain geometric control. We will use boundary terms in Section 7 to bound the change in length of a nonsingular geodesic, and in Section 8 to get bilipschitz estimates in the thick part of a manifold.

This section is quite technical, reviewing definitions and results from [30;32;33] that require significant work from analysis and differential geometry to state and to prove. For our applications, we need only the results (technical though they are), and not the analysis. Therefore, we will skim over some of the definitions and results quickly, sweeping the complicated work of $[30 ; 32 ; 33]$ into the references, pointing the reader
to statements in those papers for careful definitions and details. Our goal in being brief is to attempt to avoid unnecessary complications that are peripheral to our applications. The reader interested only in the applications can view this section as a black box, while the reader with more interest in cone deformations can still turn to the references for details.

### 6.1 Definitions and setup

Throughout, $(M, \Sigma)$ will be a hyperbolic cone manifold. We will also consider a submanifold $X \subset M$ with tubular boundary; this means that $X$ is either a model tube or the complement of some number of model tubes. We orient the boundary of $X$ by inward normal vectors. This orientation will be important, as it affects the signs of our results.

Recall from Section 5.1 that an infinitesimal deformation of a cone manifold structure can be represented by a harmonic 1 -form $\omega$, and that we made a canonical choice of $\omega$ in Remark 5.18. The harmonic form $\omega$ decomposes as $\omega=\eta+i * D \eta$, as in (5.2). In [30, Proposition 1.3 and page 36], Hodgson and Kerckhoff show that integrating by parts over the submanifold $X$, again oriented by inward normal, gives

$$
\begin{equation*}
\int_{X}\|\omega\|^{2} d V=\int_{X}\|D \eta\|^{2}+\|\eta\|^{2} d V=\int_{\partial X} * D \eta \wedge \eta \tag{6.1}
\end{equation*}
$$

See also [32, Lemma 2.3] for a formulation of the result in notation that better matches ours.

The term on the far right of (6.1) is important. Thus, Hodgson and Kerckhoff define the boundary term $b_{X}$ on $T X$-valued 1-forms $\mu$ and $v$ as

$$
\begin{equation*}
b_{X}(\mu, \nu)=\int_{\partial X} * D \mu \wedge \nu \tag{6.2}
\end{equation*}
$$

Thus, the term on the far right of (6.1) becomes $b_{X}(\eta, \eta)$.
Next, recall from (5.4) and the ensuing discussion that $\omega$ can be written as a sum $\omega=\omega_{0}+\omega_{c}$, where $\omega_{0}$ is written in terms of the explicit forms $\omega_{m}$ and $\omega_{\ell}$ that affect meridian and longitude and $\omega_{c}$ is a correction term. We may write $\omega_{0}=\eta_{0}+i * D \eta_{0}$ and $\omega_{c}=\eta_{c}+i * D \eta_{c}$. Then (6.1) becomes

$$
\begin{equation*}
\int_{X}\|\omega\|^{2} d V=b_{X}(\eta, \eta)=b_{X}\left(\eta_{0}, \eta_{0}\right)+b_{X}\left(\eta_{c}, \eta_{c}\right) \tag{6.3}
\end{equation*}
$$

using [32, Lemma 2.5] (the cross terms vanish). See [33, equations (6) and (7)], where integration is implicit in their definition of the $L^{2}$ norm.

We emphasize that the above formulas (6.1)-(6.3) hold both when $X$ is a model tube and when $X$ is the complement of some number of model tubes. This flexibility will be important in Section 7.

For the rest of this section and in Section 8, boundary terms will appear in the following specific context. Let $\boldsymbol{r}=\left(r_{1}, \ldots, r_{n}\right)$ be a vector of positive radii. Suppose that $U_{\boldsymbol{r}}=U_{\boldsymbol{r}}(\Sigma)$ is an embedded multitube about the singular locus $\Sigma$, as in Definition 4.1, and let $X_{\boldsymbol{r}}=M-U_{\boldsymbol{r}}$. The inward normal vectors that orient $\partial X_{\boldsymbol{r}}$ point away from $\Sigma$. For any $T X_{r}$-valued 1-forms $\mu$ and $\nu$, define

$$
b_{\boldsymbol{r}}(\mu, \nu)=b_{X_{\boldsymbol{r}}}(\mu, \nu)=\int_{\partial X_{\boldsymbol{r}}} * D \mu \wedge \nu
$$

Lemma 6.4 Let $\boldsymbol{r}=\left(r_{1}, \ldots, r_{n}\right)$, where $\tanh \left(r_{j}\right) \geq 1 / \sqrt{3}$ for all $j$. Then

$$
b_{\boldsymbol{r}}\left(\eta_{c}, \eta_{c}\right) \leq 0 .
$$

Proof Let $U$ be a solid torus of radius $r$. Then the principal curvatures of $\partial U$ are $k_{1}=\tanh r$ and $k_{2}=\operatorname{coth} r$. See for instance [33, page 1066]. Thus, under the hypotheses of the lemma, the principal curvatures along every component $\partial X$ satisfy $1 / \sqrt{3} \leq k_{1} \leq k_{2} \leq \sqrt{3}$.

Under this hypothesis on principal curvatures, Hodgson and Kerckhoff prove in [33, Theorem 4.2] that $b_{\boldsymbol{r}}\left(\eta_{c}, \eta_{c}\right) \leq 0$.

We remark that the hypotheses of Lemma 6.4 also imply $b_{\boldsymbol{r}}\left(\eta_{0}, \eta_{0}\right)>0$. See [33, Corollary 4.3].

We will need an upper bound on $b_{\boldsymbol{r}}(\eta, \eta)$. By Lemma 6.4, this amounts to finding an upper bound on $b_{\boldsymbol{r}}\left(\eta_{0}, \eta_{0}\right)$.

Lemma 6.5 With the parametrization $t=\alpha^{2}$, the boundary term $b_{\boldsymbol{r}}\left(\eta_{0}, \eta_{0}\right)$ satisfies

$$
b_{\boldsymbol{r}}\left(\eta_{0}, \eta_{0}\right) \leq \sum_{j=1}^{n} \frac{4\left(1-z_{j}^{2}\right)}{z_{j}^{2}\left(3-z_{j}^{2}\right)} \cdot \frac{1}{16 \alpha^{4}} \cdot \mathcal{A}_{j}
$$

where $z_{j}=\tanh \left(r_{j}\right)$, and $\alpha$ is the cone angle and $\mathcal{A}_{j}$ is the visual area.
Proof This result is contained in the proof of [33, Proposition 5.4]. On the bottom of page 1074 and the top of page 1075, it is shown that

$$
b_{\boldsymbol{r}}\left(\eta_{0}, \eta_{0}\right) \leq \sum_{j=1}^{n} \frac{4 a_{j} c_{j}-b_{j}^{2}}{4 a_{j}} s^{2} \mathcal{A}_{j}
$$

where $s=-1 /(2 \alpha) d \alpha / d t$ and where $a_{j}, b_{j}$ and $c_{j}$ are, as in [33, equation (32)],

$$
a_{j}=\frac{-\sinh ^{2} r_{j}}{\cosh ^{2} r_{j}}\left(2 \cosh ^{2} r_{j}+1\right), \quad b_{j}=\frac{-2}{\cosh ^{2} r_{j}}, \quad c_{j}=\frac{2 \cosh ^{2} r_{j}-1}{\sinh ^{2} r_{j} \cosh ^{2} r_{j}}
$$

As in [33, page 1079], we let $t=\alpha^{2}$. Thus, as in (5.8), we have $s=-1 /\left(4 \alpha^{2}\right)$. Rewriting $a_{j}, b_{j}$ and $c_{j}$ in terms of $z_{j}$, using Lemma A.1, gives the result.

### 6.2 Controlling length and visual area

The next several lemmas prove estimates relating how visual area changes under cone deformations. These results culminate in an estimate relating the normalized length $L$, measured on cusps in the complete metric on $M-\Sigma$, to the length $\ell=\operatorname{len}_{4 \pi^{2}}(\Sigma)$ in the complete metric on $M$. This will feed into the bound on boundary terms later in this section.

Remark 6.6 We recall notation that will be used below. As usual, we are assuming that a cone deformation $M_{t}$ is parametrized by $t=\alpha^{2}$, where $\alpha$ is the cone angle along each component of the singular locus $\Sigma$. We let $R$ denote the smallest radius in a maximal multitube $U$ about $\Sigma$ in $M_{t}$. If $\sigma_{j}$ is a component of the singular locus with length $\ell_{j}$, recall from Definition 4.18 that the visual area of the tube component $U_{j}$ of $U$ about $\sigma_{j}$ is defined to be $\mathcal{A}_{j}=\alpha \ell_{j}$. The visual area of the union of all tubes is $\mathcal{A}=\sum \mathcal{A}_{j}$.

In the proof of Lemma 5.9, we introduced the variable $v=\mathcal{A} / \alpha^{2}$. We now let $u=1 / v$. As above, we set $Z=\tanh (R)$.

Lemma 6.7 Suppose that $Z=\tanh R \geq 1 / \sqrt{3}$. Let $u(t)=u\left(\alpha^{2}\right)=\alpha^{2} / \mathcal{A}$. Then $d u / d t$ satisfies

$$
-G(Z) \leq \frac{d u}{d t} \leq \widetilde{G}(Z)
$$

where

$$
G(z)=\frac{1+z^{2}}{6.7914 z^{3}} \quad \text { and } \quad \tilde{G}(z)=\frac{\left(1+z^{2}\right)^{2}}{6.7914 z^{3}\left(3-z^{2}\right)}
$$

Furthermore, $G(z)$ and $\widetilde{G}(Z)$ are strictly decreasing on the interval $(0,1)$.

Proof The bound on $d u / d t$ is proved on page 1079 of [33]. The behavior of $G(z)$ and $\widetilde{G}(z)$ can be checked by differentiation.

Lemma 6.8 Suppose we have a cone deformation from cone angle 0 to $\alpha>0$ such that, throughout the deformation, the maximal multitube about $\Sigma$ has radius $R \geq R_{\min }$, where $Z_{\min }=\tanh R_{\min } \geq 1 / \sqrt{3}$. Then the function $u\left(\alpha^{2}\right)=u(t)=\alpha^{2} / \mathcal{A}$ satisfies

$$
L^{2}-G\left(Z_{\min }\right) \alpha^{2}<u\left(\alpha^{2}\right)<L^{2}+\widetilde{G}\left(Z_{\min }\right) \alpha^{2}
$$

Here $L$ is the total normalized length of the meridians of the drilled manifold $M-\Sigma$, as in Definition 1.3. In particular, for $0<\alpha \leq 2 \pi$,

$$
L^{2}-G\left(Z_{\min }\right)(2 \pi)^{2}<u\left(\alpha^{2}\right)<L^{2}+\widetilde{G}\left(Z_{\min }\right)(2 \pi)^{2}
$$

Proof Hodgson and Kerckhoff showed that, as the cone angle decreases to 0 , we have

$$
u(0)=\lim _{t \rightarrow 0} u(t)=L^{2}
$$

See [33, page 1076]. Then, at time $\alpha^{2}$, we have

$$
\begin{aligned}
u(t) & =u(0)+\int_{0}^{\alpha^{2}} \frac{d u}{d \tau} d \tau \\
& \geq L^{2}-\int_{0}^{\alpha^{2}} G(Z(\tau)) d \tau \quad(\text { by Lemma 6.7) } \\
& \left.>L^{2}-\int_{0}^{\alpha^{2}} G\left(Z_{\min }\right) d \tau \quad \text { (using strict monotonicity of } G\right) \\
& =L^{2}-G\left(Z_{\min }\right) \alpha^{2}
\end{aligned}
$$

The upper bound is obtained similarly, using the strict monotonicity of $\widetilde{G}$.
A very similar argument gives the following:
Lemma 6.9 Suppose we have a cone deformation from cone angle $2 \pi$ to $\alpha$ such that, throughout the cone deformation, the maximal multitube about $\Sigma$ has radius $R \geq R_{\min }$, where $Z_{\min }=\tanh R_{\min } \geq 1 / \sqrt{3}$. Then, for $\alpha<2 \pi$, the function $u\left(\alpha^{2}\right)=u(t)=\alpha^{2} / \mathcal{A}$ satisfies

$$
\frac{2 \pi}{\ell}-\widetilde{G}\left(Z_{\min }\right)\left((2 \pi)^{2}-\alpha^{2}\right)<u\left(\alpha^{2}\right)<\frac{2 \pi}{\ell}+G\left(Z_{\min }\right)\left((2 \pi)^{2}-\alpha^{2}\right)
$$

where $\ell$ denotes the total length of $\Sigma$ at cone angle $2 \pi$. In particular,

$$
\frac{2 \pi}{\ell}-\widetilde{G}\left(Z_{\min }\right)(2 \pi)^{2}<u\left(\alpha^{2}\right)<\frac{2 \pi}{\ell}+G\left(Z_{\min }\right)(2 \pi)^{2}
$$

Proof At cone angle $2 \pi$, we have $t=(2 \pi)^{2}$, and hence

$$
u\left((2 \pi)^{2}\right)=\frac{\alpha^{2}}{\mathcal{A}}=\frac{\alpha^{2}}{\sum \alpha \operatorname{len}\left(\sigma_{j}\right)}=\frac{2 \pi}{\ell}
$$

Now we can set up an integral, as above,

$$
\begin{aligned}
u(t) & =u\left((2 \pi)^{2}\right)-\int_{\alpha^{2}}^{(2 \pi)^{2}} \frac{d u}{d \tau} d \tau \\
& \geq \frac{2 \pi}{\ell}-\int_{\alpha^{2}}^{(2 \pi)^{2}} \widetilde{G}(Z(\tau)) d \tau \quad \text { (by Lemma 6.7) } \\
& \left.>\frac{2 \pi}{\ell}-\int_{\alpha^{2}}^{(2 \pi)^{2}} \widetilde{G}\left(Z_{\min }\right) d \tau \quad \text { (using strict monotonicity of } \widetilde{G}\right) \\
& =\frac{2 \pi}{\ell}-\widetilde{G}\left(Z_{\min }\right)\left((2 \pi)^{2}-\alpha^{2}\right) .
\end{aligned}
$$

The upper bound is obtained similarly, using the monotonicity of $G$.
We can now relate the total normalized length $L$ to the total length $\ell=\ell(\Sigma)$ at cone angle $2 \pi$. The next result generalizes a lemma of Magid [42, Lemma 4.7] to cone deformations with multiple components, while sharpening the estimate and making hypotheses explicit. It also converts the asymptotic formula of Neumann and Zagier [47, Proposition 4.3] into a two-sided inequality. The closest antecedent of this result is a theorem of Hodgson and Kerckhoff [33, Theorem 5.12(2)] that is proved using the same ingredients. The main advantage of Lemma 6.10 is that the estimate is easier to evaluate.

Lemma 6.10 Suppose that $M$ is a complete finite-volume hyperbolic 3-manifold. Fix a constant $R_{\min }>0$ such that $Z_{\min }=\tanh R_{\min } \geq 0.6622$; note this is strictly larger than $1 / \sqrt{3}$. Suppose that $\Sigma \subset M$ is a geodesic link such that one of the following hypotheses holds:
(1) In the complete structure on $M-\Sigma$, the total normalized length of the meridians of $\Sigma$ satisfies $L^{2} \geq I\left(Z_{\min }\right)$, where $I$ is the function of Definition 5.16.
(2) In the complete structure on $M$, each component of $\Sigma$ has length at most 0.0996, while the total length of $\Sigma$ is $\ell \leq \operatorname{haze}\left(Z_{\min }\right) /(2 \pi)$, where haze is the function of Remark 4.23.

Then we have the double-sided inequality

$$
\frac{2 \pi}{L^{2}+\widetilde{G}\left(Z_{\min }\right)(2 \pi)^{2}}<\ell<\frac{2 \pi}{L^{2}-G\left(Z_{\min }\right)(2 \pi)^{2}},
$$

where $G$ and $\widetilde{G}$ are as defined in Lemma 6.7.
Furthermore, $M-\Sigma$ and $M$ are connected by a cone deformation maintaining a multitube about $\Sigma$ of radius $R$, where $\tanh R=Z>Z_{\min }$ throughout.

Proof If (1) holds, Theorem 5.17 proves the existence of a cone deformation from $M-\Sigma$ to $M$ that maintains $Z>Z_{\min }$ throughout.

If (2) holds, then Lemma 5.15 implies that the maximal tube about $\Sigma$ has radius $R>0.531$. Furthermore, since $\ell \leq \operatorname{haze}\left(Z_{\min }\right) /(2 \pi)=h\left(R_{\min }\right) /(2 \pi)$, Theorem 5.14 proves the existence of a cone deformation from $M$ to $M-\Sigma$ that maintains $Z>Z_{\text {min }}$ throughout.
Applying Lemma 6.8 with $\alpha \leq 2 \pi$ gives

$$
\begin{equation*}
L^{2}-G\left(Z_{\min }\right)(2 \pi)^{2}<u<L^{2}+\widetilde{G}\left(Z_{\min }\right)(2 \pi)^{2} \tag{6.11}
\end{equation*}
$$

Now we substitute $u=\alpha / \ell$ and $\alpha=2 \pi$, obtaining

$$
\begin{equation*}
L^{2}-G\left(Z_{\min }\right)(2 \pi)^{2}<\frac{2 \pi}{\ell}<L^{2}+\widetilde{G}\left(Z_{\min }\right)(2 \pi)^{2} \tag{6.12}
\end{equation*}
$$

We need to make sure that the lower bound on $2 \pi / \ell$ is strictly positive, to invert the three quantities in (6.12).
If $L^{2} \geq I\left(Z_{\min }\right)$ with $Z_{\min } \geq 1 / \sqrt{3}$, then $L^{2} \geq I(1 / \sqrt{3})>57.504$ by the monotonicity of $I$; see Definition 5.16. Meanwhile, $G\left(Z_{\min }\right)(2 \pi)^{2} \leq G(1 / \sqrt{3})<40.274$, and hence the lower bound is positive in this case.
If $\ell \leq \operatorname{haze}\left(Z_{\min }\right) /(2 \pi)$, the second inequality in (6.12) ensures that

$$
L^{2}>(2 \pi)^{2}\left(\frac{1}{\operatorname{haze}\left(Z_{\min }\right)}-\widetilde{G}\left(Z_{\min }\right)\right)
$$

and hence

$$
L^{2}-G\left(Z_{\min }\right)(2 \pi)^{2}>(2 \pi)^{2}\left(\frac{1}{\operatorname{haze}\left(Z_{\min }\right)}-\widetilde{G}\left(Z_{\min }\right)-G\left(Z_{\min }\right)\right)
$$

The right-hand side is positive when $Z_{\min }=0.6622$. Using the fact that the functions haze, $G$ and $\widetilde{G}$ are all strictly decreasing for $Z>Z_{\min }$ (Remark 4.23 and Lemma 6.7), it follows that the left-hand side is also positive for $Z \geq Z_{\min }$.

Thus, all terms in (6.12) are positive, and we can take the reciprocal of each term. Solving for $\ell$ completes the proof.

We will apply Lemma 6.10 to obtain relations between $L$ and $\ell$. The following is the simplest and most exportable version of the lemma, using $Z_{\text {min }}=0.6624$ :

Corollary 6.13 Suppose that $M$ is a complete, finite-volume hyperbolic 3-manifold and $\Sigma \subset M$ is a geodesic link such that one of the following hypotheses holds:
(1) In the complete structure on $M-\Sigma$, the total normalized length of the meridians of $\Sigma$ is $L \geq 7.823$.
(2) In the complete structure on $M$, each component of $\Sigma$ has length at most 0.0996 and the total length of $\Sigma$ is $\ell \leq 0.1396$.

Then

$$
\frac{2 \pi}{L^{2}+16.17}<\ell<\frac{2 \pi}{L^{2}-28.78} .
$$

### 6.3 Boundary terms for general tubes

The following proposition gives an explicit bound on boundary terms along a general tube about $\Sigma$. This bound will be used in Section 7 to control the change in length of a short nonsingular geodesic. Versions of Proposition 6.14 with stronger hypotheses (see Theorem 6.20) will also be used in the bilipschitz estimates of Section 8.

Proposition 6.14 Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$. Let $M_{t}$ be a cone manifold occurring along a deformation between $M-\Sigma$ and $M$, as in Theorem 5.1.

Let $U_{\boldsymbol{r}}(\Sigma)$ be an embedded (not necessarily maximal) multitube about the cone locus $\Sigma$. Suppose the smallest radius of a tube is $r$ and let $z=\tanh r$. Suppose that the area of each tube boundary is at least $A$.

Suppose that, in the complete structure on $M$, each component of $M$ has length at most 0.0996 and the total length of $\Sigma$ is $\ell \leq \operatorname{haze}\left(Z_{\min }\right) /(2 \pi)$, where $Z_{\min } \geq 0.6622$ and haze is the function of Remark 4.23. Then

$$
b_{\boldsymbol{r}}\left(\eta_{0}, \eta_{0}\right) \leq \frac{1}{4 A z\left(3-z^{2}\right)} \cdot\left(\frac{\ell}{2 \pi-4 \pi^{2} \widetilde{G}\left(Z_{\min }\right) \ell}\right)^{2}
$$

where $\widetilde{G}$ is as in Lemma 6.7. In particular, if $\ell \leq 0.075$, then

$$
b_{\boldsymbol{r}}\left(\eta_{0}, \eta_{0}\right) \leq \frac{1}{4 A z\left(3-z^{2}\right)} \cdot\left(\frac{\ell}{2 \pi-12.355 \ell}\right)^{2} .
$$

Proof We compute

$$
\begin{align*}
b_{\boldsymbol{r}}\left(\eta_{0}\right. & \left., \eta_{0}\right) \\
& \leq \sum \frac{4\left(1-z_{j}^{2}\right)}{z_{j}^{2}\left(3-z_{j}^{2}\right)} \cdot \frac{1}{16 \alpha^{4}} \mathcal{A}_{j}  \tag{byLemma6.5}\\
& =\sum \frac{1}{4 \mathcal{A}_{j}} \cdot \frac{1-z_{j}^{2}}{z_{j}^{2}\left(3-z_{j}^{2}\right)} \mathcal{A}_{j}^{2} \cdot 16 \cdot \frac{1}{16 \alpha^{4}} \cdot \frac{\sinh r_{j} \cosh r_{j}}{\sinh r_{j} \cosh r_{j}}
\end{align*}
$$

$$
\begin{array}{ll}
=\sum \frac{1}{4 \operatorname{area}\left(\partial U_{j}\right)} \cdot \frac{1-z_{j}^{2}}{z_{j}^{2}\left(3-z_{j}^{2}\right)} \cdot \frac{\mathcal{A}_{j}^{2}}{\alpha^{4}} \cdot \frac{z_{j}}{1-z_{j}^{2}} & (\text { by (4.19) and Lemma A.1) } \\
=\sum \frac{1}{4 \operatorname{area}\left(\partial U_{j}\right)} \cdot \frac{1}{z_{j}\left(3-z_{j}^{2}\right)} \cdot v_{j}^{2} & \left(\text { where } v_{j}=\mathcal{A}_{j} / \alpha^{2}\right) \\
\leq \sum \frac{1}{4 A} \cdot \frac{1}{z\left(3-z^{2}\right)} \cdot v_{j}^{2} & \left(\text { as }\left(z\left(3-z^{2}\right)\right)^{-1}\right. \text { is monotonic) } \\
\leq \frac{1}{4 A} \cdot \frac{1}{z\left(3-z^{2}\right)} \cdot v^{2} & \left(\text { where } v=\sum v_{j}\right) \\
=\frac{1}{4 A} \cdot \frac{1}{z\left(3-z^{2}\right)} \cdot\left(\frac{1}{u}\right)^{2} & (\text { where } u=1 / v) .
\end{array}
$$

Now observe that, under our hypotheses, Lemma 6.10 ensures a cone deformation between cone angle $\alpha$ and cone angle $2 \pi$ for which the tanh of the maximal tube stays bounded below by $Z_{\min } \geq 0.6622$. Thus, by Lemma 6.9 ,

$$
u \geq \frac{2 \pi}{\ell}-\widetilde{G}\left(Z_{\min }\right) \cdot(2 \pi)^{2}=\frac{2 \pi-4 \pi^{2} \widetilde{G}\left(Z_{\min }\right) \ell}{\ell}
$$

Note that the right-hand side is positive, because $\ell \leq h\left(Z_{\min }\right) /(2 \pi)$ and $Z_{\min }>0.6622$ implies $2 \pi / \ell-\widetilde{G}\left(Z_{\min }\right)(2 \pi)^{2} \geq 28.8>0$. Now we may invert the lower bound on $u$ to obtain the desired upper bound on $b_{\boldsymbol{r}}\left(\eta_{0}, \eta_{0}\right)$.

In the specific case $\ell<0.075 \leq h(0.8477) /(2 \pi)$, Lemma 6.10 ensures the cone deformation exists with $Z_{\min }>0.8477$. Substituting that value into $\widetilde{G}(z)$ gives the bound.

### 6.4 Boundary terms along thin tubes

We close this section by establishing certain versions of Proposition 6.14 in the specific situation where the multitube $U_{\boldsymbol{r}}$ is defined by a small injectivity radius. See Theorem 6.20 for a detailed statement.

This result will be used to prove bilipschitz estimates; see Theorems 8.3 and 8.18. The conclusion that a multitube $U_{\boldsymbol{r}}$ has a certain depth will also prove crucial in controlling Margulis numbers in Section 9. On the other hand, the results of this subsection are not needed in Section 7. Thus, a reader who is mainly interested in the application to cosmetic surgeries can skip ahead to Section 7.

Definition 6.15 Let $U$ be a tube about a component of $\sigma_{j} \subset \Sigma$. For $\delta>0$, we say that $U$ is a $\delta$-thin tube if $\operatorname{injrad}(x, U)=\frac{1}{2} \delta$ for a point $x \in \partial U$. (Recall Definition 2.17.) We emphasize that the term $\delta$-thin tube refers only to injectivity radius in $U$, not in all of $M$.

Lemma 6.16 Fix $0<\delta<0.9623$. Suppose $M$ is a complete, finite-volume hyperbolic 3-manifold and $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ is a geodesic link in M. Suppose that len $\left(\sigma_{j}\right) \leq 0.0996$ for every $j$, while the total length of $\Sigma$ is

$$
\begin{equation*}
\ell=\operatorname{len}(\Sigma) \leq \min \left\{0.261 \delta, \frac{1}{2 \pi} \operatorname{haze}\left(\frac{\delta+0.1604}{1.1227}\right)\right\} \tag{6.17}
\end{equation*}
$$

where haze is as defined in Remark 4.23. Then $M-\Sigma$ is connected to $M$ via a cone deformation $M_{t}$, while maintaining a multitube of radius $R \geq h^{-1}(2 \pi \ell) \geq 0.7555$.

Fix a cone manifold $M_{t}$ in the interior of the deformation. For each component $\sigma_{j}$, let $r_{j}(\delta)=r_{\alpha, \lambda, \tau}(\delta)$ be the tube radius of the $\delta$-thin tube about $\sigma_{j}$ in the metric $g_{t}$. Set $\boldsymbol{r}(\delta)=\left(r_{1}(\delta), \ldots, r_{n}(\delta)\right)$. Then:
(1) For every $j$, we have $r_{j}(\delta)>1.001\left(\frac{1}{2} \delta\right)$.
(2) The multitube $U_{\boldsymbol{r}(\delta)}$ is embedded in $M_{t}$. Furthermore, each $\delta$-thin tube of radius $r_{j}(\delta)$ is properly contained in a component of the maximal tube $U_{\max }$.

Conclusion (1) can be interpreted as follows: $\operatorname{injrad}(x, U)$ is realized by a round ball $B=B_{\delta / 2}(\tilde{x})$ bumping into another translate of $B$ and, furthermore, the bumping does not occur along the singular locus. The translate is somewhere else.

See Figure 1 for a graph of the upper bound on $\ell=\operatorname{len}(\Sigma)$. Roughly speaking, the first hypothesis $\ell \leq 0.261 \delta$ corresponds to conclusion (1), while the second hypothesis $2 \pi \ell \leq \operatorname{haze}((\delta+0.1604) / 1.1227)$ corresponds to conclusion (2). Both conclusions also require $\ell \leq 0.1453$, where 0.1453 is (approximately) the peak of the graph in Figure 1.

Proof of Lemma 6.16 We begin by analyzing the two functions whose minimum is the bound on $\ell$ in (6.17). Recall from Lemma 4.22 that $1 /(2 \pi) h(r)=1 /(2 \pi)$ haze $(\tanh r)$ has a single critical point for $r>0$, and that this critical point is a global maximum. As a consequence, it is an easy exercise to check that the two functions of (6.17) intersect exactly once, at

$$
\delta=\delta_{\mathrm{cut}}=0.556369 \ldots
$$



Figure 1: The function of $\delta$ that provides an upper bound on $\ell$ in (6.17).
Define

$$
R_{\mathrm{cut}}=h^{-1}\left(2 \pi \cdot 0.261 \delta_{\mathrm{cut}}\right)=\operatorname{arctanh}\left(\frac{\delta_{\mathrm{cut}}+0.1604}{1.1227}\right)=0.75552 \ldots,
$$

and note that $\tanh R_{\text {cut }}>1 / \sqrt{3}=0.57735 \ldots$ This helps us analyze the two functions. If $0<\delta<\delta_{\text {cut }}$, then the minimum in (6.17) is achieved by $0.261 \delta$, an increasing linear function. See Figure 1, left. On the other hand, if $\delta_{\text {cut }} \leq \delta<0.9623$, then the minimum is achieved by $1 /(2 \pi) \operatorname{haze}(z)$, where

$$
z=\frac{\delta+0.1604}{1.1227} \geq \frac{\delta_{\mathrm{cut}}+0.1604}{1.1227}>\sqrt{\sqrt{5}-2}
$$

In particular, $z$ is large enough that the function $1 /(2 \pi)$ haze $(z)$ is decreasing in $z$ by Lemma 4.22 and Remark 4.23, and hence decreasing in $\delta$. See Figure 1, right. Thus, the largest possible upper bound on $\ell$ occurs at $\delta=\delta_{\text {cut }}$.
We conclude that, for all values $0<\delta<0.9623$, equation (6.17) requires the visual area of $\Sigma$ to satisfy

$$
\mathcal{A}=2 \pi \ell \leq 2 \pi \cdot 0.261 \delta_{\mathrm{cut}}=h\left(R_{\mathrm{cut}}\right) \leq 2 \pi \cdot 0.14522
$$

Furthermore, under our hypotheses on len $\left(\sigma_{j}\right)$, Lemma 5.15 implies that the maximal tube about $\Sigma$ has radius $R>0.531$. It follows that Theorem 5.14 guarantees a cone deformation from $M$ to $M-\Sigma$, maintaining a multitube $U_{\max }$ of radius

$$
R \geq R_{\min }=h^{-1}(2 \pi \ell) \geq R_{\mathrm{cut}}
$$

where the last inequality uses the decreasing property of $h^{-1}$.

We are now ready to prove conclusion (2). Consider a component $U_{j} \subset U_{\max }$ of radius $R_{j}$, and recall that $R_{j} \geq R_{\min } \geq R_{\text {cut }}>\operatorname{arctanh}(1 / \sqrt{3})$. Define $Z_{\min }=\tanh R_{\min }$ and $Z_{\mathrm{cut}}=\tanh R_{\mathrm{cut}}$, as usual. Theorem 4.26 says that, for every $x \in \partial U_{j}$, we have

$$
2 \operatorname{injrad}\left(x, U_{j}\right)>1.1227 Z_{\min }-0.1604
$$

If $0<\delta \leq \delta_{\text {cut }}$, we have

$$
1.1227 Z_{\min }-0.1604 \geq 1.1227 Z_{\mathrm{cut}}-0.1604=\delta_{\mathrm{cut}} \geq \delta
$$

Meanwhile, if $\delta_{\text {cut }} \leq \delta<0.9623$, equation (6.17) and the decreasing property of haze ${ }^{-1}$ imply

$$
1.1227 Z_{\min }-0.1604=1.1227 \operatorname{haze}^{-1}(2 \pi \ell)-0.1604 \geq \delta
$$

Thus, in either case, we can combine the above equations to conclude

$$
\begin{equation*}
2 \operatorname{injrad}\left(x, U_{j}\right)>1.1227 Z_{\min }-0.1604 \geq \delta, \tag{6.18}
\end{equation*}
$$

which implies $r_{j}(\delta)<R_{\min } \leq R_{j}$. This means each component of $U_{\boldsymbol{r}(\delta)}$ is properly contained in the corresponding component of $U_{\max }$.

To prove conclusion (1), let $\mathcal{A}_{j}=\alpha \lambda_{j}$ be the visual area of $\sigma_{j}$, as in Definition 4.18. Recall that, by Lemma 5.9, $\mathcal{A}=\sum \mathcal{A}_{j}$ increases as the cone angle increases. At the complete structure, we have

$$
\mathcal{A}=2 \pi \ell \leq 2 \pi \cdot 0.261 \delta \leq 1.64 \delta
$$

Thus, for every intermediate cone manifold $M_{t}$, we also have $\mathcal{A}_{j} \leq \mathcal{A} \leq 1.64 \delta$. Since $\alpha<2 \pi$, Lemma 3.4 applies to give

$$
\begin{equation*}
r_{j}(\delta) \geq \frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3} \delta^{2}}{\mathcal{A}_{j}}\right) \geq \frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3} \delta^{2}}{1.64 \delta}\right) \geq \frac{1}{2} \operatorname{arcsinh}(1.056 \delta) \tag{6.19}
\end{equation*}
$$

Now suppose that $0<\delta \leq \delta_{\text {cut }}$. Consider the secant line for $\operatorname{arcsinh}(1.056 \delta)$ between $\delta=0$ and $\delta=\delta_{\text {cut }}$; this line has slope $\operatorname{arcsinh}\left(1.056 \delta_{\text {cut }}\right) / \delta_{\text {cut }}>1.002$. By calculus, $\operatorname{arcsinh}(1.056 \delta)$ is strictly increasing and concave down for $\delta>0$, and hence it lies over its secant line when $0<\delta \leq \delta_{\text {cut }}$. Thus, in this range we have

$$
r_{j}(\delta) \geq \frac{1}{2} \operatorname{arcsinh}(1.056 \delta) \geq 1.002\left(\frac{1}{2} \delta\right)
$$

Meanwhile, if $\delta_{\text {cut }} \leq \delta \leq 0.9623$, then we still have $\mathcal{A} \leq 1.64 \delta_{\text {cut }}$ at the complete structure, and hence $\mathcal{A}_{j} \leq \mathcal{A} \leq 1.64 \delta_{\text {cut }}$ at every intermediate cone manifold. Thus, we
have the following analogue of (6.19):

$$
r_{j}\left(\delta_{\mathrm{cut}}\right) \geq \frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3} \delta_{\mathrm{cut}}^{2}}{\mathcal{A}_{j}}\right) \geq \frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3} \delta_{\mathrm{cut}}^{2}}{1.64 \delta_{\mathrm{cut}}}\right) \geq \frac{1}{2}\left(1.002 \delta_{\mathrm{cut}}\right)
$$

Thus, by Lemma 3.1,

$$
r_{j}(\delta) \geq r_{j}\left(\delta_{\mathrm{cut}}\right)+\frac{1}{2}\left(\delta-\delta_{\mathrm{cut}}\right) \geq \frac{1}{2}\left(1.002 \delta_{\mathrm{cut}}+\left(\delta-\delta_{\mathrm{cut}}\right)\right)>\frac{1}{2}(1.001 \delta)
$$

where the second inequality is the above lower bound on $r_{j}\left(\delta_{\text {cut }}\right)$ and the third inequality holds because $\delta$ is less than twice as big as $\delta_{\text {cut }}$.

Now, we can combine Proposition 6.14 and Lemma 6.16 to control the boundary terms along certain thin tubes.

Theorem 6.20 Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$. Let $\ell$ denote the length of $\Sigma$ in the complete structure on $M$.

Fix $0<\delta \leq \delta_{\max } \leq 0.938$ and suppose that $\ell \leq \delta^{2} B(\delta)$, where $B(\delta)$ is a nondecreasing function of $\delta$, with $B(\delta) \leq 1 / 17.11$. (In particular, this assumption implies $\ell \leq$ 0.05143 .)

Fix a cone manifold $M_{t}$ in the interior of the cone deformation from $M-\Sigma$ to $M$, with associated cone metric $g_{t}$. For each component $\sigma_{j}$ of $\Sigma$, let $r_{j}(\delta)=r_{\alpha, \lambda, \tau}(\delta)$ be the tube radius of the $\delta$-thin tube about $\sigma_{j}$ in the metric $g_{t}$. Define $\boldsymbol{r}_{-}=\boldsymbol{r}_{-}(\delta)=$ $\left(r_{1}(\delta)-\frac{1}{2} \delta, \ldots, r_{n}(\delta)-\frac{1}{2} \delta\right)$. Then:
(1) For all $j=1, \ldots, n$,

$$
r_{j}(\delta)-\frac{1}{2} \delta \geq \frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3}}{2 \pi B\left(\delta_{\max }\right)}\right)-\frac{1}{2} \delta_{\max } \geq \operatorname{arctanh}\left(\frac{1}{\sqrt{3}}\right)
$$

(2) The multitube $U_{r_{-}}$is embedded in $M_{t}$.
(3) The boundary term along the tube $U_{\boldsymbol{r}_{-}}$satisfies

$$
b_{\boldsymbol{r}_{-}}(\eta, \eta) \leq\left(\frac{\ell}{7.935 \delta}\right)^{2}
$$

Proof We start by proving (2). We will do this by applying Lemma 6.16 to a multitube $U_{\boldsymbol{r}(\gamma)}$ for a certain value $\gamma<\delta$. Specifically, define $\gamma>0$ so that

$$
\cosh \gamma-1=\frac{\cosh \delta-1}{\cosh ^{2}\left(\frac{1}{2} \delta\right)}, \quad \text { that is, } \quad \gamma=\operatorname{arccosh}\left(\frac{\cosh \delta-1}{\cosh ^{2}\left(\frac{1}{2} \delta\right)}+1\right)
$$

Observe that $\gamma$ is strictly increasing in $\delta$ on $(0,0.938)$ and that $\gamma<\delta$ in this range. Moreover, as $\delta$ approaches $0, \gamma$ approaches 0 , and as $\delta$ approaches $0.938, \gamma$ approaches $\gamma_{\text {max }}=0.84904 \ldots$.

Consider a model solid torus $N_{j}=N_{\alpha, \lambda, \tau}$ such that a neighborhood of $\sigma_{j}$ is modeled on $N_{j}$ (compare Definition 2.4). By Theorem 3.6, the radii of $\gamma$-thin and $\delta$-thin tori in $N_{j}$ satisfy

$$
r_{j}(\delta)-r_{j}(\gamma) \leq \operatorname{arccosh} \sqrt{\frac{\cosh \delta-1}{\cosh \gamma-1}}=\frac{1}{2} \delta
$$

where the equality holds by the definition of $\gamma$.
With an eye toward Lemma 6.16, we claim that our hypotheses imply

$$
\begin{equation*}
\ell \leq \frac{\delta^{2}}{17.11} \leq \min \left\{0.261 \gamma, \frac{1}{2 \pi} \operatorname{haze}\left(\frac{\gamma+0.1604}{1.1227}\right)\right\} \tag{6.21}
\end{equation*}
$$

The first inequality holds by hypothesis. For the next inequality, $\delta^{2} / 17.11 \leq 0.261 \gamma$, consider the function $g(\delta)=(0.261 \cdot 17.11) \gamma-\delta^{2}$. One can show by calculus ${ }^{2}$ that $g$ is strictly increasing for $0<\delta<\delta_{\max }$. The minimum value of $g$ thus occurs as $\delta \rightarrow 0$, and we have $g(\delta)>g(0)=0$ on this domain.

As in the proof of Lemma 6.16, we need to verify the remaining inequality only for $\delta_{\text {cut }}<\gamma<\gamma_{\text {max }}$. On this domain, $\delta^{2}$ is strictly increasing whereas haze $(\cdot)$ is strictly decreasing, by Lemma 4.22. Thus, it suffices to plug in the maximal $\delta$-value 0.938 , which corresponds to $\gamma_{\max }=0.84904 \ldots$. Plugging in these values of $\delta$ and $\gamma$ gives

$$
\frac{(0.938)^{2}}{17.11}=0.05142 \ldots<0.05147 \ldots=\frac{1}{2 \pi} \operatorname{haze}\left(\frac{\gamma_{\max }+0.1604}{1.1227}\right)
$$

and hence (6.21) holds for all $\delta \leq \delta_{\max } \leq 0.938$. Thus, by Lemma 6.16, the multitube $U_{\boldsymbol{r}(\gamma)}$ of radius $\boldsymbol{r}(\gamma)$ is embedded. Since $r_{j}(\delta)-\frac{1}{2} \delta \leq r_{j}(\gamma)$ for every $j$, it follows that the multitube $U_{\boldsymbol{r}_{-}(\delta)}$ is embedded as well.

The proof of condition (1) is similar to the corresponding argument in Lemma 6.16. Let $\mathcal{A}_{j}=\alpha \lambda_{j}$ be the visual area of $\sigma_{j}$. By Lemma 5.9, $\mathcal{A}=\sum \mathcal{A}_{j}$ increases as the cone angle increases. Since $\mathcal{A}=2 \pi \ell \leq 2 \pi \delta^{2} B(\delta)$ at the complete structure on $M$, we also have $\mathcal{A}_{j} \leq 2 \pi \delta^{2} B(\delta)$ at every intermediate cone manifold $M_{t}$. Since $\alpha<2 \pi$, Lemma 3.4 applies to give

$$
\begin{equation*}
r_{j}(\delta) \geq \frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3} \delta^{2}}{\mathcal{A}_{j}}\right) \geq \frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3}}{2 \pi B(\delta)}\right) \geq 1.1276 \ldots \tag{6.22}
\end{equation*}
$$

[^1]Since $\delta \leq \delta_{\text {max }}$ and $B(\delta)^{-1} \geq 17.11$, we conclude that

$$
r_{j}(\delta)-\frac{1}{2} \delta \geq \frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3}}{2 \pi B(\delta)}\right)-\frac{1}{2} \delta_{\max }>0.65847 \ldots=\operatorname{arctanh}\left(\frac{1}{\sqrt{3}}\right),
$$

proving (1).
It remains to bound $b_{\boldsymbol{r}_{-}}(\eta, \eta)$, establishing conclusion (3). Since the smallest coordinate of $\boldsymbol{r}_{-}$is larger than $\operatorname{arctanh}(1 / \sqrt{3})$, Lemma 6.4 and (6.3) imply the inequality $b_{\boldsymbol{r}_{-}}(\eta, \eta) \leq b_{\boldsymbol{r}_{-}}\left(\eta_{0}, \eta_{0}\right)$.
We will bound $b_{\boldsymbol{r}_{-}}\left(\eta_{0}, \eta_{0}\right)$ using Proposition 6.14. By (4.19) and Lemma 3.3, the torus $T^{\delta}=T_{r_{j}(\delta)}$ has area

$$
\operatorname{area}\left(T_{r_{j}(\delta)}\right)=\frac{1}{2} \mathcal{A}_{j} \sinh \left(2 r_{j}(\delta)\right) \geq \frac{\sqrt{3}}{2} \delta^{2}
$$

To apply Proposition 6.14, we need a lower bound on the area of each boundary torus of $U_{\boldsymbol{r}_{-}}$, where the $j^{\text {th }}$ torus has radius $r_{j}(\delta)-\frac{1}{2} \delta$. This can be computed using Lemmas 3.3 and A.3. By hypothesis, $\delta \leq \delta_{\max } \leq 0.938$. By (6.22), we have

$$
\tanh \left(2 r_{j}(\delta)\right) \geq \tanh \left(\operatorname{arcsinh}\left(\frac{\sqrt{3}}{2 \pi B\left(\delta_{\max }\right)}\right)\right)=\frac{\sqrt{3}}{\sqrt{3+4 \pi^{2} B\left(\delta_{\max }\right)^{2}}}=: z_{\min } .
$$

Direct computation gives $\tanh \left(\delta_{\max }\right) \leq 0.7343 \ldots$ and $z_{\min } \geq 0.9782 \ldots$, and hence $\tanh \left(\delta_{\max }\right) \leq z_{\min } \leq \tanh \left(2 r_{j}(\delta)\right)$, and Lemma A. 3 applies with $r=2 r_{j}(\delta), s=\delta$ and $z_{\text {min }}$ as above. Therefore,
(6.23) $\operatorname{area}\left(T_{r_{j}(\delta)-\delta / 2}\right)$

$$
\begin{aligned}
& =\frac{1}{2} \mathcal{A}_{j} \sinh \left(2 r_{j}(\delta)-\delta\right) \\
& \geq \frac{1}{2} \mathcal{A}_{j} \sinh \left(2 r_{j}(\delta)\right)\left(\cosh \left(\delta_{\max }\right)-\frac{\sinh \left(\delta_{\max }\right)}{z_{\min }}\right) \\
& =\operatorname{area}\left(T_{r_{j}(\delta)}\right)\left(\cosh \left(\delta_{\max }\right)-\frac{\sinh \left(\delta_{\max }\right)}{z_{\min }}\right) \\
& \geq \delta^{2} \frac{\sqrt{3}}{2}\left(\cosh \left(\delta_{\max }\right)-\frac{\sinh \left(\delta_{\max }\right) \sqrt{3+4 \pi^{2} B\left(\delta_{\max }\right)^{2}}}{\sqrt{3}}\right) \\
& =: \delta^{2} A_{\mathrm{Bd}}\left(\delta_{\max }, B\left(\delta_{\max }\right)\right) .
\end{aligned}
$$

We may now finish the proof using Proposition 6.14. Recall that $\left(z\left(3-z^{2}\right)\right)^{-1}$ is monotonically decreasing on $(0,1)$, where $z=\tanh \left(r_{j}(\delta)-\frac{1}{2} \delta\right)$ in our setting. By conclusion (1), we obtain

$$
\begin{equation*}
z \geq \tanh \left(\frac{1}{2} \operatorname{arcsinh}\left(\frac{\sqrt{3}}{2 \pi B\left(\delta_{\max }\right)}\right)-\frac{1}{2} \delta_{\max }\right)=: z_{\mathrm{Bd}}\left(\delta_{\max }, B\left(\delta_{\max }\right)\right) \geq \frac{1}{\sqrt{3}} . \tag{6.24}
\end{equation*}
$$

Recall that $\ell \leq \delta_{\max }{ }^{2} B\left(\delta_{\max }\right) \leq \delta_{\max }{ }^{2} / 17.11<0.05143$. Thus, we also obtain $\ell \leq$ $\operatorname{haze}\left(Z_{\min }\right) /(2 \pi)$ for $Z_{\min }=\operatorname{haze}^{-1}\left(2 \pi \delta_{\max }^{2} B\left(\delta_{\max }\right)\right) \geq 0.8992$. By Proposition 6.14,

$$
b_{\boldsymbol{r}_{-}}(\eta, \eta) \leq b_{\boldsymbol{r}_{-}}\left(\eta_{0}, \eta_{0}\right)
$$

$$
\leq \frac{1}{4 A} \cdot \frac{1}{z\left(3-z^{2}\right)} \cdot\left(\frac{\ell}{2 \pi-4 \pi^{2} \widetilde{G}\left(Z_{\min }\right) \ell}\right)^{2}
$$

$$
\leq \frac{1}{4 \delta^{2} A_{\mathrm{Bd}}} \cdot \frac{1}{z_{\mathrm{Bd}}\left(3-z_{\mathrm{Bd}}^{2}\right)} \cdot\left(\frac{\ell}{2 \pi-4 \pi^{2} \widetilde{G}\left(Z_{\min }\right) \delta_{\max }^{2} B\left(\delta_{\max }\right)}\right)^{2}
$$

In the particular case that $\delta_{\max }=0.938$ and $B(\delta)=1 / 17.11$, we obtain

$$
\begin{aligned}
b_{\boldsymbol{r}_{-}}(\eta, \eta) & \leq \frac{1}{4 \delta^{2} \cdot 0.3181} \cdot \frac{1}{(1 / \sqrt{3})\left(3-\frac{1}{3}\right)} \cdot\left(\frac{\ell}{2 \pi-4 \pi^{2} \widetilde{G}(0.8992) \cdot(0.05143)}\right)^{2} \\
& \leq\left(\frac{\ell}{7.935 \delta}\right)^{2}
\end{aligned}
$$

Remark 6.25 In the course of proving Theorem 6.20, we actually proved something more general. We showed that

$$
b_{\boldsymbol{r}_{-}}(\eta, \eta) \leq \frac{1}{4 \cdot \delta^{2} A_{\mathrm{Bd}}} \cdot \frac{1}{z_{\mathrm{Bd}}\left(3-z_{\mathrm{Bd}}^{2}\right)} \cdot\left(\frac{\ell}{2 \pi-4 \pi^{2} \widetilde{G}\left(Z_{\min }\right) \delta_{\max }^{2} B\left(\delta_{\max }\right)}\right)^{2}
$$

where $A_{\mathrm{Bd}}\left(\delta_{\text {max }}, B\left(\delta_{\max }\right)\right)$ is as defined in (6.23) and $z_{\mathrm{Bd}}\left(\delta_{\max }, B\left(\delta_{\max }\right)\right)$ is as defined in (6.24), and $\widetilde{G}$ is the function of Lemma 6.7 with $Z_{\min }=\operatorname{haze}^{-1}\left(2 \pi \delta_{\max }^{2} B\left(\delta_{\max }\right)\right)$.

Our applications often require much stronger bounds on $\delta$ and $B(\delta)$ than the maximum values allowed in Theorem 6.20. As a consequence, we can obtain better bounds on $b_{\boldsymbol{r}_{-}}(\eta, \eta)$. For example, the following two stronger estimates will be useful in Section 9.

Proposition 6.26 Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$, with $\ell$ the length of $\Sigma$ in the complete structure on $M$. Fix $0<\delta \leq 0.106$. Suppose $\ell \leq \delta^{5 / 2} / 17.49$.
Fix a cone manifold $M_{t}$ in the interior of the cone deformation from $M-\Sigma$ to $M$. Define $\boldsymbol{r}_{-}=\left(r_{j}(\delta)-\frac{1}{2} \delta\right)$, and construct the multitube $U_{\boldsymbol{r}_{-}}$about $\Sigma$ exactly as in Theorem 6.20. Then:
(1) $r_{j}(\delta)-\frac{1}{2} \delta \geq \operatorname{arctanh}(0.9277)$ for all $j$.
(2) The multitube $U_{\boldsymbol{r}_{-}}$is embedded in $M_{t}$.
(3) The boundary term along the tube $U_{\boldsymbol{r}_{-}}$satisfies $b_{\boldsymbol{r}_{-}}(\eta, \eta) \leq(\ell /(15.6168))^{2}$.

Proof This follows immediately from Theorem 6.20 and Remark 6.25, letting $\delta_{\max }=$ 0.106 and $B(\delta)=\sqrt{\delta} / 17.49$.

Proposition 6.27 Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$, with $\ell$ the length of $\Sigma$ in the complete structure on $M$. Fix $0<\delta \leq 0.012$. Suppose $\ell \leq \delta^{5 / 2} / 16.62$.

Fix a cone manifold $M_{t}$ in the interior of the cone deformation from $M-\Sigma$ to $M$. Define $\boldsymbol{r}_{-}=\left(r_{j}(\delta)-\frac{1}{2} \delta\right)$, and construct the multitube $U_{\boldsymbol{r}_{-}}$about $\Sigma$ exactly as in Theorem 6.20. Then:
(1) $r_{j}(\delta)-\frac{1}{2} \delta \geq \operatorname{arctanh}(0.9760)$ for all $j$.
(2) The multitube $U_{r_{-}}$is embedded in $M_{t}$.
(3) The boundary term along the tube $U_{\boldsymbol{r}_{-}}$satisfies $b_{\boldsymbol{r}_{-}}(\eta, \eta) \leq(\ell /(16.432 \delta))^{2}$.

Proof This follows immediately from Theorem 6.20 and Remark 6.25, letting $\delta_{\max }=$ 0.012 and $B(\delta)=\sqrt{\delta} / 16.62$.

## 7 Short geodesics in a cone manifold

The primary goal of this section is to control the complex length of a short geodesic during a cone deformation. Ineffective control of this type was previously shown by Bromberg [14, Theorem 1.4]. Following the theme of this paper, we combine some ideas in Bromberg's argument (specifically [14, Proposition 4.3]) with our estimates from earlier sections in order to obtain an effective estimate on the change in length under explicit hypotheses. Our results in this vein are incorporated in Theorem 7.19 (which provides control under hypotheses in the filled manifold) and Theorem 7.21 (which provides control under hypotheses in the cusped manifold).

One particular consequence of Theorem 7.19 is that, for (explicitly quantified) long Dehn fillings of a cusped manifold $N$, the union of cores of the filling solid tori is shorter than any other closed geodesic in the filled manifold $M=N(s)$. See Theorem 7.28. This tuple of shortest closed geodesics must be permuted by any isometry of $M$, providing an effective upper bound on the length of cosmetic fillings of a cusped $N$. As a consequence, we can prove the cosmetic surgery results that were stated in the introduction.

### 7.1 Hyperbolic distance between lengths

The following notation will be valid throughout the section. As above, we have a one-parameter family of cone manifolds denoted by $\left(M, \Sigma, g_{t}\right)$ or $M_{t}$ for short. Let $\gamma$
be a closed geodesic disjoint from $\Sigma$. We denote the complex length of $\gamma$ in the cone metric $g_{t}$ by

$$
\mathcal{L}_{t}(\gamma)=\operatorname{len}_{t}(\gamma)+i \tau_{t}(\gamma)
$$

where $\operatorname{len}_{t}$ is the real length and $\tau_{t}$ is the rotational component of $\gamma$. When the choice of metric $g_{t}$ is clear from context, we may drop the subscript $t$. All derivatives of $\mathcal{L}$ are presumed to be with respect to the cone deformation parameter $t$.

Since $\operatorname{len}_{t}(\gamma)>0$, the "rotated" complex length $i \mathcal{L}(\gamma)$ is an element of the upper halfplane $\mathbb{H}^{2}$, which we identify with the hyperbolic plane. As we will see in Lemma 7.4, it is natural to control the change in complex length using the hyperbolic metric on $\mathbb{H}^{2}$.

Definition 7.1 Given complex numbers $v$ and $w$ with positive real part, define the hyperbolic distance

$$
d_{\mathrm{hyp}}(v, w)=d_{\mathbb{H}^{2}}(i v, i w)
$$

The distance $d_{\text {hyp }}$ has the following interpretation. Consider a closed geodesic $\gamma$ lying at the core curve of a (nonsingular) model solid torus $N=N_{2 \pi, \lambda, \tau}=\mathbb{H}^{3} /\langle\varphi\rangle$. The cyclic group $\langle\varphi\rangle$ has two fixed points $p_{+}, p_{-} \in \partial \mathbb{H}^{3}$, and acts by conformal covering transformations on $S^{2}-\left\{p_{ \pm}\right\}$. The quotient torus $\left(S^{2}-\left\{p_{ \pm}\right\}\right) /\langle\varphi\rangle$ inherits a conformal structure, which can be viewed as the conformal boundary at infinity, denoted by $\partial_{\infty} N$. In the Teichmüller space $\mathcal{T}\left(T^{2}\right)$ of conformal structures on a torus, the conformal boundary $\partial_{\infty} N$ is the limit of the conformal structures on equidistant tori $T_{r} \subset N$.

The Teichmüller metric $d_{\mathcal{T}}$ on $\mathcal{T}\left(T^{2}\right)$ is isometric to $\mathbb{H}^{2}$. Thus, given a pair of closed geodesics $\gamma$ and $\gamma^{\prime}$ with complex lengths $\mathcal{L}(\gamma)=\lambda+i \tau$ and $\mathcal{L}\left(\gamma^{\prime}\right)=\lambda^{\prime}+i \tau^{\prime}$, we have

$$
d_{\mathcal{T}}\left(\partial_{\infty} N_{2 \pi, \lambda, \tau}, \partial_{\infty} N_{2 \pi, \lambda^{\prime}, \tau^{\prime}}\right)=d_{\mathbb{H}^{2}}\left(i \lambda-\tau, i \lambda^{\prime}-\tau^{\prime}\right)=d_{\mathrm{hyp}}\left(\mathcal{L}(\gamma), \mathcal{L}\left(\gamma^{\prime}\right)\right) .
$$

See Minsky [44, Section 6.2], where this perspective is fleshed out further.

Definition 7.2 For $z \in(0,1)$ and $\ell \in(0,0.5085)$, define a function

$$
\begin{equation*}
F(z, \ell)=\frac{\left(1+z^{2}\right)}{z^{3}\left(3-z^{2}\right)} \cdot \frac{\ell}{10.667-20.977 \ell} \tag{7.3}
\end{equation*}
$$

Note that $F$ is positive everywhere on its domain, decreasing in $z$ and increasing in $\ell$.

The following is an effective version of a result of Bromberg [14, Proposition 4.3]. Our proof follows Bromberg's line of argument while inserting the explicit estimates of Section 6.

Lemma 7.4 Suppose $\left(M, \Sigma, g_{t}\right)$ is a cone deformation from $M-\Sigma$ to $M$, parametrized by $t \in\left[0,(2 \pi)^{2}\right]$. Let $\gamma \subset M$ be a simple closed curve disjoint from $\Sigma$ and let $\Sigma^{+}=\Sigma \cup \gamma$. Let $[a, b]$ be a subinterval of $\left[0,(2 \pi)^{2}\right]$. Suppose that the following hold:
(1) In the complete structure on $M$, the total length of $\Sigma$ is $\ell \leq 0.075$.
(2) For $t \in[a, b]$, the curve $\gamma$ is a geodesic in the cone metric $g_{t}$.
(3) For all $t \in[a, b]$, there is an embedded maximal multitube $U_{\max }\left(\Sigma^{+}\right)$in the $g_{t}$ metric such that all constituent tubes have radius at least $R_{\min }$, where $\widehat{Z}_{\text {min }}=$ $\tanh R_{\min } \geq 1 / \sqrt{3}$.

Then, for $t \in[a, b]$, the time derivative of the complex length $\mathcal{L}_{t}(\gamma)$ satisfies

$$
\frac{\left|\mathcal{L}_{t}^{\prime}(\gamma)\right|}{\operatorname{len}_{t}(\gamma)} \leq F\left(\hat{Z}_{\min }, \ell\right)
$$

where $F$ is the function of Definition 7.2. Consequently,

$$
\begin{equation*}
d_{\mathrm{hyp}}\left(\mathcal{L}_{a}(\gamma), \mathcal{L}_{b}(\gamma)\right) \leq|b-a| F\left(\hat{Z}_{\min }, \ell\right) \tag{7.5}
\end{equation*}
$$

Proof Let $U_{\gamma}$ be the tube about $\gamma$ in the maximal multitube $U_{\max }\left(\Sigma^{+}\right)$. By Theorem 5.6, there is a local cone deformation on $M$ that treats $\Sigma^{+}$as its singular locus but does not change the cone angle on $\gamma$. By the rigidity statement in Theorem 5.6, the cone metric $g_{t}^{+}$on $\left(M, \Sigma^{+}\right)$is entirely determined by the angles on $\Sigma$, and hence it is isometric to the cone metric $g_{t}$ in the statement of the lemma. For the rest of the proof, we will not distinguish between $g_{t}$ and $g_{t}^{+}$.
As in Section 5.1, we may parametrize the infinitesimal deformation in $U_{\gamma}$ by cylindrical coordinates. By (5.4), we find that the infinitesimal cone deformation in $U_{\gamma}$ is given by

$$
\omega=s(\gamma) \omega_{m}+(x+i y) \omega_{\ell}+\omega_{c},
$$

where $\omega_{m}=\eta_{m}+i * D \eta_{m}$ and $\omega_{\ell}=\eta_{\ell}+i * D \eta_{\ell}$ are standard harmonic forms, with $\omega_{m}$ giving infinitesimal change in cone angle and $\omega_{\ell}$ giving infinitesimal change in holonomy of the boundary of the tube $U_{\gamma}$ but leaving the cone angle unchanged. The harmonic form $\omega_{c}$ is a correction term, with real part $\eta_{c}$. The terms $s, x$ and $y$ are real-valued functions of $t$. Moreover, recall from Theorem 5.6 that $s_{n+1}=s(\gamma)$ determines the local change in cone angle at time $t$; since the cone angle about $\gamma$ remains unchanged throughout the deformation, $s(\gamma)=0$. Thus, by (5.5), the function $x+i y$ can be calculated to be

$$
x+i y=\frac{\mathcal{L}^{\prime}(\gamma)}{2 \operatorname{len}_{t}(\gamma)}
$$

where $\mathcal{L}_{t}(\gamma)$ is the complex length of $\gamma, \mathcal{L}^{\prime}(\gamma)$ is its time derivative and $\operatorname{len}_{t}(\gamma)$ is the real length of $\gamma$ at time $t$.

As in Section 6, we integrate over the submanifold $U_{\gamma}$. Recall the definition of boundary terms from (6.2). By (6.3), we have

$$
\begin{equation*}
\int_{U_{\gamma}}\|\omega\|^{2} d V=b_{U_{\nu}}(\eta, \eta)=b_{U_{\nu}}\left(\eta_{0}, \eta_{0}\right)+b_{U_{\nu}}\left(\eta_{c}, \eta_{c}\right) \tag{7.6}
\end{equation*}
$$

Here, $\eta$ is the real part of $\omega$ and $\eta_{0}$ is the real part of $(x+i y) \omega_{\ell}$. Meanwhile, Lemma 2.6 of [32] implies that $b_{U_{\gamma}}\left(\eta_{c}, \eta_{c}\right) \geq 0$. (This conclusion is the reverse of Lemma 6.4 because $\partial U_{\gamma}$ is oriented by the inward normal, pointing toward $\gamma$.) Therefore, (7.6) implies

$$
\begin{equation*}
\int_{U_{\gamma}}\|\omega\|^{2} d V \geq b_{U_{\gamma}}\left(\eta_{0}, \eta_{0}\right) \tag{7.7}
\end{equation*}
$$

Since $s(\gamma)=0$, the formulas in [32, page 382] imply

$$
\begin{equation*}
b_{U_{\gamma}}\left(\eta_{0}, \eta_{0}\right)=|x+i y|^{2} b_{U_{\gamma}}\left(\eta_{\ell}, \eta_{\ell}\right)=\left(\frac{\left|\mathcal{L}^{\prime}(\gamma)\right|}{2 \operatorname{len}(\gamma)}\right)^{2} b_{U_{\gamma}}\left(\eta_{\ell}, \eta_{\ell}\right) \tag{7.8}
\end{equation*}
$$

An explicit formula for $b_{U_{\nu}}\left(\eta_{\ell}, \eta_{\ell}\right)$ was computed in [32, equation (13)],

$$
\begin{align*}
b_{U_{\gamma}}\left(\eta_{\ell}, \eta_{\ell}\right) & =\frac{\sinh R_{\gamma}}{\cosh R_{\gamma}}\left(2+\frac{1}{\cosh ^{2} R_{\gamma}}\right) \operatorname{area}\left(\partial U_{\gamma}\right)  \tag{7.9}\\
& =Z_{\gamma}\left(3-Z_{\gamma}^{2}\right) \operatorname{area}\left(\partial U_{\gamma}\right)
\end{align*}
$$

where $R_{\gamma}$ is the tube radius of $U_{\gamma}$ and $Z_{\gamma}=\tanh R_{\gamma}$ as usual, and so

$$
\begin{equation*}
b_{U_{\gamma}}\left(\eta_{\ell}, \eta_{\ell}\right) \geq Z_{\min }\left(3-Z_{\min }^{2}\right) \operatorname{area}\left(\partial U_{\gamma}\right) \tag{7.10}
\end{equation*}
$$

Note that (7.9) differs from the formula in [32] by a negative sign, again because $\partial U_{\gamma}$ is oriented inward. Thus, putting together (7.7), (7.8) and (7.10), we obtain
(7.11) $Z_{\min }\left(3-Z_{\min }{ }^{2}\right) \operatorname{area}\left(\partial U_{\gamma}\right) \cdot\left(\frac{\left|\mathcal{L}^{\prime}(\gamma)\right|}{2 \operatorname{len}(\gamma)}\right)^{2} \leq b_{U_{\gamma}}\left(\eta_{0}, \eta_{0}\right) \leq \int_{U_{\gamma}}\|\omega\|^{2} d V$.

Next we will bound $\int\|\omega\|^{2} d V$ using Proposition 6.14. Let $U_{1}, \ldots, U_{n}$ be the components of $U_{\max }$ whose cores are the geodesics of $\Sigma$. Let $\boldsymbol{R}=\left(R_{1}, \ldots, R_{n}\right)$ be the vector of radii of these tubes. Since $U_{\max }\left(\Sigma^{+}\right)=U_{\boldsymbol{R}}(\Sigma) \cup U_{\gamma}$ is an embedded multitube, we know that $U_{\boldsymbol{R}}$ is also an embedded multitube, and $U_{\gamma}$ is embedded in $M-U_{\boldsymbol{R}}$.

Since $\tanh R_{i} \geq Z_{\min } \geq 1 / \sqrt{3}$ by hypothesis, we have the estimate

$$
\begin{align*}
\int_{U_{\gamma}}\|\omega\|^{2} d V & \leq \int_{M-U_{\boldsymbol{R}}}\|\omega\|^{2} d V  \tag{7.12}\\
& =b_{\boldsymbol{R}}(\eta, \eta) \\
& \leq b_{\boldsymbol{R}}\left(\eta_{0}, \eta_{0}\right) \\
& \leq \frac{1}{4 A Z_{\min }\left(3-Z_{\min }^{2}\right)}\left(\frac{\ell}{2 \pi-12.355 \ell}\right)^{2}
\end{align*}
$$

Here, the first inequality uses the set containment $U_{\gamma} \subset M-U_{\boldsymbol{R}}$, the equality uses (6.3), the next inequality uses Lemma 6.4 and the final inequality uses Proposition 6.14. In (7.12), recall that $\ell=\ell(\Sigma)$ is the sum of the lengths of all components of $\Sigma$ in the nonsingular metric on $M$. Meanwhile, $A$ is any lower bound on the area of each torus $\partial U_{i}$. This area can be estimated using Theorem 4.16:

$$
\begin{equation*}
\operatorname{area}\left(\partial U_{i}\right) \geq A:=1.69785 \frac{\sinh ^{2} R_{\min }}{\cosh \left(2 R_{\min }\right)}=1.69785 \frac{Z_{\min }^{2}}{1+Z_{\min }^{2}} \tag{7.13}
\end{equation*}
$$

Furthermore, Theorem 4.16 also implies that $\partial U_{\gamma}$ satisfies the same lower bound.
Combining (7.11), (7.12) and (7.13) gives

$$
\begin{aligned}
\left(\frac{\left|\mathcal{L}^{\prime}(\gamma)\right|}{2 \operatorname{len}(\gamma)}\right)^{2} & \leq \frac{1}{4 A^{2} Z_{\min }^{2}\left(3-Z_{\min }^{2}\right)^{2}}\left(\frac{\ell}{2 \pi-12.355 \ell}\right)^{2} \\
& =\frac{\left(1+Z_{\min }{ }^{2}\right)^{2}}{2^{2} Z_{\min }{ }^{6}\left(3-Z_{\min }{ }^{2}\right)^{2}}\left(\frac{\ell}{1.69785(2 \pi-12.355 \ell)}\right)^{2}
\end{aligned}
$$

which simplifies to the desired bound on $\left|\mathcal{L}_{t}^{\prime}(\gamma)\right| / \operatorname{len}_{t}(\gamma)$.
It remains to prove (7.5). To that end, we offer the following interpretation. The one-parameter family $i \mathcal{L}_{t}(\gamma)$ is a curve in $\mathbb{H}^{2}$. The speed with which this curve travels through $\mathbb{H}^{2}$ (in the hyperbolic metric) is precisely $\left|\mathcal{L}_{t}^{\prime}(\gamma)\right| / \operatorname{len}_{t}(\gamma)$. Since this speed is bounded by $F\left(Z_{\min }, \ell\right)$, integrating from $a$ to $b$ shows that the hyperbolic distance between $\mathcal{L}_{a}(\gamma)$ and $\mathcal{L}_{b}(\gamma)$ is at most $|b-a| F\left(Z_{\min }, \ell\right)$.

Lemma 7.14 Let $\mathcal{L}(\gamma)=\operatorname{len}(\gamma)+i \tau(\gamma)$ and $\mathcal{L}(\delta)=\operatorname{len}(\delta)+i \tau(\delta)$ be the complex lengths of geodesics satisfying $d_{\mathrm{hyp}}(\mathcal{L}(\gamma), \mathcal{L}(\delta)) \leq K$ for some $K>0$. Then we have the following control on the real and imaginary parts of length:

$$
\begin{gather*}
e^{-K} \leq \frac{\operatorname{len}(\gamma)}{\operatorname{len}(\delta)} \leq e^{K},  \tag{7.15}\\
|\tau(\gamma)-\tau(\delta)| \leq \sinh (K) \cdot \min \{\operatorname{len}(\gamma), \operatorname{len}(\delta)\} . \tag{7.16}
\end{gather*}
$$

Proof Let $B_{K}$ be the closed ball of hyperbolic radius $K$ about $i \mathcal{L}(\gamma)$. The top and bottom of this ball lie at Euclidean height $e^{ \pm K} \operatorname{len}(\gamma)$ from $\partial \mathbb{H}^{2}$. Since the highest
possible value of len $(\delta)=\Im(i \mathcal{L}(\delta))$ occurs at the highest point of $B_{K}$, and similarly for the lowest, we conclude that

$$
e^{-K} \operatorname{len}(\gamma) \leq \operatorname{len}(\delta) \leq e^{K} \operatorname{len}(\gamma)
$$

which is equivalent to (7.15).
To derive (7.16), observe that $|\tau(\delta)-\tau(\gamma)|$ is at most the Euclidean radius of $B_{K}$. Since the highest and lowest points of $B_{K}$ lie at height $e^{ \pm K} \operatorname{len}(\gamma)$, it follows that

$$
|\tau(\delta)-\tau(\gamma)| \leq \frac{1}{2}\left(e^{K}+e^{-K}\right) \operatorname{len}(\gamma)=\sinh K \cdot \operatorname{len}(\gamma)
$$

Interchanging the roles of $\gamma$ and $\delta$ yields $|\tau(\delta)-\tau(\gamma)| \leq \sinh K \cdot \operatorname{len}(\delta)$ and completes the proof of (7.16).

### 7.2 The change in length

We can now show that the complex length of a short geodesic does not change too much under a cone deformation connecting $M-\Sigma$ to $M$. We handle upward and downward cone deformations in two separate theorems.

To handle downward cone deformations, we need a lemma about the visual area of $\Sigma$.
Lemma 7.17 Let $M$ be a complete, finite-volume hyperbolic manifold and $\Sigma$ a geodesic link in $M$. Suppose that there is a cone deformation from $M-\Sigma$ to $M$, parametrized by $t=\alpha^{2}$ and maintaining an embedded tube about $\Sigma$ of radius at least $R_{0}$, where $Z_{0}=\tanh R_{0} \geq 1 / \sqrt{3}$. Then the visual area of $\Sigma$ in the $g_{t}$ metric, denoted by $\mathcal{A}_{t}(\Sigma)$, satisfies

$$
\frac{\mathcal{A}_{t}(\Sigma)}{\mathcal{A}_{4 \pi^{2}}(\Sigma)} \leq\left(\frac{\sqrt{t}}{2 \pi}\right)^{q\left(Z_{0}\right)}, \quad \text { where } q(z)=\left(\frac{3 z^{2}-1}{z^{2}\left(3-z^{2}\right)}+1\right) \geq 1
$$

Proof By Lemma 5.9, $\mathcal{A}_{t}=\mathcal{A}_{t}(\Sigma)$ satisfies the differential inequality

$$
\frac{d \mathcal{A}_{t}}{d t} \geq \frac{\mathcal{A}_{t}}{2 t}\left(\frac{3 Z_{0}^{2}-1}{Z_{0}^{2}\left(3-Z_{0}^{2}\right)}+1\right)=\frac{\mathcal{A}_{t}}{2 t} q\left(Z_{0}\right)
$$

and, furthermore, $q(z) \geq 1$ for $z \geq 1 / \sqrt{3}$. The above inequality can be rewritten as

$$
\frac{d \mathcal{A}_{t}}{\mathcal{A}_{t}} \geq \frac{1}{2} q\left(Z_{0}\right) \frac{d t}{t}
$$

Integration over the interval $\left[a, 4 \pi^{2}\right.$ ] gives

$$
\log \left(\frac{\mathcal{A}_{4 \pi^{2}}}{\mathcal{A}_{a}}\right) \geq \frac{1}{2} q\left(Z_{0}\right) \log \left(\frac{4 \pi^{2}}{a}\right)=\log \left(\left(\frac{4 \pi^{2}}{a}\right)^{q\left(Z_{0}\right) / 2}\right)
$$

which simplifies to the statement in the lemma after substituting $t=a$.

In fact, we will actually need a bound on the visual area of $\Sigma \cup \gamma$ for $\gamma$ a closed geodesic disjoint from $\Sigma$. The previous lemma and the following lemma together will give us the bound we need.

Lemma 7.18 Let $M$ be a complete, finite-volume hyperbolic manifold, $\Sigma^{+}=\Sigma \cup \gamma$ a geodesic link in $M, \ell=\operatorname{len}_{4 \pi^{2}}(\Sigma)$ and $m=\operatorname{len}_{4 \pi^{2}}(\gamma)$ the lengths of $\Sigma$ and $\gamma$ in the complete metric on $M$. Suppose $0 \leq \ell \leq 0.0735$ and $0 \leq m \leq 0.0996-0.352 \cdot \ell$. Let

$$
Z_{0}=\operatorname{haze}^{-1}(2 \pi \ell) \quad \text { and } \quad Z_{\min }=\operatorname{haze}^{-1}\left(2 \pi\left(\ell+m+10^{-5}\right)\right)
$$

where haze ${ }^{-1}$ is defined as in (4.24), and recall the functions $F$ of Definition 7.2 and $q$ of Lemma 7.17. Then the function

$$
f(t)=f_{\ell, m}(t)=2 \pi \ell\left(\frac{\sqrt{t}}{2 \pi}\right)^{q\left(Z_{0}\right)}+2 \pi m \exp \left(\left(4 \pi^{2}-t\right) F\left(Z_{\min }, \ell\right)\right)
$$

satisfies

$$
f_{\ell, m}(t)<f_{\ell, m}\left(4 \pi^{2}\right)+2 \pi \cdot 10^{-5}=2 \pi\left(\ell+m+10^{-5}\right)
$$

In the proof of Theorem 7.19, we will see that $f_{\ell, m}(t)$ serves as an upper bound on the total visual area $\mathcal{A}(\Sigma \cup \gamma)$ in the $g_{t}$ metric. Thus, Lemma 7.18 will allow us to bound the visual area $\mathcal{A}(\Sigma \cup \gamma)$ at time $t$ in terms of the visual area at time $4 \pi^{2}$. Graphing suggests that the inequality $f_{\ell, m}(t) \leq f_{\ell, m}\left(4 \pi^{2}\right)$ holds without any error term, but the computer-assisted proof requires a (tiny) error term.

Proof of Lemma 7.18 Define an auxiliary function

$$
g_{\ell, m}(t)=f_{\ell, m}\left(4 \pi^{2}\right)-f_{\ell, m}(t)=\int_{t}^{4 \pi^{2}} f_{\ell, m}^{\prime}(x) d x
$$

Then the conclusion of the lemma can be phrased as $g_{\ell, m}(t)>-2 \pi \cdot 10^{-5}$ for all values of $\ell, m$ and $t$.
We claim that $g_{\ell, m}(t)$ is smallest when $m$ is largest. This can be seen from the derivative

$$
f^{\prime}(t)=2 \pi \ell \cdot \frac{1}{2} q\left(Z_{0}\right) \cdot \frac{t^{q\left(Z_{0}\right) / 2-1}}{(2 \pi)^{q\left(Z_{0}\right)}}-2 \pi m F\left(Z_{\min }, \ell\right) \exp \left(\left(4 \pi^{2}-t\right) F\left(Z_{\min }, \ell\right)\right)
$$

Observe that $Z_{\min }$ is a decreasing function of $m$, while $F(z, \ell)$ is a decreasing function of $z$. Thus, $F\left(Z_{\min }, \ell\right)$ is largest when $m$ is largest. Hence, the subtracted term in $f^{\prime}(t)$ is largest when $m$ is largest. Thus, $f^{\prime}(t)$ is smallest when $m$ is largest, and the claim follows.
Now we set $m=0.0996-0.352 \cdot \ell$ and claim that $g_{\ell, m}(t)>-2 \pi \cdot 10^{-5}$ for all $\ell$ and $t$ with this value of $m$. This is established using interval arithmetic in Sage; see the ancillary files.

Theorem 7.19 Let $M$ be a complete, finite-volume hyperbolic 3-manifold. Let $\Sigma$ be a geodesic link in $M$ and $\gamma$ a closed geodesic disjoint from $\Sigma$. Let $\ell=\operatorname{len}_{4 \pi^{2}}(\Sigma)$ and $m=\operatorname{len}_{4 \pi^{2}}(\gamma)$ be the lengths of $\Sigma$ and $\gamma$ in the complete metric on M. Suppose $\ell \leq 0.0735$ and $m \leq 0.0996-0.352 \cdot \ell$. Let

$$
R_{\min }=h^{-1}\left(2 \pi\left(\ell+m+10^{-5}\right)\right) \geq \operatorname{arctanh}(0.6288)
$$

Then $M-\Sigma$ is connected to $M$ via a cone deformation parametrized by $t=\alpha^{2}$, so that, for all $t$ :
(1) The curve $\gamma$ is a geodesic in the cone metric $g_{t}$. Furthermore, the cone deformation preserves $\gamma$ setwise.
(2) There is an embedded multitube about $\Sigma \cup \gamma$ of radius greater than $R_{\min }$.
(3) The complex length of $\gamma$ satisfies

$$
d_{\mathrm{hyp}}\left(\mathcal{L}_{t}(\gamma), \mathcal{L}_{4 \pi^{2}}(\gamma)\right) \leq\left(4 \pi^{2}-t\right) F\left(Z_{\min }, \ell\right)
$$

where $Z_{\min }=\tanh R_{\min }$ and $F(z, \ell)$ is the function of Definition 7.2.
In particular, the length of $\gamma$ in the complete structures on $M$ and $M-\Sigma$ satisfies $d_{\text {hyp }}\left(\mathcal{L}_{0}(\gamma), \mathcal{L}_{4 \pi^{2}}(\gamma)\right) \leq 4 \pi^{2} F\left(Z_{\text {min }}, \ell\right)$.

Proof The proof is a crawling argument in the spirit of Theorem 5.14. By that theorem, there is a cone deformation connecting $M-\Sigma$ to $M$, parametrized by $t=\alpha^{2}$. Furthermore, this cone deformation maintains an embedded tube about $\Sigma$ of radius at least $R_{0}=h^{-1}(2 \pi \ell)$. (Note that, for this proof, the lower bound on tube radius about $\Sigma$ is denoted by $R_{0}$ rather than $R_{\text {min }}$.)

Let $I$ be the maximal subinterval of $\left[0,(2 \pi)^{2}\right]$ containing $(2 \pi)^{2}$ such that conclusions (1), (2) and (3) hold for $t \in I$.

First, we show that $(2 \pi)^{2} \in I$, and hence $I$ is nonempty. Note that (1) holds by hypothesis, while (3) is vacuous for $t=(2 \pi)^{2}$. Let $U_{\max }$ be the maximal multitube about $\Sigma^{+}$in the complete metric on $M$, and let $R$ be the smallest radius of a tube in $U_{\text {max }}$. By Lemma 5.15, we know $R>0.531$. Now, Corollary 4.25 says that

$$
R \geq h^{-1}\left(\mathcal{A}\left(4 \pi^{2}\right)\right)=h^{-1}(2 \pi(\ell+m))>R_{\min }
$$

where the strict inequality is by definition of $R_{\min }$. Thus, (2) holds for $t=(2 \pi)^{2}$, implying that $I \neq \varnothing$.

To see that $I$ is open, let $0<t_{0} \in I$. By Theorem 5.6, there is a local cone deformation on $M$ that treats $\Sigma^{+}$as its singular locus but does not change the cone angle on $\gamma$. Hence, (1) holds in an open neighborhood of $t_{0}$, as does (2) because it is an open condition. Now, Lemma 7.4 implies that (3) holds on the union of $I$ and this open neighborhood. Hence, $I$ is open.

To see that $I$ is closed, let $a=\inf I$. Since the tube radius about $\Sigma^{+}$must remain at least $R_{\text {min }}$ by continuity and, in particular, does not degenerate, Theorem 5.13 implies that the cone deformation preserving $\gamma$ setwise can be extended to $t=a$. Since (3) is a closed condition, it holds at $t=a$ by continuity. Thus, for $t \in\left[a,(2 \pi)^{2}\right]$, Lemma 7.14 gives

$$
\begin{aligned}
2 \pi \operatorname{len}_{t}(\gamma) & \leq 2 \pi \operatorname{len}_{4 \pi^{2}}(\gamma) \cdot \exp \left(\left(4 \pi^{2}-t\right) F\left(Z_{\min }, \ell\right)\right) \\
& =2 \pi m \exp \left(\left(4 \pi^{2}-t\right) F\left(Z_{\min }, \ell\right)\right)
\end{aligned}
$$

Similarly, by Lemma 7.17, the visual area of $\Sigma$ satisfies

$$
\mathcal{A}_{t}(\Sigma) \leq \mathcal{A}_{4 \pi^{2}}(\Sigma)\left(\frac{\sqrt{t}}{2 \pi}\right)^{q\left(Z_{0}\right)}=2 \pi \ell\left(\frac{\sqrt{t}}{2 \pi}\right)^{q\left(Z_{0}\right)}
$$

where $Z_{0}=\tanh R_{0}$ and the function $q(z)$ is as given in Lemma 7.17. Combining the last two equations, we conclude that the total visual area of $\Sigma^{+}=\Sigma \cup \gamma$ satisfies

$$
\mathcal{A}_{t}\left(\Sigma^{+}\right) \leq 2 \pi \ell\left(\frac{\sqrt{t}}{2 \pi}\right)^{q\left(Z_{0}\right)}+2 \pi m \exp \left(\left(4 \pi^{2}-t\right) F\left(Z_{\min }, \ell\right)\right)=f_{\ell, m}(t)
$$

By Lemma 7.18, the function $f_{\ell, m}(t)$ is bounded above in terms of $f_{\ell, m}\left(4 \pi^{2}\right)$. In symbols,

$$
\mathcal{A}_{t}\left(\Sigma^{+}\right) \leq f_{\ell, m}(t)<2 \pi\left(\ell+m+10^{-5}\right)=h\left(R_{\min }\right)
$$

Thus, Corollary 4.25 implies that at $t=a$, the maximal tube $U_{\max }$ has smallest radius $R>R_{\text {min }}$. This means condition (2) holds at $a=\inf I$, and hence $I$ is closed. Thus, (1), (2) and (3) hold for all $t \in\left[0,(2 \pi)^{2}\right]$.

Corollary 7.20 Let $M$ be a complete, finite-volume hyperbolic 3-manifold. Let $\Sigma$ be a geodesic link in $M$ and $\gamma$ a closed geodesic disjoint from $\Sigma$. Let $\ell=\operatorname{len}_{4 \pi^{2}}(\Sigma)$ and $m=\operatorname{len}_{4 \pi^{2}}(\gamma)$ be the lengths of $\Sigma$ and $\gamma$ in the complete metric on M. Suppose that $\max (\ell, m) \leq 0.0735$. Then $\gamma$ is isotopic to a geodesic in the complete metric $g_{0}$ on $M-\Sigma$ and, furthermore,

$$
1.9793^{-1} \leq \frac{\operatorname{len}_{0}(\gamma)}{\operatorname{len}_{4 \pi^{2}}(\gamma)} \leq 1.9793 \text { and } \quad\left|\tau_{0}(\gamma)-\tau_{4 \pi^{2}}(\gamma)\right| \leq 0.05417
$$

Proof First observe that the hypothesis $m \leq 0.0735$ implies $m \leq 0.0996-0.352 \cdot \ell$ when $0 \leq \ell \leq 0.0735$. Thus, our hypotheses are stronger than those of Theorem 7.19.

Now, by Theorem 7.19,

$$
d_{\mathrm{hyp}}\left(\mathcal{L}_{0}(\gamma), \mathcal{L}_{4 \pi^{2}}(\gamma)\right) \leq\left(4 \pi^{2}\right) F\left(Z_{\min }, \ell\right)
$$

where $Z_{\text {min }}=\tanh R_{\min }=\operatorname{haze}^{-1}\left(2 \pi\left(\ell+m+10^{-5}\right)\right) \geq 0.6299$. Now substitute

$$
K=(2 \pi)^{2} F\left(Z_{\min }, \ell\right) \leq 0.6827
$$

into Lemma 7.14, with the given bounds on $\ell$ and $Z_{\min }$, and the given bound on $m$.
We also have a version of Theorem 7.19 for upward cone deformations.
Theorem 7.21 Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in M. Suppose that, in the complete hyperbolic structure on $M-\Sigma$, the total normalized length of the meridians of $\Sigma$ satisfies $L^{2} \geq 128$. Let $\gamma \subset M-\Sigma$ be a closed geodesic of length $m=\operatorname{len}_{0}(\gamma) \leq 0.056$. Define

$$
R_{\min }=h^{-1}\left(\frac{(2 \pi)^{2}}{L^{2}-14.7}+2 \pi \cdot 1.656 m\right)>\operatorname{arctanh}(0.624)
$$

Then $M-\Sigma$ is connected to $M$ via a cone deformation parametrized by $t=\alpha^{2}$, so that, for all $t$ :
(1) The curve $\gamma$ is a geodesic in the cone metric $g_{t}$. Furthermore, the cone deformation preserves $\gamma$ setwise.
(2) There is an embedded multitube about $\Sigma \cup \gamma$ of radius greater than $R_{\text {min }}$.
(3) The complex length of $\gamma$ satisfies

$$
d_{\mathrm{hyp}}\left(\mathcal{L}_{0}(\gamma), \mathcal{L}_{t}(\gamma)\right) \leq t F\left(Z_{\min }, \ell\right)
$$

where $\ell \leq 2 \pi /\left(L^{2}-14.7\right)$ and $F(z, \ell)$ is as in Definition 7.2.
In particular, the length of $\gamma$ in the complete structures on $M$ and $M-\Sigma$ satisfies $d_{\text {hyp }}\left(\mathcal{L}_{0}(\gamma), \mathcal{L}_{4 \pi^{2}}(\gamma)\right) \leq 4 \pi^{2} F\left(Z_{\text {min }}, 2 \pi /\left(L^{2}-14.7\right)\right)$.

As usual, $\ell$ denotes the length of $\Sigma$ in the hyperbolic metric on $M$. However, to apply the theorem, one only needs geometric hypotheses on $M-\Sigma$ and the inequality $\ell \leq 2 \pi /\left(L^{2}-14.7\right)$.

Proof We begin by noting that $L^{2} \geq 128 \geq I\left(Z_{0}\right)$, where $I(z)$ is the function of Definition 5.16 and $Z_{0} \geq 0.8925>1 / \sqrt{3}$. Thus, by Theorem 5.17, there is a cone deformation from $M-\Sigma$ to $M$, parametrized by $t=\alpha^{2}$, for which the tube radius about $\Sigma$ stays bounded below by $R_{0}$. (We denote this quantity by $R_{0}$ rather than $R_{\text {min }}$
because $R_{\text {min }}$ has a different meaning in the present theorem.) Now Lemma 6.10, using $Z_{0} \geq 0.8925$, shows that the length of $\Sigma$ in the complete metric on $M$ is

$$
\begin{equation*}
\ell \leq \frac{2 \pi}{L^{2}-(2 \pi)^{2} G\left(Z_{0}\right)} \leq \frac{2 \pi}{L^{2}-14.7} \leq 0.05546 \tag{7.22}
\end{equation*}
$$

We will use this bound on $\ell$ in applying Lemma 7.4.
The rest of the proof is a crawling argument analogous to Theorem 7.19. By Theorems 5.6 and 5.13 , the cone deformation on $(M, \Sigma)$ can be thought of as a cone deformation on $\left(M, \Sigma^{+}\right)$provided the tube radius about $\Sigma^{+}=\Sigma \cup \gamma$ does not degenerate. Thus, conclusion (1) will be immediate once we establish (2).

Let $J$ be the maximal subinterval of $\left[0,(2 \pi)^{2}\right]$, containing 0 , such that (2) and (3) both hold on $J$. By Lemma 5.15 and Corollary 4.25, there is an embedded tube about $\gamma$ in $M-\Sigma$ of radius

$$
R \geq h^{-1}(2 \pi m)>R_{\min }
$$

Meanwhile, the horospherical cusp neighborhoods can be thought of as tubes of infinite radius about $\Sigma$. Thus, (2) holds at $t=0$. Since (3) is vacuous at $t=0$, we conclude that $J$ is nonempty.

The interval $J$ is open for the same reason as in Theorem 7.19. Let $t_{0} \in J$. Since (2) is an open condition, it holds on an open neighborhood about $t_{0}$. Now Lemma 7.4, combined with the estimate (7.22), implies that (3) holds on the union of $J$ and this open neighborhood. Hence, $J$ is open.

To see that $J$ is closed, let $a=\sup J$. Since (3) is a closed condition, it holds at $t=a$ by continuity. Thus, by Lemma 7.14, we have

$$
\begin{equation*}
\operatorname{len}_{a}(\gamma) \leq \exp \left(a F\left(Z_{\min }, \ell\right)\right) \cdot \operatorname{len}_{0}(\gamma)<1.656 m \tag{7.23}
\end{equation*}
$$

where the second inequality uses (7.22) and $Z_{\min }>0.624$, the fact that $F$ is decreasing in $z$ and increasing in $\ell$ (since $\ell<0.056$ ), and the fact that $a \leq(2 \pi)^{2}$. Recall that $m=\operatorname{len}_{0}(\gamma)$. Meanwhile, Lemma 5.9 implies that $\operatorname{len}_{t}(\Sigma)$ is increasing in $t$. Thus, at time $t=a$,

$$
\mathcal{A}(a)=\sqrt{a} \cdot \operatorname{len}_{a}(\Sigma)+2 \pi \operatorname{len}_{a}(\gamma)<2 \pi \cdot \frac{2 \pi}{L^{2}-14.7}+2 \pi \cdot 1.656 m=h\left(R_{\min }\right)
$$

Here, the first equality is by the definition of visual area, the inequality is by (7.22) and (7.23), and the second equality is by the definition of $R_{\min }$. Now, Corollary 4.25 implies $R \geq h^{-1} \mathcal{A}(a)>R_{\text {min }}$, and hence (2) holds at $t=a$, as desired. Therefore, $J$ is closed, and hence $J=\left[0,(2 \pi)^{2}\right]$.

Corollary 7.24 Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$. Suppose that, in the complete hyperbolic structure on $M-\Sigma$, the total normalized length of the meridians of $\Sigma$ satisfies $L^{2} \geq 128$. Let $\gamma \subset M-\Sigma$ be a closed geodesic of length $\operatorname{len}_{0}(\gamma) \leq 0.056$. Then $\gamma$ is isotopic to a closed geodesic in $M$ and, furthermore,

$$
1.657^{-1} \leq \frac{\operatorname{len}_{0}(\gamma)}{\operatorname{len}_{4 \pi^{2}}(\gamma)} \leq 1.657 \text { and }\left|\tau_{0}(\gamma)-\tau_{4 \pi^{2}}(\gamma)\right| \leq 0.0295
$$

Proof Plug $t=(2 \pi)^{2}, \ell \leq 2 \pi /\left(L^{2}-14.7\right) \leq 2 \pi / 113.3, m \leq 0.056$ and $Z_{\min }>0.624$ into Lemma 7.14 to obtain the result.

### 7.3 Application to cosmetic surgery

We now present the main application of this section: effective control on cosmetic surgeries.

Definition 7.25 Choose a real number $L \geq 10.1$. Let $F$ be the function of Definition 7.2. Define

$$
\ell_{\max }=\ell_{\max }(L)=\frac{2 \pi}{L^{2}-16.03}
$$

and

$$
\operatorname{sysmin}(L)=\ell_{\max } \exp \left(4 \pi^{2} F\left(\operatorname{haze}^{-1}\left(4 \pi \ell_{\max }+2 \pi 10^{-5}\right), \ell_{\max }\right)\right)
$$

Lemma 7.26 The function $\operatorname{sysmin}(L)$ is strictly decreasing in $L$. Furthermore, for $L \geq 10.1$,

$$
\frac{2 \pi}{L^{2}}<\operatorname{sysmin}(L)<\frac{2 \pi}{L^{2}-58}
$$

Proof To see that $\operatorname{sysmin}(L)$ is decreasing, we examine the ingredients of its definition. By Corollary 4.25, and Remark 4.23, haze ${ }^{-1}\left(4 \pi \ell_{\max }+2 \pi 10^{-5}\right)$ is a decreasing function of $\ell_{\text {max }}$. By a derivative computation, the function

$$
\frac{F(z, \ell)}{\ell}=\frac{\left(1+z^{2}\right)}{z^{3}\left(3-z^{2}\right)} \cdot \frac{1}{10.667-20.977 \ell}
$$

is decreasing in $z$ and increasing in $\ell$. Thus, $F\left(\right.$ haze $\left.^{-1}\left(4 \pi \ell_{\max }+2 \pi 10^{-5}\right), \ell_{\max }\right)$ is increasing in $\ell_{\max }$. Since $\ell_{\max }=\ell_{\max }(L)$ is strictly decreasing in $L$, we conclude that $\operatorname{sysmin}(L)$ is strictly decreasing.
The lower bound on $\operatorname{sysmin}(L)$ holds because $\operatorname{sysmin}(L)>\ell_{\max }(L)>2 \pi / L^{2}$. Meanwhile, by the definition of $\ell_{\max }$, the desired upper bound on $\operatorname{sysmin}(L)$ is equivalent to

$$
\frac{\operatorname{sysmin}(L)}{\ell_{\max }}<\frac{2 \pi}{L^{2}-58} \cdot \frac{L^{2}-16.03}{2 \pi}
$$

After substituting the definition of $\operatorname{sysmin}(L)$, taking logarithms and dividing both sides by $\ell_{\text {max }}$ again, the upper bound becomes equivalent to the inequality
(7.27) $4 \pi^{2} \frac{F\left(\text { haze }^{-1}\left(4 \pi \ell_{\max }+2 \pi 10^{-5}\right), \ell_{\max }\right)}{\ell_{\max }}<\log \left(\frac{L^{2}-16.03}{L^{2}-58}\right) \cdot \frac{L^{2}-16.03}{2 \pi}$.

It remains to prove (7.27).
A derivative calculation shows that the right-hand side of (7.27) is decreasing in $L$. As $L \rightarrow \infty$, its limit is

$$
\begin{aligned}
\lim _{L \rightarrow \infty}-\log \left(\frac{L^{2}-58}{L^{2}-16.03}\right) \frac{L^{2}-16.03}{2 \pi} & =\lim _{L \rightarrow \infty}-\log \left(1-\frac{41.97}{L^{2}-16.03}\right) \frac{L^{2}-16.03}{2 \pi} \\
& =\lim _{L \rightarrow \infty} \frac{41.97}{L^{2}-16.03} \cdot \frac{L^{2}-16.03}{2 \pi} \\
& =\frac{41.97}{2 \pi}=6.679 \ldots
\end{aligned}
$$

Here, the second equality uses the linear approximation $\log (1-x) \sim-x$ for $x$ near 0 . Therefore, the right-hand side is at least 6.679 for all values of $L$ in the domain.

Meanwhile, we have already checked that the left-hand side of (7.27) is increasing in $\ell_{\text {max }}$, and hence decreasing in $L$. Direct calculation shows that the left-hand side equals $6.674 \ldots$ when $L=11$. Thus, inequality (7.27) holds for all $L \geq 11$.

Finally, for $L \in[10.1,11]$, inequality (7.27) is established using interval arithmetic in Sage. See the ancillary files for details.

Theorem 7.28 For a real number $L_{0} \geq 10.1$, let $\operatorname{sysmin}\left(L_{0}\right)$ be the function of Definition 7.25. Let $N$ be a cusped hyperbolic 3-manifold whose systole is at least $\operatorname{sysmin}\left(L_{0}\right)$. Let $\boldsymbol{s}$ be a tuple of surgery slopes on the cusps of $N$ whose normalized length is $L=L(s) \geq L_{0}$.

Then the Dehn filled manifold $M=N(s)$ is hyperbolic. The core $\Sigma$ of the Dehn filling solid tori is isotopic to a geodesic link with an embedded tubular neighborhood of radius at least 1.281 . Finally, the only geodesics in $M$ of length at most $\ell=\operatorname{len}(\Sigma)$ are the components of $\Sigma$ itself.

Proof Let $M=N(s)$ and let $\Sigma$ be the union of the cores of the filled solid tori. We will apply Theorem 5.17. The hypotheses imply that the normalized length is at least $L_{0}^{2} \geq(10.1)^{2} \geq I(0.8568)$, where $I$ is the function of Definition 5.16. By Theorem $5.17, M$ admits a hyperbolic metric that is connected to the complete metric on $N=M-\Sigma$ by a cone deformation with singular locus along $\Sigma$. Moreover, the
cone deformation maintains a tube about $\Sigma$ of radius $R_{0} \geq \operatorname{arctanh}(0.8568) \geq 1.281$. At the end of this cone deformation, $\Sigma$ becomes a geodesic link in the complete metric on $M$. The length of $\Sigma$ in this complete metric satisfies

$$
\ell=\operatorname{len}_{4 \pi^{2}}(\Sigma)<\frac{2 \pi}{L^{2}-16.03}=\ell_{\max }<0.0731
$$

Here, the first inequality follows by Lemma 6.10, plugging in the numerical value $4 \pi^{2} G\left(\tanh \left(R_{0}\right)\right)=16.028 \ldots$ Meanwhile, the last inequality uses the hypothesis $L \geq 10.1$.

Suppose, for a contradiction, that $M$ contains a closed geodesic $\gamma \not \subset \Sigma$ such that $\operatorname{len}_{4 \pi^{2}}(\gamma)=m \leq \ell_{\max }$. By Meyerhoff's theorem [43, Section 7], $\gamma \cap \Sigma=\varnothing$. Thus, $\Sigma^{+}=\Sigma \cup \gamma$ is a geodesic link satisfying the hypotheses of Theorem 7.19. Matching the definition of $R_{\min }$ in Theorem 7.19, we define

$$
Z_{\min }=\operatorname{haze}^{-1}\left(2 \pi\left(\ell+m+10^{-5}\right)\right)>\operatorname{haze}^{-1}\left(4 \pi \ell_{\max }+2 \pi \cdot 10^{-5}\right)>0.6337
$$

By conclusion (3) of Theorem 7.19, we have

$$
d_{\mathrm{hyp}}\left(\mathcal{L}_{0}(\gamma), \mathcal{L}_{4 \pi^{2}}(\gamma)\right) \leq 4 \pi^{2} F\left(Z_{\min }, \ell\right)<4 \pi^{2} F\left(Z_{\min }, \ell_{\max }\right)
$$

and hence Lemma 7.14 implies the length of $\gamma$ in $M_{0}=M-\Sigma=N$ is

$$
\begin{aligned}
\operatorname{len}_{0}(\gamma) & <\operatorname{len}_{4 \pi^{2}}(\gamma) \exp \left(4 \pi^{2} F\left(Z_{\min }, \ell_{\max }\right)\right) \\
& <\ell_{\max } \exp \left(4 \pi^{2} F\left(\operatorname{haze}^{-1}\left(4 \pi \ell_{\max }+2 \pi 10^{-5}\right), \ell_{\max }\right)\right) \\
& =\operatorname{sysmin}(L) \leq \operatorname{sysmin}\left(L_{0}\right),
\end{aligned}
$$

using the fact that $F(z, \ell)$ is decreasing in $z$. But this contradicts the hypothesis that $\operatorname{sys}(N) \geq \operatorname{sysmin}\left(L_{0}\right)$. This contradiction implies that the components of $\Sigma$ are the only geodesics in $M$ of length less than $\ell_{\max }$, completing the proof.

Now Theorem 7.28 combined with topological rigidity of hyperbolic manifolds [26; 27] implies:

Theorem 7.29 Let $N$ be a cusped hyperbolic 3-manifold. Suppose that $\boldsymbol{s}_{1}$ and $\boldsymbol{s}_{2}$ are distinct tuples of slopes on the cusps of $N$, where the normalized length of each $\boldsymbol{s}_{i}$ satisfies

$$
L\left(s_{i}\right) \geq \max \left\{10.1, \sqrt{\frac{2 \pi}{\operatorname{sys}(N)}+58}\right\} .
$$

Then any homeomorphism $\varphi: N\left(\boldsymbol{s}_{1}\right) \rightarrow N\left(\boldsymbol{s}_{2}\right)$ restricts (after an isotopy) to a selfhomeomorphism of $N$ sending $\boldsymbol{s}_{1}$ to $\boldsymbol{s}_{2}$. In particular, if $\operatorname{sys}(N) \geq 0.1428$, then the above conclusions hold for all pairs $\left(\boldsymbol{s}_{1}, \boldsymbol{s}_{2}\right)$ of normalized length at least 10.1.

Proof For $i=1,2$, let $L_{i}=L\left(s_{i}\right)$ be the normalized length of the tuple of slopes $\boldsymbol{s}_{i}$. By hypothesis, $L_{i} \geq 10.1$ and $L_{i} \geq \sqrt{2 \pi / \operatorname{sys}(N)+58}$. Combining these hypotheses with Lemma 7.26, we have

$$
\operatorname{sysmin}\left(L_{i}\right) \leq \operatorname{sysmin}\left(\sqrt{\frac{2 \pi}{\operatorname{sys}(N)}+58}\right)<\operatorname{sys}(N)
$$

Let $\Sigma_{i} \subset N\left(s_{i}\right)$ be the union of cores of the Dehn filling solid tori. Then, by Theorem 7.28, the $k$ components of $\Sigma_{i}$ are the shortest $k$-tuple of geodesics in the hyperbolic manifold $N\left(s_{i}\right)$. Furthermore, there is a tube of radius more than 1 about $\Sigma_{i}$. If $N\left(s_{1}\right) \cong N\left(s_{2}\right)$, the number $k$ of components of $\Sigma_{1}$ must equal the number of components of $\Sigma_{2}$.

Now consider a homeomorphism $\varphi: N\left(\boldsymbol{s}_{1}\right) \rightarrow N\left(\boldsymbol{s}_{2}\right)$. By Mostow rigidity, combined with a theorem of Gabai [26], $\varphi$ is isotopic to an isometry. (See also Gabai, Meyerhoff and Thurston [27].) This isometry must carry the shortest $k$-tuple of geodesics in $N\left(\boldsymbol{s}_{1}\right)$ to the shortest $k$-tuple of geodesics in $N\left(s_{2}\right)$. Thus, after adjusting $\varphi$ by an isotopy, we may suppose that $\varphi\left(\Sigma_{1}\right)=\Sigma_{2}$. Hence, $\varphi$ restricts to a homeomorphism from $N=N\left(s_{1}\right)-\Sigma_{1}$ to $N=N\left(s_{2}\right)-\Sigma_{2}$, sending $\boldsymbol{s}_{1}$ to $\boldsymbol{s}_{2}$.

When $N$ has one cusp, we have the following corollary:
Theorem 7.30 Let $N$ be a one-cusped hyperbolic 3-manifold. Suppose that $s_{1}$ and $s_{2}$ are distinct slopes on the cusp of $N$, where the normalized length of each $s_{i}$ satisfies

$$
L\left(s_{i}\right) \geq \max \left\{10.1, \sqrt{\frac{2 \pi}{\operatorname{sys}(N)}+58}\right\} .
$$

Then $\left(s_{1}, s_{2}\right)$ cannot be a purely cosmetic pair. If $\left(s_{1}, s_{2}\right)$ is a chirally cosmetic pair, then there is a symmetry of $N$ sending $s_{1}$ to $s_{2}$.

In particular, Conjectures 1.7 and 1.9 both hold for pairs $\left(s_{1}, s_{2}\right)$ satisfying the above bound on length.

Proof of Theorem 7.30 Suppose there is a homeomorphism $\varphi: N\left(s_{1}\right) \rightarrow N\left(s_{2}\right)$. Then, by Theorem 7.29, $\varphi$ restricts to a homeomorphism of $N$ sending $s_{1}$ to $s_{2}$. That $\varphi: N \rightarrow N$ must be orientation-reversing follows from a standard argument, as in [6, Lemma 2].

Let $\lambda$ be the unique null-homologous slope on the cusp of $N$. Thus, $\left.\varphi\right|_{N}$ must send $\lambda$ to $\lambda$. By Mostow-Prasad rigidity, $\left.\varphi\right|_{N}$ is homotopic to an isometry. If an isometry of $N$
is orientation-preserving and stabilizes $\lambda$, then it must stabilize every slope, implying $s_{1}=s_{2}$. Since we have assumed that $s_{1} \neq s_{2}$, it follows that $\left.\varphi\right|_{N}$ is orientation-reversing, and hence $\varphi$ is also.

### 7.4 Controlling multiple geodesics

The following theorem is included here for future use:
Theorem 7.31 Let $M$ be a complete, finite-volume hyperbolic 3-manifold. Let $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ and $\Sigma^{+}=\sigma_{1} \cup \cdots \cup \sigma_{n+k}$ be geodesic links in $M$, where $k \geq 1$. Assume that, in the complete structure on $M$, we have $\ell=\operatorname{len}_{4 \pi^{2}}(\Sigma) \leq 0.735$. In addition, define

$$
m=\max \left\{\operatorname{len}_{4 \pi^{2}}\left(\sigma_{j}\right): n+1 \leq j \leq n+k\right\}
$$

and assume that $\ell+2 m \leq 0.14$.
Then $M_{0}=M-\Sigma$ is connected to $M_{4 \pi^{2}}=M$ via a cone deformation that preserves $\Sigma^{+}$setwise and keeps each component of $\Sigma^{+}$geodesic.

One novelty of Theorem 7.31 is that it does not care about the total length of $\Sigma^{+}$. All that the theorem needs is for the drilling locus $\Sigma$ to be short and for each separate component of $\Sigma^{+}-\Sigma$ to be (uniformly) short. Under these hypotheses, one may use Theorem 7.19 to estimate the change in length of each component of $\Sigma^{+}-\Sigma$.

Proof of Theorem 7.31 If $k=1$, that is, if $\Sigma^{+}=\Sigma \cup \gamma$ for a single closed curve $\gamma$, this theorem is already covered by Theorem 7.19. In the general case, when $k \geq 2$, the proof closely parallels that proof. Define $R_{0}=h^{-1}(2 \pi \ell) \geq \operatorname{arctanh}(1 / \sqrt{3})$. By Theorem 5.14, there is a cone deformation connecting $M-\Sigma$ to $M$, which maintains an embedded tube about $\Sigma$ of radius at least $R_{0}$.

Next, define

$$
\begin{equation*}
\widehat{R}_{\min }=h^{-1}\left(2 \pi\left(\ell+2 m+10^{-5}\right)\right)>0.794 \tag{7.32}
\end{equation*}
$$

and set $\hat{Z}_{\text {min }}=\tanh \left(\hat{R}_{\min }\right)$ as usual. Our hypothesis on $\ell+2 m$ ensures that

$$
2 \pi\left(\ell+2 m+10^{-5}\right)<h_{\max }
$$

and hence Corollary 4.25 ensures that $h^{-1}$ is decreasing. We claim that the above cone deformation can be chosen so that the following hold for all $t \in\left[0,4 \pi^{2}\right]$ :
(1) The link $\Sigma^{+}$is a union of geodesics in the cone metric $g_{t}$. Furthermore, the cone deformation preserves $\Sigma^{+}$setwise.
(2) There is an embedded multitube about $\Sigma^{+}$of radius greater than $\widehat{R}_{\text {min }}$.
(3) For every curve $\sigma_{j}$ with $j>n$, the complex length satisfies

$$
d_{\mathrm{hyp}}\left(\mathcal{L}_{t}\left(\sigma_{j}\right), \mathcal{L}_{4 \pi^{2}}\left(\sigma_{j}\right)\right) \leq\left(4 \pi^{2}-t\right) F\left(\hat{Z}_{\min }, \ell\right)
$$

Let $I$ be the maximal subinterval of $\left[0,(2 \pi)^{2}\right]$ containing $(2 \pi)^{2}$ such that conclusions (1), (2) and (3) hold for $t \in I$.

First, we show that $(2 \pi)^{2} \in I$, and hence is nonempty. Note that (1) holds by hypothesis, while (3) is vacuous for $t=(2 \pi)^{2}$. To verify (2), choose an arbitrary pair of components $\sigma_{j}$ and $\sigma_{j^{\prime}}$ with $n<j, j^{\prime} \leq n+k$. Let $U_{\max }$ be the maximal multitube about $\Sigma \cup \sigma_{j} \cup \sigma_{j^{\prime}}$ in the complete metric on $M$ and let $R$ be the smallest radius of a tube in $U_{\max }$. By Lemma 5.15, we know $R>0.531$. Now Corollary 4.25 says that

$$
R \geq h^{-1}\left(\mathcal{A}\left(4 \pi^{2}\right)\right)=h^{-1}(2 \pi(\ell+2 m))>\hat{R}_{\min }
$$

where the strict inequality is by definition of $\widehat{R}_{\text {min }}$. In particular, the tubes of radius $\widehat{R}_{\text {min }}$ about the components of $\Sigma \cup \sigma_{j} \cup \sigma_{j^{\prime}}$ are pairwise disjoint. Since $j$ and $j^{\prime}$ were arbitrary, we conclude that the tubes of radius $\widehat{R}_{\text {min }}$ about all components of $\Sigma^{+}$are pairwise disjoint. Thus, (2) holds for $t=(2 \pi)^{2}$, implying that $I \neq \varnothing$.

To see that $I$ is open, let $0<t_{0} \in I$. By Theorem 5.6, there is a local cone deformation on $M$ that treats $\Sigma^{+}$as its singular locus but does not change the cone angles on $\Sigma^{+}-\Sigma$. Hence (1) holds in an open neighborhood of $t_{0}$, as does (2) because it is an open condition. Now, Lemma 7.4 implies that (3) holds on the union of $I$ and this open neighborhood. Hence $I$ is open.

To see that $I$ is closed, let $a=\inf I$. Since the tube radius about $\Sigma^{+}$must remain at least $\widehat{R}_{\text {min }}$ by continuity, and in particular does not degenerate, Theorem 5.13 implies that the cone deformation preserving $\Sigma^{+}$setwise can be extended to $t=a$. Since (3) is a closed condition, it holds at $t=a$ by continuity. Thus, for every $j>n$ and every $t \in\left[a,(2 \pi)^{2}\right]$, Lemma 7.14 gives

$$
\begin{aligned}
2 \pi \operatorname{len}_{t}\left(\sigma_{j}\right) & \leq 2 \pi \operatorname{len}_{4 \pi^{2}}\left(\sigma_{j}\right) \cdot \exp \left(\left(4 \pi^{2}-t\right) F\left(\hat{Z}_{\min }, \ell\right)\right) \\
& \leq 2 \pi m \exp \left(\left(4 \pi^{2}-t\right) F\left(\widehat{Z}_{\min }, \ell\right)\right)
\end{aligned}
$$

Focusing attention on two components $\sigma_{j}$ and $\sigma_{j^{\prime}}$ with $j, j^{\prime}>n$, we have

$$
2 \pi\left(\operatorname{len}_{t}\left(\sigma_{j}\right)+\operatorname{len}_{t}\left(\sigma_{j^{\prime}}\right)\right) \leq 4 \pi \cdot m \exp \left(\left(4 \pi^{2}-t\right) F\left(\hat{Z}_{\min }, \ell\right)\right)
$$

Meanwhile, by Lemma 7.17, the visual area of $\Sigma$ satisfies

$$
\mathcal{A}_{t}(\Sigma) \leq \mathcal{A}_{4 \pi^{2}}(\Sigma)\left(\frac{\sqrt{t}}{2 \pi}\right)^{q\left(Z_{0}\right)}=2 \pi \ell\left(\frac{\sqrt{t}}{2 \pi}\right)^{q\left(Z_{0}\right)}
$$

where $Z_{0}=\tanh R_{0}$ and the function $q(z)$ is as given in Lemma 7.17. Combining the last two equations, we conclude that the total visual area of $\Sigma \cup \sigma_{j} \cup \sigma_{j^{\prime}}$ satisfies

$$
\mathcal{A}_{t}\left(\Sigma \cup \sigma_{j} \cup \sigma_{j^{\prime}}\right) \leq 2 \pi \ell\left(\frac{\sqrt{t}}{2 \pi}\right)^{q\left(Z_{0}\right)}+4 \pi m \exp \left(\left(4 \pi^{2}-t\right) F\left(\hat{Z}_{\min }, \ell\right)\right)=\hat{f}_{\ell, m}(t)
$$

(Note that $\hat{f_{\ell, m}}(t)$ differs from the function $f_{\ell, m}(t)$ of Lemma 7.18 in that the second term begins with $4 \pi m$ instead of $2 \pi m$. Note as well that $\hat{Z}_{\min }$ is defined via (7.32), which differs from the definition of $Z_{\text {min }}$ in Lemma 7.18.)

By an interval arithmetic computation in Sage, exactly as in Lemma 7.18, we learn that $\hat{f}_{\ell, m}(t)$ is bounded above in terms of $\hat{f}_{\ell, m}\left(4 \pi^{2}\right)$. In symbols, we verify the strict inequality

$$
\begin{equation*}
\mathcal{A}_{t}\left(\Sigma \cup \sigma_{j} \cup \sigma_{j^{\prime}}\right) \leq \hat{f_{\ell, m}}(t)<2 \pi\left(\ell+2 m+10^{-5}\right)=h\left(\hat{R}_{\min }\right) . \tag{7.33}
\end{equation*}
$$

Thus, Corollary 4.25 implies that, at $t=a$, the maximal tube about $\Sigma \cup \sigma_{j} \cup \sigma_{j^{\prime}}$ has smallest radius $R>\hat{R}_{\text {min }}$. Since $j$ and $j^{\prime}$ were chosen arbitrarily, the maximal multitube about $\Sigma^{+}$also has smallest radius $R>\widehat{R}_{\text {min }}$. This means condition (2) holds at $a=\inf I$, and hence $I$ is closed. Thus, (1), (2) and (3) hold for all $t \in\left[0,(2 \pi)^{2}\right]$, completing the proof.

## 8 Bilipschitz estimates in the thick part

The main result of this section is Theorem 8.3. The theorem gives an effective bilipschitz bound on the change in geometry during a cone deformation.

Definition 8.1 Given Riemannian metrics $g$ and $\hat{g}$ on a manifold $N$, we define the bilipschitz constant at a point $p \in N$ by

$$
\begin{equation*}
\operatorname{bilip}_{p}(g, \hat{g})=\inf \left\{K \geq 1 \left\lvert\, \frac{1}{K} \leq \sqrt{\frac{\hat{g}(x, x)}{g(x, x)}} \leq K\right. \text { for all } x \in T_{p} N-\{0\}\right\} \tag{8.2}
\end{equation*}
$$

The bilipschitz constant between $g$ and $\hat{g}$ is

$$
\operatorname{bilip}_{N}(g, \hat{g})=\sup \left\{\operatorname{bilip}_{p}(g, \hat{g}): p \in N\right\}
$$

with the convention that the supremum of an unbounded set is undefined. In the applications in this paper, the manifold $N$ will be compact, and hence the supremum will actually be attained.

Theorem 8.3 Fix $0<\delta \leq 0.938$. Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$. Suppose that one of the following hypotheses holds:

- In the cusped structure on $M-\Sigma$, the total normalized length of the meridians of $\Sigma$ satisfies $L^{2} \geq 107.6 / \delta^{2}+14.41$.
- In the complete structure on $M$, the total length of $\Sigma$ is $\ell \leq \delta^{2} / 17.11$.

Then there is a cone deformation $M_{t}=\left(M, \Sigma, g_{t}\right)$ interpolating between the complete structures on $M-\Sigma$ and $M$. For $0 \leq a \leq b \leq(2 \pi)^{2}$, the cone deformation defines a natural identity map id: $\left(M-\Sigma, g_{a}\right) \rightarrow\left(M-\Sigma, g_{b}\right)$.
Suppose that $W$ is a submanifold of $M$ such that $W \subset M_{t}^{\geq \delta}$ for all $t \in(a, b)$. Then the identity map id: $\left(W, g_{a}\right) \rightarrow\left(W, g_{b}\right)$ is $J$-bilipschitz, where

$$
J=\exp \left(\frac{7.193 \ell}{\delta^{5 / 2}}\right)
$$

The natural identity map id: $\left(M, g_{a}\right) \rightarrow\left(M, g_{b}\right)$ was defined in Remark 5.18. It arises because we are keeping the pair of sets $(M, \Sigma)$ constant and varying the metric $g_{t}$ on $M-\Sigma$ according to a canonical choice of 1 -form $\omega$. One important property of this identity map is that it is equivariant with respect to the symmetry group of the pair $(M, \Sigma)$.

We remark that Theorem 8.3 is an effective version of a theorem of Brock and Bromberg [11, Corollary 6.10]. Our proof follows their outline, with effective control on the boundary terms inserted into the calculation.

The following lemma shows that the hypothesis on $L$ of Theorem 8.3 implies the hypothesis on $\ell$. Thus, in proving the theorem, it suffices to assume the hypothesis on $\ell$. In addition, Lemma 8.4 says that we may substitute $\ell \leq 2 \pi /\left(L^{2}-14.41\right)$ in bounding the bilipschitz constant $J$.

Lemma 8.4 Fix $0<\delta \leq 0.938$. Let $M$ be a complete, finite-volume hyperbolic 3manifold and $\Sigma$ a geodesic link in $M$. Suppose that, in the cusped structure on $M-\Sigma$, the total normalized length of the meridians of $\Sigma$ satisfies $L^{2} \geq 107.6 / \delta^{2}+14.41$. Then, in the complete structure on $M$, the total length of $\Sigma$ is

$$
\ell<\frac{2 \pi}{L^{2}-14.41}<\frac{\delta^{2}}{17.11}
$$

Proof Since $\delta \leq 0.938$, we have

$$
L^{2} \geq \frac{107.6}{\delta^{2}}+14.41 \geq 136.7=I\left(Z_{\min }\right)
$$

where $Z_{\min } \geq 0.9006$. Thus, by Lemma 6.10 , we have

$$
\ell \leq \frac{2 \pi}{L^{2}-14.41}<\frac{\delta^{2}}{17.11}
$$

To prove Theorem 8.3, we recall from Section 5 that the cone deformation is governed by a harmonic form $\omega$. By (5.2), $\omega$ decomposes as

$$
\begin{equation*}
\omega=\eta+i * D \eta . \tag{8.5}
\end{equation*}
$$

It turns out that the real part $\eta=\mathfrak{R}(\omega)$ controls the infinitesimal change in metric. Hodgson and Kerckhoff pointed out that the metric inner product $g_{t}(x, y)$ between a pair of vectors $x, y \in T_{p} M$ satisfies the differential equation

$$
\begin{equation*}
\frac{d g_{t}(x, y)}{d t}=2 g_{t}(x, \eta(y)) \tag{8.6}
\end{equation*}
$$

See, for instance, the displayed equation on page 46 of [31]. We remark that (8.6) can be used to define the $T M$-valued 1 -form $\eta$, which is how Brock and Bromberg have defined it [11, page 61]. Subsequently, they showed that the pointwise norm of $\eta$ controls the bilipschitz constant.

Lemma 8.7 If $\|\eta(p)\| \leq K$ for all $t \in[a, b]$, then

$$
\operatorname{bilip}_{p}\left(g_{a}, g_{b}\right) \leq e^{(b-a) K}
$$

Proof In [11, pages 61-62], Brock and Bromberg show that (8.6) implies

$$
\left|\frac{d g_{t}(x, x)}{d t}\right| \leq 2\|\eta(p)\| g_{t}(x, x)
$$

Here, the pointwise norm $\|\eta(p)\|$ should be evaluated at time $t$. Integrating the above estimate, we obtain

$$
e^{-2(b-a) K} \leq \frac{g_{b}(x, x)}{g_{a}(x, x)} \leq e^{2(b-a) K}, \quad \text { hence } \quad \operatorname{bilip}_{p}\left(g_{a}, g_{b}\right) \leq e^{(b-a) K}
$$

### 8.1 Bounding the pointwise norm

We will control the pointwise norm $\|\eta(p)\|$ by combining the results of Section 6 and the following mean-value inequality due to Hodgson, Kerckhoff and Bromberg [14].

Theorem 8.8 Let $\omega$ be a harmonic form on a ball $B_{r}(p) \subset \mathbb{H}^{3}$, where $r<\pi / \sqrt{2}$. Then

$$
\begin{equation*}
\|\omega(p)\| \leq \frac{3 \sqrt{2 \pi(\sinh (2 r)-2 r)}}{4 \pi f(r)} \sqrt{\int_{B_{r}}\|\omega\|^{2} d V} \tag{8.9}
\end{equation*}
$$

where

$$
f(r)=\cosh (r) \sin (\sqrt{2} r)-\sqrt{2} \sinh (r) \cos (\sqrt{2} r)
$$

Proof See Bromberg [14, Theorem 9.9]. We have substituted the volume formula $\operatorname{vol}\left(B_{r}(p)\right)=\pi(\sinh (2 r)-2 r)$. See, for example, Ratcliffe [54, Exercise 3.4.5].

To simplify the bound of (8.9), we employ the following estimate:
Lemma 8.10 Let $0<\delta \leq 0.938$ and let $r=\frac{1}{2} \delta$. Then the term in (8.9) before the square root of the integral satisfies

$$
\begin{equation*}
\frac{3 \sqrt{2 \pi(\sinh (2 r)-2 r)}}{4 \pi f(r)} \leq\left(\frac{1.046}{2} \sqrt{\frac{3}{\pi}}\right)\left(\frac{\delta}{2}\right)^{-3 / 2} \tag{8.11}
\end{equation*}
$$

If $0<\delta \leq 0.106$ and $r=\frac{1}{2} \delta$, the bound becomes

$$
\begin{equation*}
\frac{3 \sqrt{2 \pi(\sinh (2 r)-2 r)}}{4 \pi f(r)} \leq\left(\frac{1.001}{2} \sqrt{\frac{3}{\pi}}\right)\left(\frac{\delta}{2}\right)^{-3 / 2} \tag{8.12}
\end{equation*}
$$

Proof Before giving the proof, we motivate the statement. The function to be bounded in (8.11) and (8.12) can be expressed as a Puiseux series as

$$
\frac{3 \sqrt{2 \pi(\sinh (2 r)-2 r)}}{4 \pi f(r)}=\left(\frac{1}{2} \sqrt{\frac{3}{\pi}}\right) r^{-3 / 2}+\left(\frac{1}{10} \sqrt{\frac{3}{\pi}}\right) r^{1 / 2}+O\left(r^{5 / 2}\right)
$$

Since $r=\frac{1}{2} \delta$, the bounds in (8.11) and (8.12) pick out the leading term of the series, with a bit of multiplicative error.

Now, we proceed to the proof. Set $C=1.046$. A bit of algebraic manipulation shows that the desired inequality (8.11) is equivalent to

$$
\begin{equation*}
\Phi(r)=2 f(r)^{2} C^{2}-3 r^{3}(\sinh (2 r)-2 r) \geq 0 \quad \text { on } r \in[0,0.469] . \tag{8.13}
\end{equation*}
$$

Since $f(r)=\cosh (r) \sin (\sqrt{2} r)-\sqrt{2} \sinh (r) \cos (\sqrt{2} r)$ is an analytic function, the entire function $\Phi(r)$ in (8.13) is analytic. The $9^{\text {th }}$ degree Taylor polynomial for $\Phi(r)$, centered at $r=0$, is

$$
P(r)=4\left(C^{2}-1\right) r^{6}-\frac{4}{5}\left(C^{2}+1\right) r^{8}
$$

By Taylor's theorem with remainder, when $r \in[0,0.469]$ we have

$$
\Phi(r)-P(r)=\frac{\Phi^{(10)}(\rho)}{10!} r^{10} \quad \text { for some } \rho \in[0,0.469] \text { depending on } r
$$

Using interval arithmetic in Sage, we verify that $\Phi^{(10)}(\rho) / 10!\geq-0.085$ for all $\rho \in$ [0, 0.469]. Thus,

$$
\Phi(r) \geq 4\left(C^{2}-1\right) r^{6}-\frac{4}{5}\left(C^{2}+1\right) r^{8}-0.085 r^{10}
$$

a function that is easily seen to be nonnegative for $r \in[0,0.469]$ because it factors into linear and quadratic terms. This proves (8.13) and therefore (8.11).

Inequality (8.12) is proved similarly, substituting $C=1.001$.
Proposition 8.14 Fix $0<\delta \leq 0.938$. Let $M$ be a complete, finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$ with total length $\ell \leq \delta^{2} / 17.11$. Let $M_{t}$ be a cone manifold occurring along a deformation from $M-\Sigma$ to $M$. Let $p \in M_{t}^{\geq \delta}$. Then

$$
\|\omega(p)\| \leq \frac{0.1822 \ell}{\delta^{5 / 2}}
$$

Proof We may assume without loss of generality that $t$ lies in the interior of the deformation interval $\left[0,(2 \pi)^{2}\right]$ or, in other words, we have cone angle $0<\alpha<2 \pi$ along every component of $\Sigma$. Once we establish the desired bound on $\|\omega(p)\|$ for such times in the interior, the general case will follow by continuity.
For $p \in M_{t}^{\geq \delta}$, by Definition 2.14 there is a round ball of radius $\frac{1}{2} \delta$ centered at $p$, which is isometric to a ball in $\mathbb{H}^{3}$. For each component $\sigma_{j}$ of $\Sigma$, let $r_{j}(\delta)$ be the tube radius of the $\delta$-thin tube about $\sigma_{j}$ in the metric $g_{t}$. By Definition 6.15, this means that every point $q \in \partial U_{r_{j}(\delta)}$ satisfies

$$
\operatorname{injrad}(q) \leq \operatorname{injrad}\left(q, U_{r_{j}(\delta)}\right)=\frac{1}{2} \delta
$$

where the inequality is Lemma 2.19. Set $\boldsymbol{r}_{-}=\left(r_{1}(\delta)-\frac{1}{2} \delta, \ldots, r_{n}(\delta)-\frac{1}{2} \delta\right)$. By Theorem 6.20, the multitube $U_{\boldsymbol{r}_{-}}$is embedded. Moreover, $U_{\boldsymbol{r}_{-}} \cap B_{\delta / 2}(p)=\varnothing$. Therefore, by (6.3) and Theorem 6.20,

$$
\begin{equation*}
\int_{B_{\delta / 2}(p)}\|\omega\|^{2} d V \leq \int_{M-U_{\boldsymbol{r}_{-}}}\|\omega\|^{2} d V=b_{\boldsymbol{r}_{-}}(\eta, \eta) \leq\left(\frac{\ell}{7.935 \delta}\right)^{2} \tag{8.15}
\end{equation*}
$$

The bound on the term in (8.9) before the square root of the integral is bounded by Lemma 8.10, particularly (8.11). Now, we plug the estimates of (8.15) and (8.11) into (8.9) to obtain

$$
\|\omega(p)\| \leq\left(\frac{1.046}{\delta^{3 / 2}} \sqrt{\frac{6}{\pi}}\right)\left(\frac{\ell}{7.935 \delta}\right) \leq \frac{0.1822 \ell}{\delta^{5 / 2}}
$$

We can now complete the proof of Theorem 8.3.
Proof of Theorem 8.3 By Lemma 8.4, the hypothesis on $L$ implies the hypothesis on $\ell$, so we may assume the hypothesis on $\ell$. The existence of a cone deformation $\left(M, \Sigma, g_{t}\right)$ now follows from Theorem 5.1. Recall as well that, in Remark 5.18, we made a canonical choice of harmonic form $\omega$ governing the family of cone metrics $g_{t}$, and used this choice to define a natural identity map id: $\left(M-\Sigma, g_{a}\right) \rightarrow\left(M-\Sigma, g_{b}\right)$. Now, we can check the bilipschitz estimate of the theorem. Set $K=0.1822 \ell \delta^{-5 / 2}$. Suppose that $W \in M_{t}^{\geq \delta}$ for all $t \in(a, b)$ and that $p \in W$. Then, by (8.5) and Proposition 8.14, we have

$$
\|\eta(p)\| \leq\|\omega(p)\| \leq K
$$

Set

$$
J=\exp \left((2 \pi)^{2} K\right)=\exp \left((2 \pi)^{2} \cdot \frac{0.1822 \ell}{\delta^{5 / 2}}\right) \leq \exp \left(\frac{7.193 \ell}{\delta^{5 / 2}}\right)
$$

By Lemma 8.7, the bound $\|\eta(p)\| \leq K$ implies

$$
\operatorname{bilip}_{p}\left(g_{a}, g_{b}\right) \leq e^{|b-a| K} \leq e^{(2 \pi)^{2} K}=J
$$

as claimed.

### 8.2 Corollaries and variations

Theorem 8.3 has the following pair of corollaries on effective bilipschitz bounds on drilling and filling. In both statements, $g_{0}$ denotes the complete hyperbolic metric on $M-\Sigma$, and $g_{4 \pi^{2}}$ denotes the complete hyperbolic metric on $M$.

Corollary 8.16 Fix $0<\delta \leq 0.938$ and $J>1$. Let $M$ be a complete, finite-volume hyperbolic 3-manifold. Let $\Sigma \subset M$ be a geodesic link whose total length $\ell$ satisfies

$$
\ell \leq \min \left\{\frac{\delta^{2}}{17.11}, \frac{\delta^{5 / 2} \log (J)}{7.193}\right\}
$$

Let $W \subset M$ be any submanifold such that $W \subset M_{t}^{\geq \delta}$ for all $t$. Then, for all $a, b \in$ $\left[0,(2 \pi)^{2}\right]$, the identity map id: $\left(W, g_{a}\right) \rightarrow\left(W, g_{b}\right)$ is $J$-bilipschitz.

Corollary 8.17 Fix any $0<\delta \leq 0.938$ and any $J>1$. Let $M$ be a complete, finitevolume hyperbolic 3-manifold and $\Sigma$ a geodesic link in M. Suppose that, in the cusped structure on $N=M-\Sigma$, the total normalized length $L$ of the meridians of $\Sigma$ satisfies

$$
L^{2} \geq \max \left\{\frac{107.6}{\delta^{2}}+14.41, \frac{45.20}{\delta^{5 / 2} \log (J)}+14.41\right\}
$$

Let $W \subset M$ be any submanifold such that $W \subset M_{t}^{\geq \delta}$ for all $t$. Then, for all $a, b \in$ $\left[0,(2 \pi)^{2}\right]$, the identity map id: $\left(W, g_{a}\right) \rightarrow\left(W, g_{b}\right)$ is $J$-bilipschitz.

Proof This follows from Theorem 8.3 and Lemma 8.4.

We also have the following analogue of Theorem 8.3, with stronger hypotheses and a stronger bilipschitz estimate. This stronger statement will be used in Section 9.

Theorem 8.18 Fix $0<\delta \leq 0.106$ and $1<J \leq e^{1 / 5}$. Let $M$ be a complete, finitevolume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$. Suppose that, in the complete structure on $M$, the total length of $\Sigma$ is bounded as follows:

$$
\ell \leq \frac{\delta^{5 / 2} \log (J)}{3.324} \quad \text { if } \delta \leq 0.012, \quad \ell \leq \frac{\delta^{5 / 2} \log (J)}{3.498} \quad \text { if } 0.012<\delta \leq 0.106
$$

Let $[a, b] \subset\left[0,(2 \pi)^{2}\right]$ be an interval of time, and suppose that $W$ is a submanifold of $M$ such that $W \subset M_{t}^{\geq \delta}$ for all $t \in(a, b)$. Then the identity map id: $\left(W, g_{a}\right) \rightarrow\left(W, g_{b}\right)$ is $J$-bilipschitz.

Proof First suppose that $\delta \leq 0.012$. Since $\log (J) \leq \frac{1}{5}$ and $5 \times 3.324=16.62$, our hypotheses are stronger than those of Proposition 6.27. The proof that id is $J$-bilipschitz is almost identical to the proof of Theorem 8.3, with two small substitutions. Inside the proof of Proposition 8.14, we replace (8.15), which uses Theorem 6.20, by the estimate of Proposition 6.27:
(8.19)

$$
\int_{B_{\delta / 2}(p)}\|\omega\|^{2} d V \leq \int_{M-U_{\boldsymbol{r}_{-}}}\|\omega\|^{2} d V=b_{\boldsymbol{r}_{-}}(\eta, \eta) \leq\left(\frac{\ell}{16.432 \delta}\right)^{2}
$$

We also replace (8.11) by (8.12). Now using (8.12) and (8.19) in place of (8.11) and (8.15), Proposition 8.14 becomes

$$
\begin{equation*}
\|\omega(p)\| \leq\left(\frac{1.001}{\delta^{3 / 2}} \sqrt{\frac{6}{\pi}}\right)\left(\frac{\ell}{16.432 \delta}\right) \leq \frac{0.08419 \ell}{\delta^{5 / 2}} \tag{8.20}
\end{equation*}
$$

Plugging (8.20) into the final part of the proof of Theorem 8.3 gives

$$
\operatorname{bilip}\left(g_{a}, g_{b}\right) \leq \exp \left((2 \pi)^{2} \cdot \frac{0.08419 \ell}{\delta^{5 / 2}}\right) \leq \exp \left(\frac{3.324 \ell}{\delta^{5 / 2}}\right) \leq J
$$

If $0.012<\delta \leq 0.106$, the proof is again almost identical; we use Proposition 6.26 instead of Proposition 6.27 to get a slightly looser bound on $b_{\boldsymbol{r}_{-}}(\eta, \eta)$.

## 9 Margulis numbers for cone manifolds

Our goal in this section is to give an effective estimate on the Margulis numbers of cone manifolds that occur in the cone deformations we have been studying. See Theorems 9.26 and 9.27 for effective statements in this vein. These estimates for cone manifolds are used to control the Margulis number of the nonsingular manifold $M$ at the end of the deformation, under hypotheses on either the drilled manifold $M-\Sigma$ (in Theorem 9.25) or the filled manifold $M$ (in Theorem 9.29).

The proof of each of these results breaks into a topological statement and a geometric statement. The topological statement is Theorem 9.1, which can be paraphrased as follows: so long as $\epsilon$ is a Margulis number for an initial manifold $M_{0}$ and so long as the $\epsilon$-thick part $M_{0}^{\geq \epsilon}$ stays $\delta$-thick in $M_{t}$ for every $t$, we learn that $\delta$ is a Margulis number for $M_{t}$. The geometric statement is Theorem 9.15: under strong hypotheses on length, the $\epsilon$-thick part $M_{0}^{\geq \epsilon}$ indeed stays almost $\epsilon$-thick in $M_{t}$ for all $t$. In fact, both the topological and the geometric statement require geometric hypotheses about $\ell$ or $L$, and rely on the estimates in the preceding sections.

Theorem 9.15 has an additional application: it allows us to formulate a version of the bilipschitz Theorem 8.3 whose hypotheses are only on the nonsingular manifold at one end of a cone deformation, without any preexisting knowledge about intermediate cone manifolds. See Theorem 9.30 for details.

### 9.1 Tubes realizing injectivity radii

The following theorem says that Margulis numbers in a cone manifold $M_{t}$ are related to Margulis numbers in $M_{0}$, provided that we have set containment of the corresponding thin parts.

Theorem 9.1 Fix $0<\delta \leq \epsilon$, where $\delta<0.9623$. Suppose $M$ is a complete, finitevolume hyperbolic manifold, and $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ is a geodesic link in M. Suppose that len $\left(\sigma_{j}\right) \leq 0.0996$ for every $j$, while the total length of $\Sigma$ satisfies

$$
\begin{equation*}
\ell=\operatorname{len}(\Sigma) \leq \min \left\{0.261 \delta, \frac{1}{2 \pi} \operatorname{haze}\left(\frac{\delta+0.1604}{1.1227}\right)\right\} \tag{9.2}
\end{equation*}
$$

Let $M_{0}$ be the complete metric on $M-\Sigma$ and assume that $\epsilon$ is a Margulis number for $M_{0}$. Suppose as well that, for every $t$, we have

$$
\begin{equation*}
\left(M_{t}^{\leq \delta}-\Sigma\right) \subset M_{0}^{<\epsilon} \tag{9.3}
\end{equation*}
$$

Then $\delta$ is a Margulis number for $M_{t}$ for each $t$.

The hypotheses on $\delta$, len $\left(\sigma_{j}\right)$ and $\ell$ in Theorem 9.1 match those of Lemma 6.16. Recall that the function in (9.2), which expresses the upper bound on $\ell$ in terms of $\delta$, is depicted in Figure 1 on page 1134.

The proof of Theorem 9.1 breaks up into several steps. In Proposition 9.4, we show that, if $M_{t}$ is a cone manifold occurring in the interior of our deformation and injrad $(x) \leq \frac{1}{2} \delta$, then an appropriate subset of $M^{\leq \delta}$ is (loosely speaking) realized by a tube through $x$. This "tube" $U$ may be immersed rather than embedded, may be singular and may be a horocusp. There may also be more than one such tube through $x$. In Lemma 9.9, we will show that, under the hypotheses of Theorem 9.1, these tubes or cusps are in fact disjointly embedded in a singular cone manifold $M_{t}$. This proves Theorem 9.1 for singular manifolds $M_{t}$ corresponding to a time parameter $t<(2 \pi)^{2}$.

We complete the proof of Theorem 9.1 via a continuity argument. The function $\operatorname{injrad}_{t}(x)$ is not always continuous in $t$, but it comes close; the precise (and more subtle) continuity statement is established in Lemma 9.10.

Recall from Definition 2.8 that a nontrivial group element $\varphi \in \pi_{1}(M-\Sigma)$ is called peripheral if a loop representing $\varphi$ is freely homotopic into a cusp of $M-\Sigma$.

Proposition 9.4 Fix $0<\delta<0.9623$. Let $M$ be a complete, finite-volume hyperbolic manifold and $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ a geodesic link in $M$. Suppose that len $\left(\sigma_{j}\right) \leq 0.0996$ for every $j$, while $\ell=\operatorname{len}(\Sigma)$ satisfies (9.2).

Let $M_{t}$ be a cone manifold in the interior of the deformation from $M-\Sigma$ to $M$. Let $x \in M_{t}$ be a point such that $2 \operatorname{injrad}(x) \leq \delta$. Choose a lift $\tilde{x} \in \widehat{M}_{t}$, the universal branched cover, let $\varphi \in \pi_{1}(M-\Sigma)$ be a group element guaranteed by Lemma 2.11 such that $d(\tilde{x}, \varphi \tilde{x})=2 \operatorname{injrad}(x)$, and let $G=C(\varphi)$ be the centralizer of $\varphi$ in $\pi_{1}(M-\Sigma)$. Then the following hold:
(1) $G$ stabilizes an open set $\tilde{V} \subset \widehat{M}_{t}$, which is either a horoball or a regular neighborhood of a geodesic.
(2) The quotient $V=\tilde{V} / G$ admits a local isometry $f: V \rightarrow M_{t}$. Thus, $f$ is an immersed tube or immersed horocusp in $M_{t}$, as in Definition 2.16.
(3) We have $V^{\geq 1.51} \neq \varnothing$.
(4) There is a subtube or subhorocusp $U \subset V$ and a point $y \in \partial U$ such that $x=f(y)$. Furthermore, $\operatorname{injrad}(x)=\operatorname{injrad}(y, U)$.
(5) If $\varphi$ is peripheral, then $\left.f\right|_{\bar{U}}: \bar{U} \rightarrow M_{t}$ is an embedding of a horocusp or singular tube.

Proof Let $U_{\max }(\Sigma)=U_{1} \cup \cdots \cup U_{n}$ be the maximal multitube about $\Sigma$, as in Definition 4.2. Let $U_{n+1}, \ldots, U_{m}$ be horoball neighborhoods of the cusps of $M_{t}$ (if any), expanded until each $U_{j}$ bumps into a previously expanded cusp or tube. By Lemma 6.16, each tube $U_{j}$ has radius $R_{j}$, where

$$
R_{j} \geq R_{\min }=h^{-1}(2 \pi \ell) \geq 0.7555
$$

By Theorem 4.26, every point $z \in \partial U_{j}$ satisfies

$$
2 \operatorname{injrad}\left(z, U_{j}\right)>1.1227 \tanh R_{\min }-0.1604
$$

Furthermore, by Remark 4.35, this bound applies to both tubes and horocusps. Combining this with (6.18) in Lemma 6.16, we learn that

$$
\begin{equation*}
2 \operatorname{injrad}\left(z, U_{j}\right)>1.1227 \tanh R_{\min }-0.1604 \geq \delta \tag{9.5}
\end{equation*}
$$

for every point $z \in \partial U_{j}$ on the boundary of a tube or horocusp.
To begin proving the conclusions of the proposition, suppose first that $\varphi$ is peripheral. Then Lemma 2.9 says that $\varphi$ stabilizes either a horoball in $\widehat{M}_{t}$ or a singular geodesic $\hat{\sigma}_{j} \subset \hat{\Sigma}$, where $\hat{\Sigma}$ is the preimage of $\Sigma$. In both cases, we will see that $x \in U_{j}$ for a tube or horocusp $U_{j}$ constructed above.
If $\varphi$ stabilizes a singular geodesic $\widehat{\sigma}_{j} \subset \widehat{\Sigma} \subset \widehat{M}_{t}$, then it stabilizes the universal branched cover $\widetilde{U}_{j}$ of some singular tube $U_{j}$. Alternatively, $\varphi$ stabilizes the universal cover $\widetilde{U}_{j} \subset \widehat{M}_{t}$ of some horocusp $U_{j}$. In either case, we claim that $\tilde{x} \in \widetilde{U}_{j}$. This is because $\varphi$ moves $\tilde{x}$ by distance $2 \operatorname{injrad}(x) \leq \delta$, whereas (9.5) implies that $\varphi$ moves every point outside $\widetilde{U}_{j}$ by distance strictly greater than $\delta$. Thus, $\tilde{x} \in \widetilde{U}_{j}$, and hence $x \in U_{j}$.
We can now construct the sets $U$ and $V$ claimed in the proposition. Let $\widetilde{V}$ be the maximal metric neighborhood of $\tilde{U}_{j}$ that is disjoint from $\hat{\Sigma}$, except possibly at the core of $\widetilde{U}_{j}$. Let $\widetilde{U} \subset \widetilde{U}_{j}$ be the proper subtube or subhoroball defined by the property that $\tilde{x} \in \partial \tilde{U}$. Set $G=C(\varphi) \cong \mathbb{Z} \times \mathbb{Z}$ and consider the covering projection $\pi: \widetilde{V} \rightarrow \tilde{V} / G$. Then we have a sequence of local isometries

$$
\begin{equation*}
V=\tilde{V} / G \hookrightarrow \widehat{M}_{t} / G \rightarrow M_{t}, \tag{9.6}
\end{equation*}
$$

whose composition we call $f$. Restricting attention to $U_{j}=\pi\left(\tilde{U}_{j}\right)$, we recover the embedding $f: U_{j} \hookrightarrow M_{t}$. Since $\bar{U} \subset U_{j}$, it follows that $\left.f\right|_{\bar{U}}$ is an embedding as well. Since $\tilde{x} \in \partial \widetilde{U}$, we have a point $y=\pi(\tilde{x}) \in \partial U$ such that $f(y)=x$. Furthermore, since $\varphi \in G$, we have

$$
2 \operatorname{injrad}(x)=d(\tilde{x}, \varphi \tilde{x})=2 \operatorname{injrad}(y, U)
$$

This proves all the properties claimed of $U$ and $V$, except for (3). We will check (3) after verifying the corresponding property in the nonperipheral case in Claim 9.7.

Next, suppose that $\varphi$ is nonperipheral. Then Lemma 2.9 says that $\varphi$ stabilizes a geodesic axis $\widetilde{\beta} \subset \widehat{M}_{t}$, not contained in the singular locus, which covers a closed geodesic $\beta \subset M_{t}$. Observe that $\beta$ cannot be entirely contained in a singular tube $U_{j}$, because the only closed geodesic in $U_{j}$ is the singular core $\sigma_{j}$.
Furthermore, for every $U_{j}$, we have $d\left(\sigma_{j}, \partial U_{j}\right) \geq R_{\min } \geq 0.7555$. Thus, if $\beta \cap U_{j}$ reaches the singular core $\sigma_{j}$, then $\operatorname{len}\left(\beta \cap U_{j}\right) \geq 2 \cdot 0.7555=1.511$. However,

$$
\operatorname{len}\left(\beta \cap U_{j}\right) \leq \operatorname{len}(\beta) \leq d(\tilde{x}, \varphi \tilde{x}) \leq \delta<0.9623
$$

So any geodesic arc $\beta \cap U_{j}$ cannot reach the singular core $\sigma_{j}$, implying that $\beta \cap \Sigma=\varnothing$. Consequently, $\widetilde{\beta}$ is disjoint from the singular locus $\widehat{\Sigma} \subset \widehat{M}_{t}$.
Let $\tilde{V} \subset \widehat{M}_{t}$ be the maximal tubular neighborhood of $\tilde{\beta}$ that is disjoint from the singular locus $\widehat{\Sigma}$. This neighborhood has finite radius because $\widehat{M}_{t}$ contains singular points. Then $\widetilde{V}$ is stabilized by the maximal cyclic subgroup $G=C(\varphi) \cong \mathbb{Z}$, where $\widetilde{\beta} / G=\beta$. Note that $\varphi \in G$. Define a model tube $V=\tilde{V} / G$. Then, as in (9.6), we have a sequence of local isometries

$$
V=\tilde{V} / G \hookrightarrow \widehat{M}_{t} / G \rightarrow M_{t},
$$

whose composition we call $f$. Now we have to show that the immersion $f: V \rightarrow M_{t}$ has the properties claimed in the proposition.

Claim 9.7 We have $V^{\geq 1.51} \neq \varnothing$.
Recall that $\tilde{V}$ was defined to be the maximal open tube about $\widetilde{\beta}$ that is disjoint from $\widehat{\Sigma}$. Thus, there is a point $\tilde{z} \in \partial \tilde{V} \cap \widehat{\Sigma}$. Let $\tilde{z}^{\prime}$ be a closest translate of $\tilde{z}$ by a nontrivial element of $G$. Then $\tilde{z}$ and $\tilde{z}^{\prime}$ must lie on distinct singular geodesics in $\hat{\Sigma}$ that cover the same component $\sigma_{j} \subset \Sigma$. Since the tube $U_{j}$ about $\sigma_{j}$ must have radius $R_{j} \geq 0.7555$, it follows that

$$
d\left(\tilde{z}, \tilde{z}^{\prime}\right) \geq 2 R_{j} \geq 2 R_{\min }>1.51
$$

Compare Claim 4.8 for a very similar setup.
Let $\pi: \widehat{M}_{t} \rightarrow \widehat{M}_{t} / G$ be the covering projection and let $z=\pi(\tilde{z})=\pi\left(\tilde{z}^{\prime}\right) \in \partial V$. Since $\tilde{z}$ and $\tilde{z}^{\prime}$ are a pair of closest lifts of $z$ under $G$, we have

$$
\operatorname{injrad}(z, V)>1.51
$$

In particular, $V^{\geq 1.51} \neq \varnothing$. (The same argument applies to the tube or horocusp $V$ in the peripheral case, completing the proof of the proposition in that case.)

In the nonperipheral case, we have now checked that the immersion $f: V \rightarrow M_{t}$ satisfies properties (1)-(3). It remains to show that there is a subtube $U \subset V$ satisfying (4). Note that (5) is vacuous for nonperipheral elements.

Claim 9.8 There exists a tube $U$ with $\bar{U} \subset V$ and a point $y \in \partial U$, such that $x=f(y)$ and $\operatorname{injrad}(x)=\operatorname{injrad}(y, U)$.

Recall that $\tilde{x} \in \widehat{M}_{t}$ and $\varphi \in \pi_{1}(M-\Sigma)$ were chosen to have the property that $d(\tilde{x}, \varphi \tilde{x})=$ $2 \operatorname{injrad}(x) \leq \delta$. In particular, $\varphi \tilde{x}$ is a closest translate of $\tilde{x}$ in $\widehat{M}_{t}$. Recall as well that $\varphi \in G$. Letting $y=\pi(\tilde{x})=\pi(\varphi \tilde{x}) \in \widehat{M}_{t} / G$, we get

$$
2 \operatorname{injrad}(y)=d(\tilde{x}, \varphi \tilde{x})=2 \operatorname{injrad}(x) \leq \delta<1,
$$

where $\operatorname{injrad}(y)$ denotes the injectivity radius of $y$ in the cone manifold $\widehat{M}_{t} / G$.
On the other hand, by Claim 9.7, $V \subset \widehat{M}_{t} / G$ extends out to include points of injectivity radius 1.51 in $\widehat{M}_{t} / G$. Thus, $y \in V$.
Let $U \subset V$ be the model tube such that $y \in \partial U$. Then

$$
\operatorname{injrad}(x)=\operatorname{injrad}(y)=\operatorname{injrad}(y, V)=\operatorname{injrad}(y, U)
$$

because the realizing isometry $\varphi$ belongs to $G=\pi_{1} V=\pi_{1} U$.
By construction, the local isometry $f: V \rightarrow M_{t}$ is a restriction of the covering map $\widehat{M}_{t} / G \rightarrow M_{t}$. Thus, $f(y)=f \circ \pi(\tilde{x})=x$, completing the proof of (4).

Lemma 9.9 Fix $0<\delta \leq \epsilon$, where $\delta<0.9623$. Let $M$ be a complete, finite-volume hyperbolic manifold and let $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ be a geodesic link in $M$. Suppose that len $\left(\sigma_{j}\right) \leq 0.0996$ for every $j$, while the total length of $\Sigma$ satisfies (9.2).

Let $M_{0}$ be the complete metric on $M-\Sigma$ and assume that $\epsilon$ is a Margulis number for $M_{0}$. For a cone manifold $M_{t}$ in the interior of the cone deformation from $M_{0}$ to $M_{4 \pi^{2}}$, suppose that

$$
\left(M_{t}^{\leq \delta}-\Sigma\right) \subset M_{0}^{<\epsilon}
$$

Then $\delta$ is a Margulis number for $M_{t}$.
Proof Let $x \in M_{t}$ be a point such that $2 \operatorname{injrad}(x)=\delta$. Choose a lift $\tilde{x} \in \widehat{M}_{t}$. By Lemma 2.11, there is a group element $\varphi \in \pi_{1}(M-\Sigma)$ such that $d(\tilde{x}, \varphi \tilde{x})=\delta$. By Proposition 9.4, $\varphi$ defines a closed model tube or horocusp $\bar{U}$ with an isometric immersion $f: \bar{U} \rightarrow M_{t}$ such that $x \in f(\partial U)$.
Note that the isometry $\varphi$ may not be unique. The proof amounts to checking that $\bar{U}$ is unique and that $f$ is an embedding.

If $\varphi$ is peripheral, Proposition 9.4 tells us that $U$ is a singular tube or horocusp and that $f$ is an embedding. Furthermore, there exists $y \in \partial \bar{U}$ such that $x=f(y)$ and $\operatorname{injrad}(x)=\operatorname{injrad}(y, U)$. Since local isometries can only reduce the injectivity radius (by Lemma 2.19) and since $y \in \partial \bar{U}$, every point $z \in \bar{U}$ satisfies

$$
\operatorname{injrad}(f(z)) \leq \operatorname{injrad}(z, U) \leq \operatorname{injrad}(y, U)=\operatorname{injrad}(x)=\frac{1}{2} \delta
$$

Then $f(\bar{U}) \subset M_{t}^{\leq \delta}$, and hence, by hypothesis, $f(\bar{U})-\Sigma \subset M_{0}^{<\epsilon}$. Let $W$ be the component of $M_{0}^{<\epsilon}$ containing $f(\bar{U})-\Sigma$. Since $U$ is a horocusp or singular tube, it follows that $W$ must be a horocusp of $M_{0}$. Here, we are using the hypothesis that $\epsilon$ is a Margulis number for $M_{0}$.

Suppose that $\varphi^{\prime} \in \pi_{1}(M-\Sigma)$ also has the property that $d\left(\tilde{x}, \varphi^{\prime} \tilde{x}\right)=\delta$. Let $U^{\prime}$ be the tube or horocusp associated to $\varphi^{\prime}$, with an isometric immersion $f^{\prime}: U^{\prime} \rightarrow M_{t}$ and with $x \in f^{\prime}\left(\partial U^{\prime}\right)$. Since $x \in \overline{U^{\prime}} \cap W$, the hypotheses of the lemma imply $\left(f\left(\overline{U^{\prime}}\right)-\Sigma\right) \subset W$. In particular, $\varphi^{\prime} \in f_{*}^{\prime} \pi_{1}\left(U^{\prime}\right) \subset \pi_{1}(W)$, where $\pi_{1}(W) \cong \mathbb{Z} \times \mathbb{Z}$ is a peripheral subgroup of $\pi_{1}(M-\Sigma)$. It follows that $U$ and $U^{\prime}$ are either both horocusps or both tubes about the same component of $\Sigma$, and hence $U^{\prime}$ is also embedded. Since $x \in \partial U$ and $x \in \partial U^{\prime}$, it follows that $\bar{U}=\overline{U^{\prime}}$ is the full component of $M_{t}^{\leq \delta}$ containing $x$.

One particular consequence of the above paragraph is that if $\varphi$ is peripheral, then $\varphi^{\prime}$ must also be peripheral.

If $\varphi$ is nonperipheral, Proposition 9.4 tells us that there is a nonsingular immersed tube $f: U \rightarrow M_{t}$ and a point $y \in \partial U$ such that $x=f(y)$ and $\operatorname{injrad}(x)=\operatorname{injrad}(y, U)$. Since isometric immersions can only reduce injectivity radius, every point $z \in \bar{U}$ satisfies

$$
\operatorname{injrad}(f(z)) \leq \operatorname{injrad}(z, U) \leq \operatorname{injrad}(y, U)=\operatorname{injrad}(x)=\frac{1}{2} \delta
$$

Thus, $f(\bar{U}) \subset\left(M_{t}^{\leq \delta}-\Sigma\right) \subset M_{0}^{<\epsilon}$. Let $W$ be the component of $M_{0}^{<\epsilon}$ containing $f(\bar{U})$. Since the core of $f(U)$ is a nonsingular geodesic $\beta \subset M_{t}$, it follows that $W$ must be a nonsingular, embedded tube in $M_{0}$. Recall that $\epsilon$ is a Margulis number for $M_{0}$.
We check that $f$ is an embedding by considering the universal branched cover $\widehat{M}_{t}$. Recall from the construction of Proposition 9.4, specifically from (9.6), that the universal cover $\tilde{U}$ is identified with a tubular neighborhood of a geodesic axis $\widetilde{\beta} \subset \widehat{M}_{t}$ and that $\pi_{1}(U)=G=C(\varphi)$, the stabilizer of $\widetilde{\beta}$. Let $\widetilde{W} \subset \widehat{M}_{t}$ be a component of the preimage of $W$ such that $\widetilde{U} \subset \widetilde{W}$. Viewed in the complete hyperbolic metric of $\widetilde{M-\Sigma}=\widetilde{M}_{0}=\mathbb{H}^{3}$, the component $\widetilde{W}$ is a tubular neighborhood of a geodesic, whose
translates by elements of $\pi_{1}(M-\Sigma)$ are either disjoint from $\widetilde{W}$ or coincide with $\widetilde{W}$. Thus, a translate $\eta \widetilde{U}$ for $\eta \in \pi_{1}(M-\Sigma)$ is either disjoint from $\widetilde{W}$ or contained in $\widetilde{W}$. In the first case, we have $\eta \tilde{U} \cap \tilde{U}=\varnothing$ and, in fact, $\eta(\partial \tilde{U}) \cap \partial \tilde{U}=\varnothing$. In the second case, $\eta$ must stabilize the endpoints of $\widetilde{\beta}$, in which case $\eta \in G$ stabilizes $\widetilde{\beta}$ and also $\tilde{U}$. Thus, $\widetilde{U} \cup \partial \widetilde{U}$ is precisely invariant under the action of $\pi_{1}(M-\Sigma)$, which means the quotient tube $\bar{U}$ embeds in $M_{t}$.

Finally, suppose that $\varphi^{\prime} \in \pi_{1}(M-\Sigma)$ also has the property that $d\left(\tilde{x}, \varphi^{\prime} \tilde{x}\right)=\delta$. Let $U^{\prime}$ be the tube associated to $\varphi^{\prime}$, with an isometric immersion $f^{\prime}: U^{\prime} \rightarrow M_{t}$. We already checked that the peripheral and nonperipheral cases cannot overlap, so $U^{\prime}$ must also be a nonsingular tube. By the same argument as above, $f^{\prime}$ must be an embedding; hence, we consider $\bar{U}$ and $\overline{U^{\prime}}$ to be subsets of $M_{t}$. As above, all of $\overline{U^{\prime}}$ must be $\delta$-thin in $M_{t}$, and hence $\overline{U^{\prime}} \subset W \subset M_{0}^{<\epsilon}$. Since $x \in \bar{U} \cap \overline{U^{\prime}} \subset W$, both $\pi_{1}(U)$ and $\pi_{1}\left(U^{\prime}\right)$ are subgroups of $\pi_{1}(W) \cong \mathbb{Z}$. Furthermore, both $\pi_{1}(U)$ and $\pi_{1}\left(U^{\prime}\right)$ are generated by primitive elements of $\pi_{1}(M-\Sigma)$; hence, the two generators of $\mathbb{Z}$ must coincide up to inverses; hence, the cores of $U$ and $U^{\prime}$ map to the same geodesic $\beta \subset M_{t}$. Since $x \in \partial U$ and $x \in \partial U^{\prime}$, it follows that $\bar{U}=\overline{U^{\prime}}$ is the full component of $M_{t}^{\leq \delta}$ containing $x$.

Lemma 9.9 establishes the conclusion of Theorem 9.1 for all $t<(2 \pi)^{2}$, when the cone manifold $M_{t}$ is actually singular. To finish the proof of Theorem 9.1, we need a continuity argument as $t \rightarrow(2 \pi)^{2}$. This is somewhat subtle, as injectivity radius can be discontinuous as a function of $t$ precisely when $t \rightarrow(2 \pi)^{2}$.

We fix the following notation throughout. Let $M_{t}$ be a cone manifold occurring along a deformation from $M-\Sigma$ to $M$, with metric $g_{t}$. Let injrad ${ }_{t}(x)$ denote the injectivity radius of $x$ in the $g_{t}$ metric, and let $d_{t}(\cdot, \cdot)$ denote distance in the $g_{t}$ metric.

Lemma 9.10 Fix $0<\delta<0.9623$. Suppose $M$ is a complete, finite-volume hyperbolic manifold and $\Sigma=\sigma_{1} \cup \cdots \cup \sigma_{n}$ is a geodesic link in M. Suppose that len $\left(\sigma_{j}\right) \leq 0.0996$ for every $j$, while $\ell=\operatorname{len}(\Sigma)$ satisfies (9.2).

Consider the cone deformation $M_{t}$ from $M-\Sigma$ to $M$. Then, for every $x \in M$ and every $b<(2 \pi)^{2}$, we have

$$
\lim _{t \rightarrow b} \operatorname{injrad}_{t}(x)=\operatorname{injrad}_{b}(x)
$$

Furthermore, for $b=(2 \pi)^{2}$,

$$
\left(d_{b}(x, \Sigma) \geq \frac{1}{2} \delta \text { or } \lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}(x) \geq \frac{1}{2} \delta\right) \quad \text { implies } \quad \lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}(x)=\operatorname{injrad}_{b}(x)
$$

Proof By Definition 2.10, $\operatorname{injrad}_{t}(x)$ varies continuously under a continuous change in cone metric when the cone manifold stays singular, that is, $t<(2 \pi)^{2}$. This proves the first assertion of the lemma.

As $t \rightarrow b=(2 \pi)^{2}$ and $\alpha \rightarrow 2 \pi$, a discontinuity can arise in the following restricted way. If the cone angle on $\Sigma$ is $\alpha<2 \pi$, a nonsingular ball about $x$ cannot have radius larger than $d_{t}(x, \Sigma)$; hence, $\operatorname{injrad}_{t}(x) \leq d_{t}(x, \Sigma)$. For $\alpha \geq \pi$ and for points sufficiently close to $\Sigma$, $\operatorname{injrad}_{t}(x)$ can in fact be equal to $d_{t}(x, \Sigma)$. As $t \rightarrow b$ and $\alpha \rightarrow 2 \pi$, the link $\Sigma$ becomes nonsingular, allowing $\operatorname{injrad}_{b}(x)$ to suddenly become larger than $d_{b}(x, \Sigma)$ at time $b=(2 \pi)^{2}$. Thus, the "furthermore" statement also holds automatically, unless $x$ is a point satisfying

$$
d_{b}(x, \Sigma)=\lim _{t \rightarrow b^{-}} d_{t}(x, \Sigma)=\lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}(x)
$$

Suppose, for a contradiction, that $x \in M$ is a point that satisfies

$$
\begin{equation*}
d_{b}(x, \Sigma)=\lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}(x) \geq \frac{1}{2} \delta \tag{9.11}
\end{equation*}
$$

Then the distance $h=d_{b}(x, \Sigma)$ is realized by a geodesic segment $\beta$ (in the nonsingular $g_{b}$ metric) from $x$ to some component $\sigma_{j} \subset \Sigma$. Let $y \in \beta$ be the point such that $d_{b}\left(y, \sigma_{j}\right)=\frac{1}{2} \delta$, and hence $d_{b}(x, y)=h-\frac{1}{2} \delta$. We will obtain a contradiction by estimating $\operatorname{injrad}_{t}(y)$ for $t$ near $b$, in two different ways. First, Lemma 3.1 implies $\operatorname{injrad}_{t}(y) \geq \operatorname{injrad}_{t}(x)-d_{t}(x, y)$ for every $t$. Taking limits, we obtain
(9.12) $\lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}(y) \geq \lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}(x)-\lim _{t \rightarrow b^{-}} d_{t}(x, y)=h-\left(h-\frac{1}{2} \delta\right)=\frac{1}{2} \delta$.

On the other hand, since $d_{t}\left(y, \sigma_{j}\right)$ is a continuous function of $t$, it must be the case that, for all $t<b$ sufficiently close to $b$, we have $d_{t}\left(y, \sigma_{j}\right) \leq 1.0006\left(\frac{1}{2} \delta\right)$. For all such $t$, Lemma 6.16 says that there is an embedded $\delta$-thin tube $U_{t}=U_{t}\left(\sigma_{j}\right)$ about $\sigma_{j}$, of radius $r_{j}(\delta) \geq 1.001\left(\frac{1}{2} \delta\right)$ in the $g_{t}$ metric. Thus, $y \in U_{t}$, and, furthermore,

$$
d_{t}\left(y, \partial U_{t}\right) \geq 0.0004\left(\frac{1}{2} \delta\right)=0.0002 \delta
$$

By Lemma $6.16, U_{t}$ is a $\delta$-thin tube, meaning $\operatorname{injrad}_{t}\left(z, U_{t}\right)=\frac{1}{2} \delta$ for every $z \in \partial U_{t}$. Define $\delta^{\prime}<\delta$ by the property that

$$
0.0002 \delta=\operatorname{arccosh} \sqrt{\frac{\cosh \delta-1}{\cosh \delta^{\prime}-1}}
$$

Then the upper bound of Theorem 3.6 implies that $\operatorname{injrad}_{t}\left(y, U_{t}\right) \leq \frac{1}{2} \delta^{\prime}$. Combining this with Lemma 2.19, we obtain
(9.13) $\quad \operatorname{injrad}_{t}(y) \leq \operatorname{injrad}_{t}\left(y, U_{t}\right) \leq \frac{1}{2} \delta^{\prime} \quad$ for all $t<b$ sufficiently close to $b$.

But now (9.13) contradicts (9.12), because $\delta^{\prime}<\delta$. Thus, no point $x \in M$ can satisfy (9.11), completing the proof.

We can now complete the proof of Theorem 9.1.
Proof of Theorem 9.1 Given Lemma 9.9, it remains to prove that $\delta$ is a Margulis number for $M_{4 \pi^{2}}$.
Set $b=4 \pi^{2}$. For every $t<b$ and every component $\sigma_{j} \subset \Sigma$, Lemma 6.16 gives an embedded $\delta$-thin tube $U_{t}=U_{t}\left(\sigma_{j}\right)$, whose radius (in the $g_{t}$ metric) is at least $\frac{1}{2}(1.001) \delta$. By Proposition 9.4, every point $x_{t} \in \partial U_{t} \operatorname{satisfies}_{\operatorname{injrad}}^{t}\left(x_{t}\right)=\operatorname{injrad}{ }_{t}\left(x_{t}, U_{t}\right)=\frac{1}{2} \delta$. By Lemma 6.16, the tubes about different components of $\Sigma$ are disjointly embedded. As $t \rightarrow b$, each tube $U_{t}\left(\sigma_{j}\right)$ converges (in the Hausdorff metric) to a tube $U_{b}\left(\sigma_{j}\right)$. Every convergent sequence of points $\left\{x_{t} \in \partial U_{t}\right\}$ limits to a point $x_{b} \in \partial U_{b}$, with $d_{b}\left(x_{b}, \sigma_{j}\right)=d_{b}\left(x_{b}, \Sigma\right)>\frac{1}{2} \delta$. Thus, by Lemma 9.10,

$$
\operatorname{injrad}_{b}\left(x_{b}\right)=\lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}\left(x_{b}\right)=\lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}\left(x_{t}\right)=\frac{1}{2} \delta
$$

We conclude that, for every $\sigma_{j} \subset \Sigma$, there is a tube $U_{b}\left(\sigma_{j}\right) \subset M_{b}^{\leq \delta}$ such that $\partial U_{b}\left(\sigma_{j}\right)$ consists of points where injrad ${ }_{t}$ is continuous in $t$. By Lemma 9.10, all points outside these tubes also have the property that injrad ${ }_{t}$ is continuous in $t$. Thus, we may apply continuity arguments outside the multitube $U_{b}(\Sigma)$.
Recall that, for every $t$, we have $\left(M_{t}^{\leq \delta}-\Sigma\right) \subset M_{0}^{<\epsilon}$. Since $M_{0}^{<\epsilon}$ is open and $\bigcup_{t} M_{t}^{\leq \delta}$ is closed, by continuity there is a value $\delta_{+}>\delta$ such that

$$
\left(M_{t}^{\leq \delta+}-\Sigma\right) \subset M_{0}^{<\epsilon}
$$

Thus, Lemma 9.9 implies that $\delta_{+}$is a Margulis number for $M_{t}$ for all $t<b$. For all $t<b$ sufficiently close to $b$, we have $M_{b}^{\leq \delta} \subset M_{t}^{\leq \delta_{+}}$. By choosing $\delta_{+}$sufficiently close to $\delta$ and $t$ sufficiently close to $b$, we can ensure that every component of $M_{t}^{\leq \delta_{+}}$ contains a component of $M_{t}^{\leq \delta}$.
With this setup, let $U_{b}$ be an arbitrary component of $M_{b}^{\leq \delta}$. We will see that $U_{b}$ is a tube or horocusp by showing that $U_{b}=\lim _{t \rightarrow b} U_{t}$, where $U_{t} \subset M_{t}^{\leq \delta}$ is a $\delta$-thin tube or cusp in the $g_{t}$ metric.

For $t$ close to $b$, our chosen component $U_{b}$ is contained in a tube or horocusp component of $M_{t}^{\leq \delta^{+}}$, which contains a $\delta$-thin tube or horocusp $U_{t} \subset M_{t}^{\leq \delta}$. As $t \rightarrow b$, these tubes or horocusps $U_{t}$ converge in the Hausdorff topology to $U_{b}$. Note that disjoint components $U_{t}, U_{t}^{\prime} \subset M_{t}^{\leq \delta}$ cannot collide as $t \rightarrow b$ because they are contained in
disjoint components of $M_{0}^{<\epsilon}$. Similarly, a component $U_{t}$ cannot collide into itself because distinct lifts of $U_{t}$ to $\widehat{M}_{b}$ are contained in disjoint preimages of a component of $M_{0}^{<\epsilon}$. Thus, every $U_{b}$ is an embedded tube or horocusp.

### 9.2 Thick parts stay almost as thick

Next we show that, under strong hypotheses on the length $\ell$, the thick part of a cone manifold $M_{a}$ stays almost as thick in every other $M_{t}$. This will enable us to apply Theorem 9.1 and control Margulis numbers. We begin with the following strengthened version of Theorem 3.6, which applies to an entire cone manifold instead of a tube.

Proposition 9.14 Fix $0<\epsilon \leq \log 3$ and $0<\delta \leq \epsilon^{2} / 7.256$. Suppose $M$ is a complete, finite-volume hyperbolic manifold and $\Sigma$ is a geodesic link in $M$. Suppose $\ell=\operatorname{len}(\Sigma) \leq$ 0.2618 . Then, for all $t$,

$$
d\left(M_{t}^{\leq \delta}, M_{t}^{\geq \epsilon}\right) \geq \operatorname{arccosh}\left(\frac{\epsilon}{\sqrt{7.256 \delta}}\right)-0.1475
$$

Furthermore, if $\epsilon \leq 0.3$, then

$$
d\left(M_{t}^{\leq \delta}, M_{t}^{\geq \epsilon}\right) \geq \operatorname{arccosh}\left(\frac{\epsilon}{\sqrt{7.256 \delta}}\right)-0.0424
$$

Proof We will use Proposition 9.4. To check the hypotheses of that proposition, observe that our hypotheses require $0<\delta \leq(\log 3)^{2} / 7.256<0.1664$. For $\delta$ in this range, equation (9.2) becomes the simpler statement $\ell \leq 0.261 \delta$, which is what we require here. Every component $\sigma_{j} \subset \Sigma$ must have len $\left(\sigma_{j}\right) \leq 0.261 \cdot 0.1664<0.0996$. Thus, Proposition 9.4 applies under our hypotheses.
Now let $x \in M_{t}^{\leq \delta}$. By Proposition 9.4, there is an immersed tube (or immersed cusp) $f: V \rightarrow M_{t}$ such that $x=f(y)$ for some point $y \in V$ and

$$
\operatorname{injrad}(y, V)=\operatorname{injrad}(x)
$$

Furthermore, $V^{\geq 1.51} \neq \varnothing$, and hence $V^{\geq \epsilon} \neq \varnothing$. By Theorem 3.6, we have

$$
d\left(V^{\leq \delta}, V^{\geq \epsilon}\right) \geq \operatorname{arccosh}\left(\frac{\epsilon}{\sqrt{7.256 \delta}}\right)-0.1475=: h
$$

Consequently, every point $y^{\prime} \in V$ such that $d\left(y, y^{\prime}\right)<h$ must lie in $V^{<\epsilon}$.
It follows that $f\left(V^{<\epsilon}\right)$ contains the $h$-neighborhood of $x=f(y)$. Thus, every point $x^{\prime} \in M_{t}$ such that $d\left(x, x^{\prime}\right)<h$ must be the image of some $y^{\prime} \in V^{<\epsilon}$, and hence Lemma 2.19 gives

$$
2 \operatorname{injrad}\left(x^{\prime}\right) \leq 2 \operatorname{injrad}\left(y^{\prime}, V\right)<\epsilon
$$



Figure 2: The function of $J$ that provides an upper bound on $\ell$ in (9.16) for the value $\epsilon=0.292$. For any fixed $\epsilon$, this function has a global maximum when $J \leq e^{1 / 5}$.

We conclude that every point of $M_{t}^{\geq \epsilon}$ lies further than $h$ from $x \in M_{t}^{\leq \delta}$.
Finally, if $\epsilon \leq 0.3$, we can use Theorem 3.7 instead of Theorem 3.6, and repeat the same argument with $h=\epsilon /(\sqrt{7.256 \delta})-0.0424$.

Theorem 9.15 Fix $0<\epsilon \leq \log 3$ and $1<J \leq e^{1 / 5}$. Let $M$ be a complete, finitevolume hyperbolic 3-manifold and $\Sigma \subset M$ a geodesic link. Suppose that $\ell=\operatorname{len}(\Sigma)$ is bounded as follows:

$$
\begin{equation*}
\ell \leq \frac{\epsilon^{5} \log J}{471.5 J^{5} \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.0424\right)} \quad \text { if } 0<\epsilon \leq 0.3 \tag{9.16}
\end{equation*}
$$

or

$$
\begin{equation*}
\ell \leq \frac{\epsilon^{5} \log J}{496.1 J^{5} \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.1475\right)} \quad \text { if } 0.3 \leq \epsilon \leq \log 3 \tag{9.17}
\end{equation*}
$$

Then, for every $a, t \in\left[0,(2 \pi)^{2}\right]$, the manifolds $M_{a}$ and $M_{t}$ in the deformation from $M-\Sigma$ to $M$ satisfy

$$
\begin{equation*}
M_{a}^{\geq \epsilon} \subset M_{t}^{>\epsilon / J} \tag{9.18}
\end{equation*}
$$

Moreover, let $B$ be a closed ball of radius $\frac{1}{2} \epsilon$ in the $g_{a}$ metric about a point $p \in M_{a}^{\geq \epsilon}$. Then $\operatorname{bilip}_{B}\left(g_{a}, g_{t}\right)<J$.

Theorem 9.15 is reminiscent of a result of Brock and Bromberg [11, Theorem 6.11]. Furthermore, the crawling argument employed in the proof below is inspired by the one used in [11, Theorem 6.11]. However, the statement of Theorem 9.15 is stronger than that of [11, Theorem 6.11] in two distinct ways. First, following the theme of this paper, Theorem 9.15 is effective. Second, Theorem 9.15 provides better control over quantifiers. Brock and Bromberg's theorem says that for all sufficiently small $\epsilon$, there exists $\epsilon^{\prime}<\epsilon$ such that $M_{t}^{\leq \epsilon^{\prime}} \subset M_{0}^{<\epsilon}$, provided $\ell$ is sufficiently short. Meanwhile, Theorem 9.15 says that, for all $\epsilon \leq \log 3$ and for all $\epsilon^{\prime}=\epsilon / J<\epsilon$, we have $M_{t}^{\leq \epsilon^{\prime}} \subset M_{0}^{<\epsilon}$ provided $\ell$ is sufficiently short.

The seemingly artificial hypothesis $J \leq \exp \left(\frac{1}{5}\right)$ in Theorem 9.15 is justified as follows. For fixed $\epsilon$, the function in (9.16) or (9.17) is not monotonic in $J$ : it starts out at 0 when $J=1$, rises to a maximum and then decreases toward 0 . Note that the function factors as $\left(\log (J) / J^{5}\right)$ times a term that is decreasing in $J$. Hence, the maximum of the function, corresponding to the mildest hypotheses on $\ell$, always occurs when $\log J \leq \frac{1}{5}$. (See Figure 2 and compare Lemma 9.24.) For $J>\exp \left(\frac{1}{5}\right)$, the theorem requires stronger hypotheses on $\ell$ but produces a weaker conclusion, and hence it makes sense to exclude those values.

Proof of Theorem 9.15 From now until the last paragraph of the proof, suppose that $\epsilon \leq 0.3$. This means we are working under the hypothesis (9.16).

Fix an arbitrary $a \in\left[0,(2 \pi)^{2}\right]$. For the length of the proof, we will treat $a$ as a constant and $t$ as a variable. Set
(9.19) $\delta=\frac{(\epsilon / J)^{2}}{7.256 \cosh ^{2}\left(\frac{1}{2} J \epsilon+0.0424\right)}, \quad$ so $\quad \operatorname{arccosh}\left(\frac{\epsilon / J}{\sqrt{7.2568}}\right)-0.0424=\frac{1}{2} J \epsilon$.

It follows that $\delta \leq 0.012$. For this value of $\delta$, we will actually prove the closely related condition

$$
\begin{equation*}
d_{a}\left(M_{t}^{\leq \delta}, M_{a}^{\geq \epsilon}\right)>\frac{1}{2} \epsilon \tag{9.20}
\end{equation*}
$$

As we shall see at the end of the proof, equation (9.20) quickly implies (9.18).
Let $I$ be the maximal subinterval of $\left[0,(2 \pi)^{2}\right]$, containing $a$, such that $(9.20)$ holds for all $t \in I$. First, we check that $I$ is nonempty. This follows from Proposition 9.14:

$$
d_{a}\left(M_{a}^{\leq \delta}, M_{a}^{\geq \epsilon}\right) \geq \operatorname{arccosh}\left(\frac{\epsilon / J}{\sqrt{7.256 \delta}}\right)-0.0424=\frac{1}{2} J \epsilon>\frac{1}{2} \epsilon .
$$



Figure 3: The proof of Theorem 9.15. The left and right panels illustrate how the region near $q$ looks in the $g_{a}$ metric and $g_{b}$ metric, respectively. Black objects are in the $g_{a}$ metric and blue objects are in the $g_{b}$ metric.

Thus, $a \in I$; hence, $I$ is nonempty. Also, $I$ is open because (9.20) involves a strict inequality, and hence is an open condition. We will show $I$ is closed, which will imply that $I=\left[0,(2 \pi)^{2}\right]$.

Consider what can be said about $\bar{I}$. Let $b=\sup I$. Lemma 9.10 tells us that, if $x \in M$ satisfies $\lim _{t \rightarrow b^{-}} \operatorname{injrad}_{t}(x) \geq \frac{1}{2} \delta$, then $\operatorname{injrad}_{b}(x) \geq \frac{1}{2} \delta$ as well. A stronger form of continuity holds for $\inf I$. In other words, Lemma 9.10 and the definition of $I$ imply

$$
\begin{equation*}
d_{a}\left(M_{t}^{\leq \delta}, M_{a}^{\geq \epsilon}\right) \geq \frac{1}{2} \epsilon \quad \text { for all } t \in \bar{I} \tag{9.21}
\end{equation*}
$$

Suppose, for a contradiction, that $I$ is not closed, and hence either sup $I \notin I$ or $\inf I \notin I$. We start by handling the supremum $b=\sup I$. Suppose, in contradiction to (9.20), that there exist points $p \in \partial M_{a}^{\geq \epsilon}$ and $q \in \partial M_{b}^{\leq \delta}$ such that $d_{a}(p, q)=\frac{1}{2} \epsilon$. Since $p \in M_{a}^{\geq \epsilon}$, there is an embedded ball $B$ centered at $p$, of radius $\frac{1}{2} \epsilon$ in the $g_{a}$ metric, such that $q \in \partial B$. See Figure 3 .

We will apply Theorem 8.18 to $B$. To check the hypotheses, note that (9.19) and $\epsilon \leq 0.3$ imply $\delta \leq 0.012$. In addition, note that

$$
3.324(7.256)^{5 / 2}=471.415 \ldots<471.5
$$

and hence (9.16) and (9.19) imply

$$
\begin{equation*}
\ell \leq \frac{(\epsilon / J)^{5} \log J}{471.5 \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.0424\right)}=\frac{\delta^{5 / 2} \log J^{\prime}}{3.324}<\frac{\delta^{5 / 2} \log J}{3.324} \tag{9.22}
\end{equation*}
$$

where $J^{\prime}$ is ever so slightly less than $J$. Finally, (9.21) implies $B \subset M_{t}^{\geq \delta}$ for all $t \in \bar{I}$. Thus, we may apply Theorem 8.18 and get a $J^{\prime}$-bilipschitz diffeomorphism on $B$. One direction of Theorem 8.18 says that distances from $p$ to points of $\partial B$ can only shrink by a factor of $J^{\prime}<J$ as we change metrics from $g_{a}$ to $g_{b}$. Thus, $B$ contains a ball $B^{\prime}$
of radius $\epsilon /\left(2 J^{\prime}\right)$ in the $g_{b}$ metric, implying that $p \in M_{b}^{\geq \epsilon / J}$. On the other hand, since $d_{a}(p, q)=\frac{1}{2} \epsilon$, the bilipschitz upper bound of Theorem 8.3 implies

$$
\begin{equation*}
d_{b}(p, q) \leq \frac{1}{2} J^{\prime} \epsilon<\frac{1}{2} J \epsilon \tag{9.23}
\end{equation*}
$$

Now, Proposition 9.14 and (9.19) imply that the distance between thick and thin parts in the $g_{b}$ metric satisfies

$$
d_{b}\left(M_{b}^{\leq \delta}, M_{b}^{\geq \epsilon / J}\right) \geq \operatorname{arccosh}\left(\frac{\epsilon / J}{\sqrt{7.256 \delta}}\right)-0.0424=\frac{1}{2} J \epsilon
$$

But then $d_{b}(p, q) \geq \frac{1}{2} J \epsilon$, which contradicts (9.23). This contradiction implies that $b=\sup I \in I$. By the same argument, $\inf I \in I$. Thus, $I$ is closed, and hence (9.20) stays true for all $t \in\left[0,(2 \pi)^{2}\right]$.
Now we can conclude the proof of the theorem for $0<\epsilon \leq 0.3$. For any $p \in M_{a}^{\geq \epsilon}$, there is an embedded ball $B$ centered at $p$, of radius $\frac{1}{2} \epsilon$ in the $g_{a}$ metric. By (9.20), $B \subset M_{t}^{\geq \delta}$ for all $t$, and hence Theorem 8.18 applies to give a $J^{\prime}$-bilipschitz diffeomorphism on $B$. Thus, as in the above argument, we learn that, for every $t, B$ contains a ball $B^{\prime}$, centered at $p$, of radius $\epsilon /(2 J)$ in the $g_{t}$ metric. Therefore, $p \in M_{t}^{\geq \epsilon / J}$, and (9.18) holds.
Finally, if $0.3<\epsilon \leq \log 3$, the argument is identical apart from slightly different numbers. We define

$$
\delta=\frac{(\epsilon / J)^{2}}{7.256 \cosh ^{2}\left(\frac{1}{2} J \epsilon+0.1475\right)}<0.106
$$

which means that hypothesis (9.17) enables us to apply the version of Theorem 8.18 for $\delta \leq 0.106$. Then we employ a crawling argument to prove (9.20) for this value of $\delta$, which implies (9.18).

### 9.3 Applications

Combining Theorems 9.1 and 9.15 gives several results about the behavior of Margulis numbers under filling and drilling. We begin with a lemma.

Lemma 9.24 For $0 \leq \epsilon \leq \log 3$ and $1 \leq J \leq e^{1 / 5}$, consider the function

$$
g(\epsilon, J)=\frac{\epsilon^{5} \log J}{496.1 J^{5} \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.1475\right)}
$$

occurring in (9.17). The maximum value of $g$ on this domain is $5.609 \ldots \times 10^{-5}$, achieved when $\epsilon=\log 3$ and $J=1.15203 \ldots$. Furthermore, $g(\epsilon, J)$ is increasing in $\epsilon$ on its entire domain and increasing in $J$ when $J \in[1,1.15]$.

We remark that $g(\epsilon, J)$ is not increasing in $J$ on its entire domain; compare Figure 2.

Proof To see that $g(\epsilon, J)$ is increasing in $\epsilon$, we compute the partial derivative:

$$
\frac{\partial g}{\partial \epsilon}=\frac{5 \epsilon^{4} \log J}{496.1 J^{5} \cosh ^{6}\left(\frac{1}{2} J \epsilon+0.1475\right)}\left[\cosh \left(\frac{1}{2} J \epsilon+0.1475\right)-\frac{1}{2} J \epsilon \sinh \left(\frac{1}{2} J \epsilon+0.1475\right)\right]
$$

The first term in the above product is nonnegative on the whole domain, and positive whenever $\epsilon>0$ and $J>1$. To analyze the second term, we substitute $x=\frac{1}{2} J \epsilon$ and verify that the function $(\cosh (x+0.1475)-x \sinh (x+0.1475))$ is positive whenever $x \in[0,1]$. Since $\frac{1}{2} J \epsilon<1$ on the entire domain, $\partial g / \partial \epsilon \geq 0$ on the entire domain.
In a similar fashion, we compute $\partial g / \partial J$ :

$$
\begin{aligned}
& \frac{\partial g}{\partial J}=\frac{\frac{5}{2} \epsilon^{5}}{496.1 J^{6} \cosh ^{6}\left(\frac{1}{2} J \epsilon+0.1475\right)} \\
& \times\left[\left(\frac{2}{5}-2 \log J\right) \cosh \left(\frac{1}{2} J \epsilon+0.1475\right)-\epsilon J \log J \sinh \left(\frac{1}{2} J \epsilon+0.1475\right)\right]
\end{aligned}
$$

The first term in the product is nonnegative on the whole domain and positive when $\epsilon>0$. Using Sage, we verify that the second term is positive when $J \leq 1.15$, and hence $g(\epsilon, J)$ is increasing in $J$ on this subdomain.
Finally, we check the assertion about the maximum value of $g(\epsilon, J)$. By monotonicity in $\epsilon$, any maximum occurs when $\epsilon=\log 3$. We verify, using Sage, that $g(\log 3, J)<$ $5.610 \times 10^{-5}$ for every $J$ in the domain. We also check directly that the function attains a value greater than $5.609 \times 10^{-5}$ at $J=1.15203$. See the ancillary files for full details.

Theorem 9.25 Fix $0<\epsilon \leq \log 3$ and $1<J \leq e^{1 / 5}$. Let $N$ be a cusped hyperbolic 3-manifold such that $\epsilon$ is a Margulis number of N. Let $\boldsymbol{s}$ be a tuple of slopes on cusps of $N$ whose normalized length $L=L(s)$ satisfies

$$
\frac{2 \pi}{L(s)^{2}-11.7} \leq \frac{\epsilon^{5} \log J}{496.1 J^{5} \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.1475\right)}=g(\epsilon, J) .
$$

Then $\delta=\min \{\epsilon / J, 0.962\}$ is a Margulis number for $M=N(s)$.
Proof By Lemma 9.24, $g(\epsilon, J)<5.61 \times 10^{-5}$ for all $\epsilon$ and $J$. Consequently, any tuple of slopes $\boldsymbol{s}$ satisfying the hypotheses of the theorem must have normalized length $L=L(s) \geq 334$. By Theorem 5.17, there is a cone deformation from $M_{0}=N$ to $M_{4 \pi^{2}}=M=N(s)$ maintaining a tube of radius $R_{\min }$ about the singular locus $\Sigma$, where $Z_{\text {min }}=\tanh R_{\text {min }} \geq 0.9998$. Consequently, Lemma 6.10 says that the length of $\Sigma$ in the complete metric on $M$ is

$$
\ell=\operatorname{len}_{4 \pi^{2}}(\Sigma) \leq \frac{2 \pi}{L^{2}-11.7} \leq g(\epsilon, J)
$$

By Lemma 9.24, $g(\epsilon, J)$ is increasing in $J$ when $J \leq 1.15$. Given $\delta=\min \{\epsilon / J, 0.962\}$ as in the theorem statement, we define $J^{\prime}=\epsilon / \delta=\max \{J, \epsilon / 0.962\}$ and obtain

$$
\ell \leq g(\epsilon, J) \leq g\left(\epsilon, J^{\prime}\right) .
$$

By Theorem 9.15, every cone manifold $M_{t}$ occurring in the deformation satisfies $M_{0}^{\geq \epsilon} \subset M_{t}^{>\epsilon / J^{\prime}}=M_{t}^{>\delta}$. Taking complements of thick parts, and removing $\Sigma$, we obtain $\left(M_{t}^{\leq \delta}-\Sigma\right) \subset M_{0}^{<\epsilon}$.

We conclude the proof using Theorem 9.1. The one hypothesis of that theorem that remains to be checked is (9.2). The first inequality of (9.2) holds because

$$
\ell \leq g\left(\epsilon, J^{\prime}\right)=\frac{\left(\epsilon / J^{\prime}\right)^{5} \log J^{\prime}}{496.1 \cosh ^{5}\left(\frac{1}{2} J^{\prime} \epsilon+0.1475\right)}<\frac{\delta^{5}}{496.1} \ll 0.261 \delta
$$

For the second inequality of (9.2), we only need to consider $\delta \in\left[\delta_{\text {cut }}, 0.962\right]$, where $\delta_{\text {cut }}$ is as in the proof of Lemma 6.16; compare Figure 1. By Lemma 4.22 and Remark 4.23, the function haze $((\delta+0.1604) / 1.1227)$ is decreasing in this range. Thus,

$$
\begin{aligned}
\ell \leq g\left(\epsilon, J^{\prime}\right) & <5.61 \times 10^{-5} \\
& <1.44 \times 10^{-4}<\frac{1}{2 \pi} \operatorname{haze}\left(\frac{0.962+0.1604}{1.1227}\right) \leq \frac{1}{2 \pi} \operatorname{haze}\left(\frac{\delta+0.1604}{1.1227}\right),
\end{aligned}
$$

and hence (9.2) holds for every pair $(\epsilon, J)$. Thus, we may use Theorem 9.1 to conclude that $\delta$ is a Margulis number for every $M_{t}$ and, in particular, for the nonsingular metric on $M$.

Theorem 9.25 is useful in a situation where we have information about $N=M-\Sigma$ and its (optimal) Margulis number. However, Theorems 9.1 and 9.15 can also be used in a situation where we have information about $M$ and its short geodesics.

Theorem 9.26 Let $M$ be a (nonsingular) finite-volume hyperbolic 3-manifold with $k=0,1$ or 2 cusps. Suppose the $3-k$ shortest geodesics in $M$ have total length at most $5.56 \times 10^{-5}$. Let $\Sigma$ denote the union of these geodesics. Then the geodesics are disjointly embedded, there exists a cone deformation $M_{t}$ interpolating between the complete structure on $M-\Sigma$ and the complete structure on $M$, and, for all $t$, the optimal Margulis number for $M_{t}$ is greater than 0.9536.

Proof If $M$ contains 3-k closed geodesics of total length at most $5.56 \times 10^{-5}$, then, by Meyerhoff's theorem [43], those geodesics are disjointly embedded. By Theorem 5.1, there is a cone deformation $M_{t}$ interpolating between the complete structure on $M-\Sigma$ and the complete structure on $M$. Observe that $M_{0}=M-\Sigma$ has three cusps. Thus,
$b_{1}\left(M_{0}\right) \geq 3$, and hence Theorem 1.5(3) says that $\epsilon=\log 3$ is a Margulis number for $M_{0}$. Setting $J=1.152$ gives

$$
\ell \leq 5.56 \times 10^{-5}<\frac{\epsilon^{5} \log J}{496.1 J^{5} \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.1475\right)}
$$

(As in Lemma 9.24, the value $J=1.152$ was chosen because it very nearly places the mildest possible hypotheses on $\ell$.) Now, by Theorem 9.15 , we have $M_{t}^{\leq \epsilon / J} \subset M_{0}^{<\epsilon}$ for every $t$. Since $\ell$ is small enough to satisfy (9.2) for $\delta=\epsilon / J$, Theorem 9.1 implies that $\epsilon / J>0.9536$ is a Margulis number for every $M_{t}$.

Theorem 9.27 Let $M$ be a finite-volume hyperbolic 3-manifold. Let $\ell=\operatorname{sys}(M)$ denote the length of a shortest geodesic $\Sigma \subset M$ and assume $\ell \leq 0.0996$. Then there exists a cone deformation $M_{t}$ interpolating between the complete structure on $M_{0}=M-\Sigma$ and $M=M_{4 \pi^{2}}$. Furthermore, the following hold for every $M_{t}$ :
(1) If $\ell \leq 2.93 \times 10^{-7}$, then, for any $t \in\left[0,4 \pi^{2}\right]$, the optimal Margulis number for $M_{t}$ is greater than 0.2408 .
(2) If $\ell \leq 2.73 \times 10^{-8}$, then, for any $t \in\left[0,4 \pi^{2}\right]$, the optimal Margulis number for $M_{t}$ is greater than 0.29 .

Proof Since $\ell \leq 0.0996$, Theorem 5.1 implies the cone deformation $M_{t}$ exists.
For (1), assume $\ell \leq 2.93 \times 10^{-7}$. By Theorem 1.5(4), $\epsilon=0.292$ is a Margulis number for $M_{0}$. Now set $J=1.2124$. Plugging in these values of $\epsilon$ and $J$ yields

$$
\begin{equation*}
\ell \leq 2.93 \times 10^{-7}<\frac{\epsilon^{5} \log J}{471.5 J^{5} \cosh ^{5}\left(\frac{1}{2} J \epsilon+0.0424\right)} \tag{9.28}
\end{equation*}
$$

(As above, the value $J=1.2124<e^{1 / 5}$ is chosen because it very nearly maximizes the function in (9.28), placing the mildest possible hypotheses on $\ell$. See Figure 2.) Now, by Theorem 9.15, we have $M_{t}^{\leq \epsilon / J} \subset M_{0}^{<\epsilon}$ for every $t$. Since $\ell$ is small enough to satisfy (9.2) for $\delta=\epsilon / J$, Theorem 9.1 implies $\epsilon / J>0.2408$ is a Margulis number for every $M_{t}$.

Item (2) is obtained by an identical argument. Suppose that $\ell \leq 2.73 \times 10^{-8}$ and set $\epsilon=0.292$ and $J=1.00689<0.292 / 0.29$. By Theorem 9.15 , we have $M_{t}^{\leq \epsilon / J} \subset M_{0}^{<\epsilon}$ for every $t$. Thus, by Theorem 9.1, we have that $\epsilon / J>0.29$ is a Margulis number for every $M_{t}$ in this case.

The above results imply the following:

Theorem 9.29 Let $M$ be a nonsingular hyperbolic 3-manifold.
(1) If $\mu(M) \leq 0.2408$, then $M$ is closed and has volume $\operatorname{vol}(M) \leq 36.12$. Furthermore, $\operatorname{sys}(M) \geq 2.93 \times 10^{-7}$.
(2) If $\mu(M) \leq 0.29$, then $M$ is closed and has volume $\operatorname{vol}(M) \leq 52.78$. Furthermore, $\operatorname{sys}(M) \geq 2.73 \times 10^{-8}$.
(3) If $\mu(M) \leq 0.9536$, then $M$ has finite volume and $k \in\{0,1,2\}$ cusps. The $3-k$ shortest geodesics in $M$ have total length at least $5.56 \times 10^{-5}$.

Proof We begin by proving (1). Let $M$ be a hyperbolic 3-manifold with $\mu(M) \leq$ 0.2408 . By Theorem 1.5(4), $M$ must be closed. By Theorem 7.1 of Shalen [56], we have $\operatorname{vol}(M) \leq 36.12$. Let $\Sigma$ be the shortest closed geodesic in $M$. Then Theorem 9.27(1) implies $\ell=\operatorname{len}(\Sigma) \geq 2.93 \times 10^{-7}$.

Turning to (2), let $M$ be a hyperbolic 3-manifold with $\mu(M) \leq 0.29$. Then again, a theorem of Shalen [56, Theorem 7.1] implies that $\operatorname{vol}(M) \leq 52.78$, and Theorem 9.27(2) implies sys $(M) \geq 2.73 \times 10^{-8}$.

To check (3), suppose that $\mu(M) \leq 0.9536$. Then, by Theorem $1.5(3)$, we know $\operatorname{vol}(M)<\infty$. Since a $k$-cusped manifold has $b_{1}(M) \geq k$, the same theorem implies that $M$ has $0 \leq k \leq 2$ cusps. Then Theorem 9.26 implies that the $3-k$ shortest geodesics in $M$ have total length at least $5.56 \times 10^{-5}$.

As a final application of the results of this section, we have a version of the bilipschitz theorem, Theorem 8.3, whose hypotheses are only on a nonsingular manifold $M$, rather than the a cone manifolds $M_{t}$ occurring in the middle of the deformation.

Theorem 9.30 Fix $0<\epsilon \leq \log 3$. Let $M$ be a finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$. Let $N=M-\Sigma$. Suppose that one of the following hypotheses holds:
(1) In the complete structure on $M$, the total length of $\Sigma$ satisfies

$$
\begin{equation*}
\ell \leq \frac{\epsilon^{5}}{6771 \cosh ^{5}(0.6 \epsilon+0.1475)} \tag{9.31}
\end{equation*}
$$

(2) In the complete structure on $N=M-\Sigma$, the total length of the meridians of $\Sigma$ satisfies

$$
\begin{equation*}
L^{2} \geq \frac{2 \pi \cdot 6771 \cosh ^{5}(0.6 \epsilon+0.1475)}{\epsilon^{5}}+11.7 \tag{9.32}
\end{equation*}
$$

Then there is a cone deformation $M_{t}$ connecting the complete hyperbolic metric $g_{0}$ on $N$ to the complete hyperbolic metric $g_{4 \pi^{2}}$ on $N$. Furthermore, the cone deformation gives a natural identity map id: $\left(M-\Sigma, g_{0}\right) \rightarrow\left(M-\Sigma, g_{4 \pi^{2}}\right)$ such that id and $\mathrm{id}^{-1}$ restrict to

$$
\left.\operatorname{id}\right|_{N \geq \epsilon:}: N^{\geq \epsilon} \hookrightarrow M^{\geq \epsilon / 1.2},\left.\quad \operatorname{id}^{-1}\right|_{M \geq \epsilon}: M^{\geq \epsilon} \hookrightarrow N^{\geq \epsilon / 1.2},
$$

which are $J$-bilipschitz inclusions for

$$
J=\exp \left(\frac{11.35 \ell}{\epsilon^{5 / 2}}\right) \quad \text { and } \quad \ell \leq \frac{2 \pi}{L^{2}-11.7}
$$

Furthermore, we have $(1 / 1.2) \operatorname{injrad}_{0}(x) \leq \operatorname{injrad}_{4 \pi^{2}}(x) \leq 1.2 \operatorname{injrad}_{0}(x)$ for every point $x \in M^{\geq \epsilon} \cup N^{\geq \epsilon}$.

We remark that the strong hypotheses on $\ell$ or $L$ are driven by Theorem 9.15. Under these strong hypotheses, we do get very tight control on the bilipschitz constant: for every $\epsilon \leq \log 3$, the theorem gives a value $J \in(1,1.0005)$.

Proof of Theorem 9.30 First, we check that hypothesis (2) implies hypothesis (1). By Lemma 9.24 (substituting the value $J_{0}=1.2$ ), the right-hand side of (9.31) is increasing in $\epsilon$, and hence the right-hand side of (9.32) is decreasing in $\epsilon$. Thus, the loosest possible upper bound on $L^{2}$ occurs when $\epsilon=\log 3$, and implies $L^{2} \geq 116321$. As in the proof of Theorem 9.25, we can now conclude using Lemma 6.10 that

$$
\ell \leq \frac{2 \pi}{L^{2}-11.7}
$$

and hence the hypothesis on $L$ implies the one on $\ell$, as claimed. By Theorem 5.14 and Lemma 6.10, the estimate $\ell \leq 2 \pi /\left(L^{2}-11.7\right)$ also holds under hypothesis (1).

Now set $J_{0}=1.2$. Then our hypotheses imply

$$
\ell \leq \frac{\epsilon^{5} \log J_{0}}{496.1 J_{0}^{5} \cosh ^{5}\left(\frac{1}{2} J_{0} \epsilon+0.1475\right)}
$$

Hence, Theorem 9.15 applies. By Theorem 9.15, we have

$$
M^{\geq \epsilon} \subset M_{t}^{\geq \epsilon / 1.2}, \quad N^{\geq \epsilon} \subset M_{t}^{\geq \epsilon / 1.2} \quad \text { for all } t
$$

The last conclusion of Theorem 9.15 also implies that, for any $a, b \in\left[0,(2 \pi)^{2}\right]$, a point $x \in M_{a}^{\geq \epsilon}$ satisfies $(1 / 1.2) \operatorname{injrad}_{a}(x) \leq \operatorname{injrad}_{b}(x) \leq 1.2 \operatorname{injrad}_{a}(x)$. In particular, this holds when $\{a, b\}=\left\{0,(2 \pi)^{2}\right\}$.

To complete the proof, we set $W=N^{\geq \epsilon}$ and apply Theorem 8.3 with $\delta=\epsilon / 1.2$. By Theorem 8.3, there is a natural $J$-bilipschitz map id: $\left(W, g_{0}\right) \rightarrow\left(W, g_{4 \pi^{2}}\right)$, provided by the cone deformation. Applying Theorem 8.3 to $W=M^{\geq \epsilon}$ gives the reverse $J$-bilipschitz inclusion $\mathrm{id}^{-1}$.

Corollary 9.33 (Theorem 1.2) Fix any $0<\epsilon \leq \log 3$ and any $J>1$. Let $M$ be a finite-volume hyperbolic 3-manifold and $\Sigma$ a geodesic link in $M$ whose total length $\ell$ satisfies

$$
\ell \leq \min \left\{\frac{\epsilon^{5}}{6771 \cosh ^{5}(0.6 \epsilon+0.1475)}, \frac{\epsilon^{5 / 2} \log (J)}{11.35}\right\}
$$

Then, setting $N=M-\Sigma$, there are natural $J$-bilipschitz inclusions

$$
\varphi: M^{\geq \epsilon} \hookrightarrow N^{\geq \epsilon / 1.2}, \quad \psi: N^{\geq \epsilon} \hookrightarrow M^{\geq \epsilon / 1.2}
$$

which are equivariant with respect to the symmetry group of the pair $(M, \Sigma)$.
Proof The $J$-bilipschitz inclusions $\varphi$ and $\psi$ are restrictions of the natural identity maps id and $\mathrm{id}^{-1}$ from Theorem 9.30. Because id is defined by a canonical harmonic form $\omega$, in Remark 5.18 , it is equivariant with respect to the symmetry group of $(M, \Sigma)$.

Corollary 9.34 Fix any $0<\epsilon \leq \log 3$ and any $J>1$. Let $M$ be a 3-manifold with empty or toroidal boundary and $\Sigma$ a link in $M$. Suppose that $N=M-\Sigma$ admits a complete, finite-volume hyperbolic metric where the total normalized length of the meridians of $\Sigma$ satisfies

$$
L^{2} \geq \max \left\{\frac{2 \pi \cdot 6771 \cosh ^{5}(0.6 \epsilon+0.1475)}{\epsilon^{5}}+11.7, \frac{2 \pi \cdot 11.35}{\epsilon^{5 / 2} \log (J)}+11.7\right\}
$$

Then $M$ admits a complete hyperbolic metric in which $\Sigma$ is isotopic to a union of geodesics. Furthermore, there are natural $J$-bilipschitz inclusions

$$
\varphi: M^{\geq \epsilon} \hookrightarrow N^{\geq \epsilon / 1.2}, \quad \psi: N^{\geq \epsilon} \hookrightarrow M^{\geq \epsilon / 1.2}
$$

which are equivariant with respect to the symmetry group of the pair $(M, \Sigma)$.
Proof By Theorem 5.17, $M$ is hyperbolic and $\Sigma$ is a union of geodesics. Now the $J$-bilipschitz inclusion $\varphi$ is a restriction of the identity map id: $\left(M-\Sigma, g_{0}\right) \rightarrow$ $\left(M-\Sigma, g_{4 \pi^{2}}\right)$ from Theorem 9.30, while $\psi$ is a restriction of $\mathrm{id}^{-1}$. By Remark 5.18, the natural identity map id is equivariant with respect to the symmetry group of $(M, \Sigma)$, and hence so are $\varphi$ and $\psi$.

## Appendix Hyperbolic trigonometry

This appendix records several elementary facts that are used throughout the paper.
Lemma A. 1 Let $z=\tanh r$ and $x=e^{r}$. Then

$$
e^{r}=\sqrt{\frac{1+z}{1-z}}, \quad \sinh r=\frac{x z}{1+z}=\frac{z}{\sqrt{1-z^{2}}}, \quad \cosh r=\frac{x}{1+z}=\frac{1}{\sqrt{1-z^{2}}}
$$

Proof We may solve the (quadratic) equation

$$
z=\frac{x-x^{-1}}{x+x^{-1}} \quad \text { to find } \quad x=\sqrt{\frac{1+z}{1-z}}
$$

Now substituting the formula for $x$ into

$$
\sinh r=x \cdot \frac{1}{2}\left(1-x^{-2}\right), \quad \cosh r=x \cdot \frac{1}{2}\left(1+x^{-2}\right)
$$

gives the remaining identities.
Lemma A. 2 Let $0<r<s$. Then

$$
\frac{\cosh s}{\cosh r}<e^{s-r}<\frac{\sinh s}{\sinh r}
$$

Proof Let $h=s-r$. Then

$$
\begin{aligned}
\cosh (s) & =\cosh (r+h) \\
& =\cosh r \cosh h+\sinh r \sinh h \\
& <\cosh r \cosh h+\cosh r \sinh h \\
& =\cosh r \cdot e^{h},
\end{aligned}
$$

proving the first inequality. The second inequality is proved similarly.
Lemma A. 3 Suppose that $0<s \leq s_{\max }$ and $\tanh s_{\max } \leq z_{\text {min }} \leq \tanh r$. Then

$$
\sinh (r-s) \geq \sinh r \cdot f\left(s_{\max }, z_{\min }\right) \geq e^{r} \frac{z_{\min }}{1+z_{\min }} \cdot f\left(s_{\max }, z_{\min }\right)
$$

where

$$
f(s, z)=\cosh s-z^{-1} \sinh s
$$

Proof We set $z=\tanh r$ and compute

$$
\begin{aligned}
\sinh (r-s) & =\sinh r \cosh s-\cosh r \sinh s=\sinh r \cosh s-z^{-1} \sinh r \sinh s \\
& =\sinh r \cdot f(s, z)
\end{aligned}
$$

Since $s>0$ and $z=\tanh r \in(0,1)$, it follows that

$$
\frac{\partial f}{\partial z}>0 \quad \text { and } \quad \frac{\partial f}{\partial s}<0
$$

Therefore,

$$
f(s, z) \geq f\left(s_{\max }, z_{\min }\right)
$$

proving the first inequality of the lemma. For the second inequality, note that the hypothesis $\tanh s_{\max } \leq z_{\min }$ implies $f\left(s_{\max }, z_{\min }\right) \geq 0$. Now we obtain

$$
\sinh r \cdot f\left(s_{\max }, z_{\min }\right)=e^{r} \frac{z}{1+z} \cdot f\left(s_{\max }, z_{\min }\right) \geq e^{r} \frac{z_{\min }}{1+z_{\min }} \cdot f\left(s_{\max }, z_{\min }\right)
$$

where the equality is Lemma A. 1 and the inequality is the monotonicity of $z /(1+z)$.

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Received: 7 August 2019
Revised: 15 February 2021

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Geometry \& Topology (ISSN 1465-3060 printed, 1364-0380 electronic) is published 9 times per year and continuously online, by Mathematical Sciences Publishers, c/o Department of Mathematics, University of California, 798 Evans Hall \#3840, Berkeley, CA 94720-3840. Periodical rate postage paid at Oakland, CA 94615-9651, and additional mailing offices. POSTMASTER: send address changes to Mathematical Sciences Publishers, c/o Department of Mathematics, University of California, 798 Evans Hall \#3840, Berkeley, CA 94720-3840.

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PUBLISHED BY
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## Volume 26 Issue 3 (pages 937-1434) 2022

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[^0]:    ${ }^{1}$ Agol's main result [3, Theorem 2.1] uses this construction to bound the ratio $\operatorname{vol}(M-\Sigma) / \operatorname{vol}\left(M_{t}\right)$ from above. However, the same ingredients also suffice to bound $\operatorname{vol}(M-\Sigma) / \operatorname{vol}\left(M_{t}\right)$ from below.

[^1]:    ${ }^{2}$ The second derivative of $\gamma$ is negative, so the same is true for the second derivative of $g$. Thus, the minimum of $g^{\prime}$ occurs at $\delta_{\text {max }}$, and this minimum is positive.

